

Opioid Discussion

October 12, 2023

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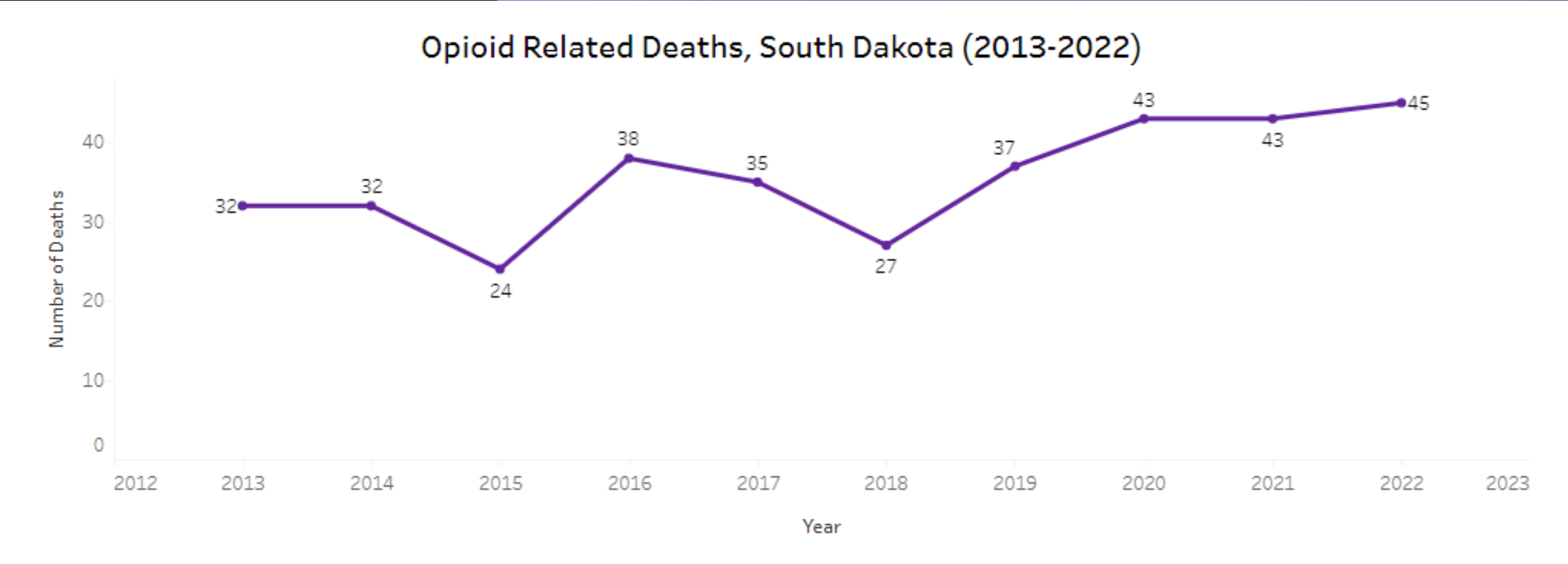


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Opioid Related Deaths, South Dakota (2013-2022)



Statewide Assessment of ED Policies and Practices

- Education
- PDMP Utilization
- OUD/SUD Screening
- MAT initiation
- Toxicology Protocols
- Naloxone Prescribing

Statewide Assessment of Overdose Policies & Practices in Emergency Departments



South Dakota Department of Health & CDC Overdose Data to Action (OD2A) February 2020

Emergency departments are a key partner in preventing and responding to drug and opioid overdose, substance use disorder (SUD), and opioid use disorder (OUD). With the increase in overdose deaths in the U.S., hospitals and emergency department staff need to be prepared for patients presenting with SUD, OUD, and overdose. Little is known about how and whether emergency departments in South Dakota respond to patients with SUD and OUD, and those who present for drug overdose. The purpose of this project was to assess existing emergency department policies, procedures, and protocols about SUD, OUD, and overdose in South Dakota hospitals.


ASSESSMENT

- 49 hospitals invited to online survey, 33 participated (67% response rate).
- 57-questions assessed if formal (policy), informal (no policy, but staff may complete at own discretion), or no practices (hospital does not do this) exist at their hospital for education, Prescription Drug Monitoring Program (PDMP), screening, intervention, treatment, overdose, and naloxone distribution.
- Survey development and framework were guided by existing statewide protocols or guidelines from Arizona Department of Health, Maryland Hospital Association, Rhode Island Governor's Overdose Prevention & Intervention Task Force, and the Massachusetts Health and Hospital Association.

RESULTS

Many evidence-based practices around screening, intervention, and treatment have not been formalized in South Dakota EDs.


EDUCATION



	Formal Practice	Informal Practice	Not Practiced
Patients prescribed opioids get education on safe storage & disposal.	18%	58%	24%
Patients with SUD, OUD, and/or non-fatal overdose get education on risks of drug use/overdose is.	15%	73%	12%
Patients with SUD, OUD, and/or non-fatal overdose get risk reduction education.	15%	70%	15%
Families get education on SUD & OUD risks and/or overdose.		82%	18%

76% of hospitals lack drug take-back receptacles.

PDMP




64% do not have policies that prevent opioids being used as first-line treatment.

Patient histories checked in PDMP:

	Formal Practice	Informal Practice	Not Practiced
Before prescribing controlled substances	12%	85%	3%
For all patients	9%	85%	6%

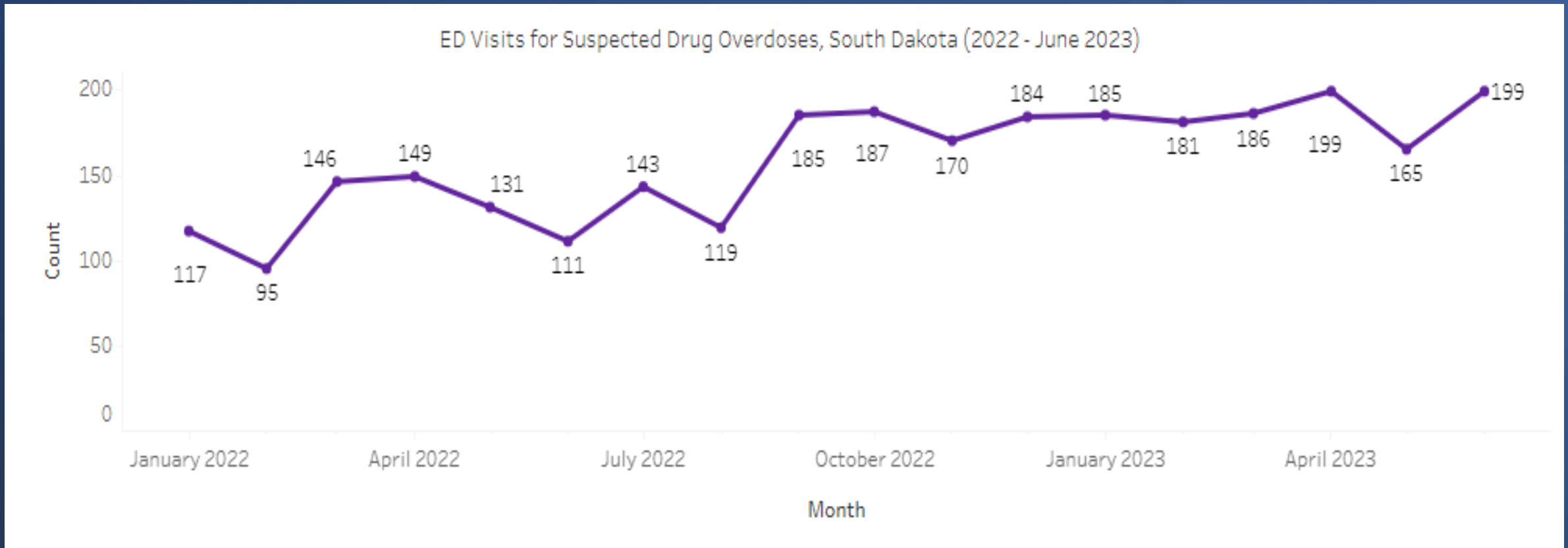
SCREENING



The ED is a prime opportunity to identify, engage, and intervene to prevent future overdoses.

	Formal Practice	Informal Practice	Not Practiced
Patients screened for OUD	55%	36%	9%
Patients screened for SUD	67%	30%	3%

ED Visits for Suspected Drug Overdoses, South Dakota, (2022-June 2023)





WHAT ARE OPIOIDS? FIND HELP TAKE ACTION PROVIDERS PHARMACY KEY DATA ABOUT

- FOR PROVIDERS
- MOUD TREATMENT
- PROVIDER TRAINING
- EXPANDING ACCESS TO MAT/MOUD
- EMERGENCY DEPARTMENT PROVIDER TOOLKIT

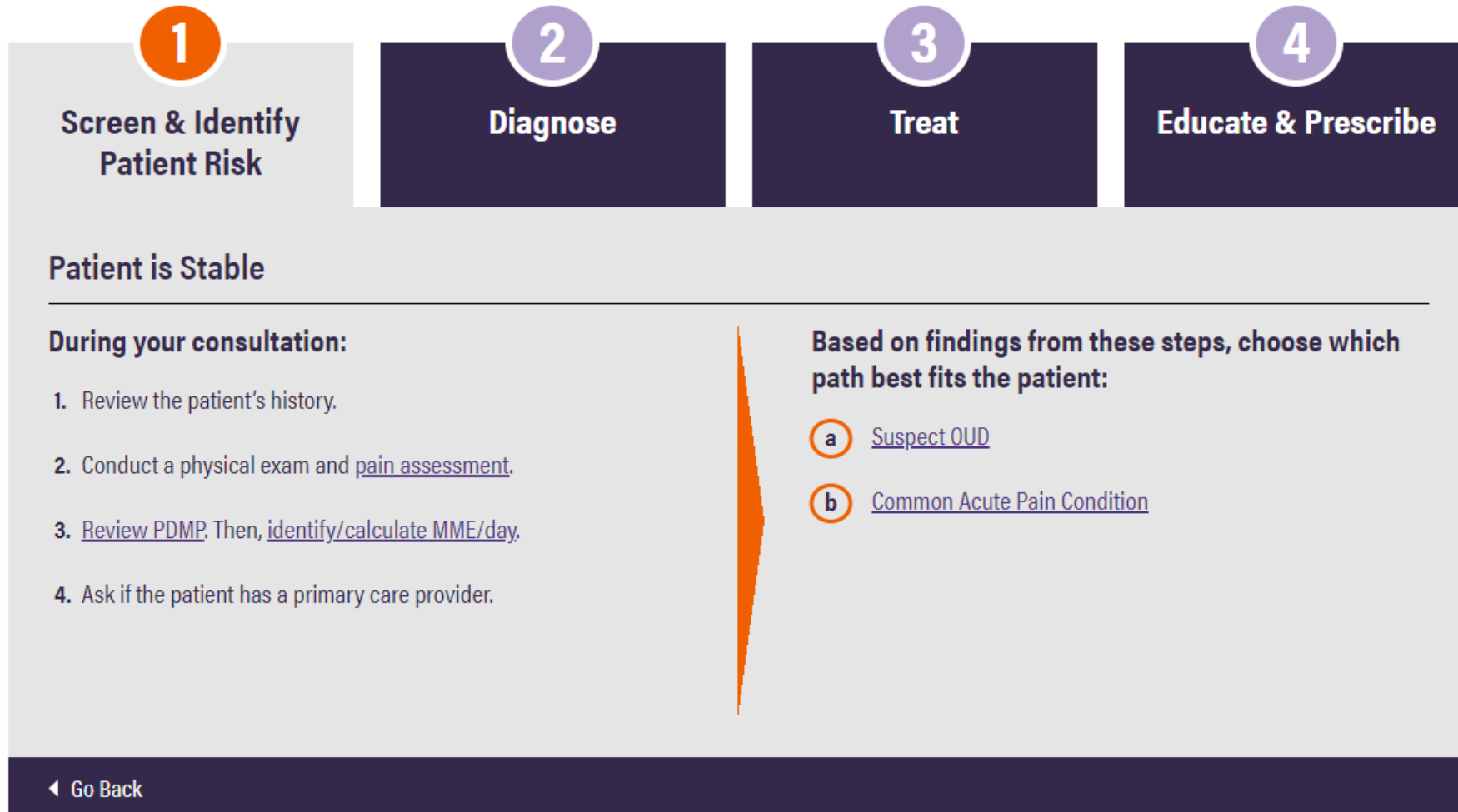


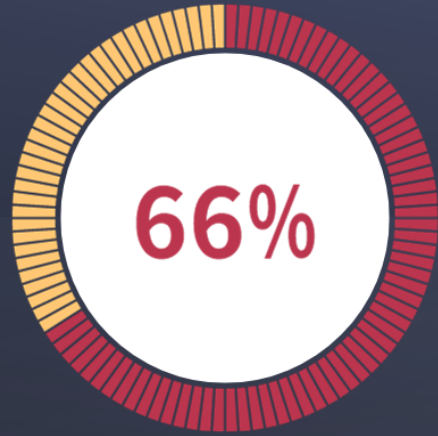
"These drugs don't discriminate. It doesn't care who you are, how much money you make, because once they get their hooks in you, you have got the fight of your life."



David WOONOCKET

Decision Tree for Providers







Prescribing Medication-Assisted Treatment

To treat those with Opioid Use Disorder, it is crucial to expand access to evidence-based treatment. **Medication-assisted treatment (MAT) and Medications for Opioid Use Disorder (MOUD) is considered the best treatment option for OUD as part of a comprehensive treatment plan.**

- MAT/MOUD combines FDA-approved medication and behavioral therapy
- Medication works to relieve physical symptoms and cravings associated with withdrawal
- Patients can focus on making positive lifestyle changes that support long-term recovery

There are three FDA-approved medications used for OUD MAT/MOUD. Each have specific protocol providers must follow in order to prescribe:

Methadone

- Opioid agonist medication that has been used for decades
- Blunts or blocks the effects of opioids to reduce craving and withdrawal

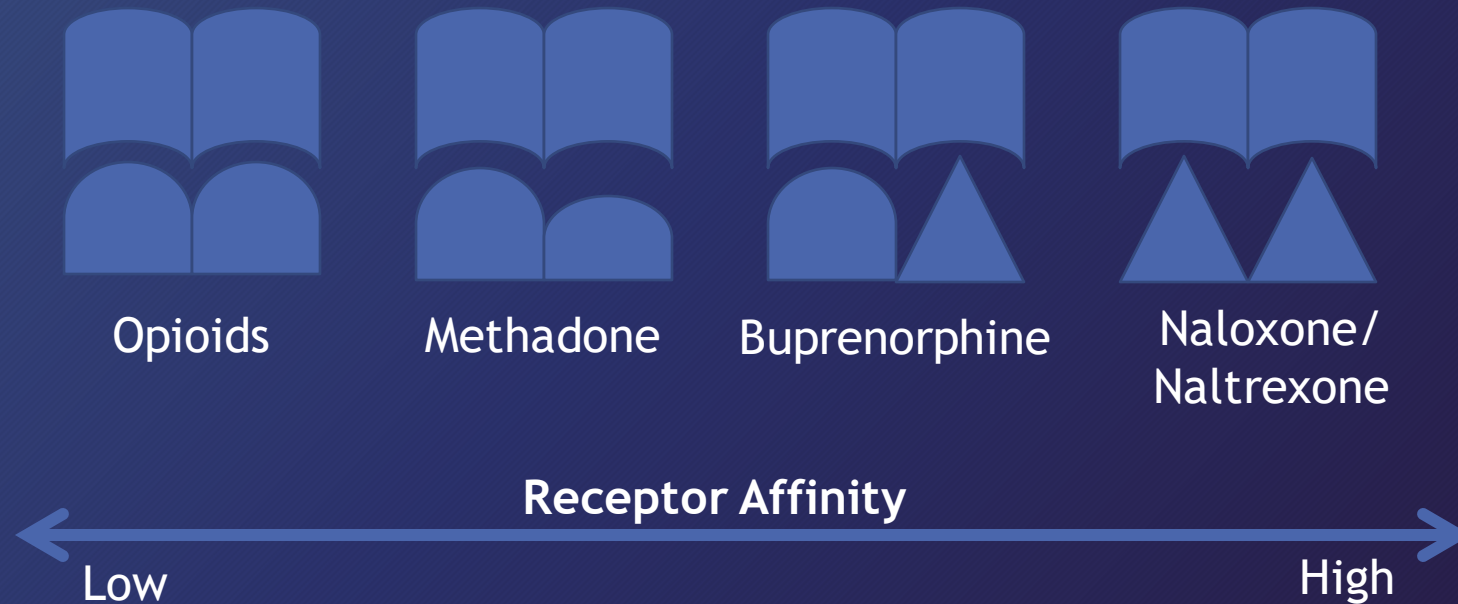
Buprenorphine

- Works similarly to methadone
- Only partially activates opioid receptors
- Often reduces drug use and protects patients from overdose

Naltrexone

- Completely blocks opioid receptors and is used after detoxification to prevent relapse
- No abuse and diversion potential or overdose risk

Medications and Mu Receptor



South Dakota Resources for Substance Use Disorders



Avoid Opioid SD is a joint effort between the South Dakota Department of Health and Department of Social Services to address opioid abuse and misuse in the state. The website: www.avoidopioidsd.com has MANY resources including how to find help, treatment options, medication assisted treatment (MAT) for providers, and a multitude of excellent resources and information on how to treat opioid use disorder.

Care Coordination is a FREE, confidential service available for all South Dakotans, patients and medical providers. Call the Resource Hotline at 1-800-920-4343 and ask to speak to a Care Coordinator. They are trained specialists with additional training for opioid use disorder support. They are available to answer all kinds of questions to help get on the path to recovery. They help with housing, transportation, employment, food assistance, treatment options, financial assistance, behavioral health, and provide family support.



Your personal guide to addiction recovery.

Opioid Care Coordination is FREE & confidential

OPIOID TEXTING SUPPORT

When you text OPIOID to 896211, enter your zip code and county. The service is then customized based on your location, your specific needs, and questions. It is beneficial if you are worried about yourself or a loved one but not quite ready to talk about it. It will provide answers and information for anyone looking for additional resources for substance use disorders.

988 is not only a suicide hotline, but they also provide substance use information along with support programs. They provide connection to all levels of treatment options including care coordination and follow-up support.



Resource Hotline 1-800-920-4343 FREE, confidential support—available 24/7

CONTACT US



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South Dakota Resources for Substance Use Disorders



Face It TOGETHER provides an effective approach to addiction wellness. They provide personalized peer coaching for those impacted by addiction, including loved ones. All Face It TOGETHER coaches have personal experience with addiction, either directly themselves, as a close loved one or both. They have degrees in a range of fields and complete extensive training to become certified coaches. www.wefacetogether.org

The Center provides a range of resources and connects individuals to services. To contact the Helpline Center: Call 211

Use the Helpline Center's statewide database to find opioid prevention, treatment, and support services in your area. Search by county or zip code. www.avoidopioidsd.com/find-help/searchable-database



The Link is a community triage center in Sioux Falls. It is a safe place for people experiencing a non-violent behavioral health crisis or needing care for substance abuse disorder to access immediate treatment and referral to support services. Phone number: 605-275-1000. www.linksf.org

BCBH-SD offers a suite of free evidence-based self-management education and physical activity programs for adults and caregivers living with chronic pain. In a supportive group environment, participants learn skills to safely manage and balance life with ongoing physical and/or mental health conditions. goodandhealthysd.org



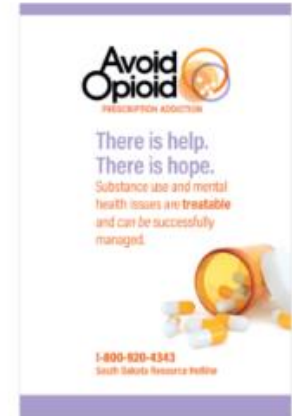
Order FREE opioid-related resources from the SD DOH and Social Services: www.avoidopioidsd.com/take-action/print-materials



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avoidopioidsd.com



Avoid Opioid SD Pocket Guide

A magnifying glass with a silver frame and a black handle is positioned over the word "ASSESSMENT". The lens of the magnifying glass is centered over the word, making it appear larger and more prominent. The background is a light gray gradient.

ASSESSMENT

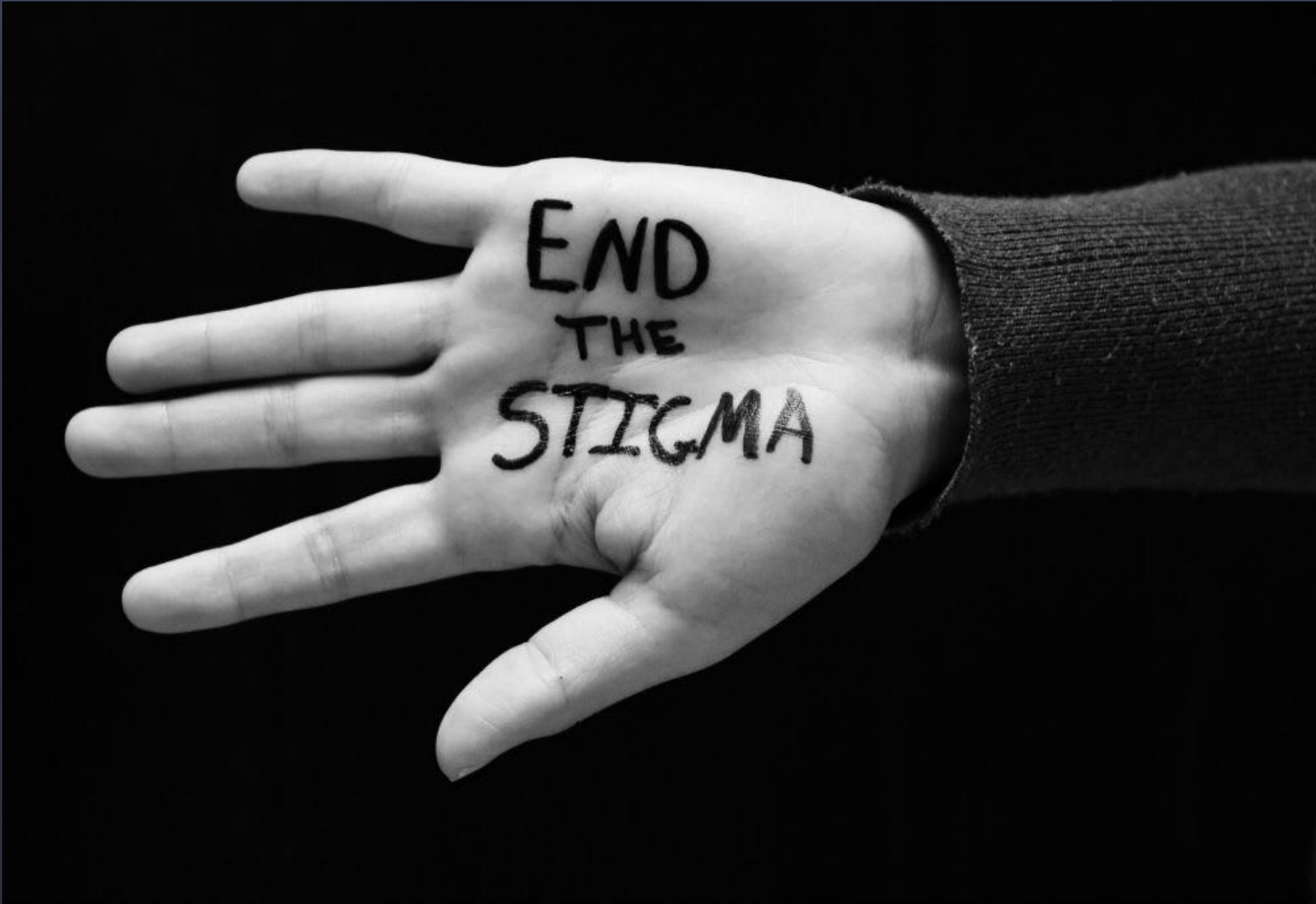


DIRECT QUESTION

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Stigma: A Personal Testimony from Megan Cantone

Monday, November 6th
at 12:30pm (CST)

Thursday, November
30th at 12:30pm (CST)





**MOTIVATIONAL
INTERVIEWING**





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