



COMMUNITIES THAT CARE

Chronic Disease Partners Meeting

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WHAT IS COMMUNITIES THAT CARE?

- Communities That Care (CTC) guides communities through a proven five-phase change process.
- Using prevention science as its base, CTC promotes healthy youth development, improves youth outcomes, and reduces problem behaviors.

CTC PHASES



CTC PHASE 1

Get Started

- **key leaders commit to CTC**
- **engage diverse stakeholders**



CTC PHASE 2



Get Organized

- **create or engage community board**
- **learn about prevention science**
- **write vision**
- **form work groups**
- **initial planning**

CTC PHASE 3

Develop Community Profile



- **youth survey data**
- **health & behavior problems**
- **risk factors**
- **protective factors**
- **assess community resources**

CTC PHASE 4



Create a Plan

- **summarize assessment results**
- **select tested & effective programs and policies**
- **fill resource gaps**

CTC PHASE 5



Implement & Evaluate

- **tested & effective policies and programs**
- **deliver with high quality**
- **monitor delivery progress**
- **track youth outcomes**

MILESTONES & BENCHMARKS



Milestones & Benchmarks

Phase 1: Get Started

Milestone	Benchmarks to Achieve this Milestone
1.1 Organize the community to begin the <i>Communities That Care</i> Process.	<ul style="list-style-type: none">Designate a single point of contact to act as a catalyst for the process.Identify a champion (a community leader) to guide the process.Inventory existing initiatives addressing youth and family issues.Identify "lead" agency committed to supporting the project.Secure coordinator/facilitator (at least half time).Form core workgroup to activate the process.Develop roster of key leaders to be involved in the process.Prepare initial work plan and time line for getting started.Identify and acquire resources needed to get started.
1.2 Define the scope of the prevention effort.	<ul style="list-style-type: none">Define the community to be organized.Identify health and behavior issues to be addressed to confirm that CTC is appropriate for your efforts.Agree on what is involved in the "prevention" response.Identify legislative/funding supports or constraints.Agree on community board's role.Begin to define how community board will operate in community.

THE 1ST YEAR

VISION FOR HEALTHY COMMUNITY Process



Phases



0 1 2 3 4 5 6 7 8 9 10 11 1yr
months

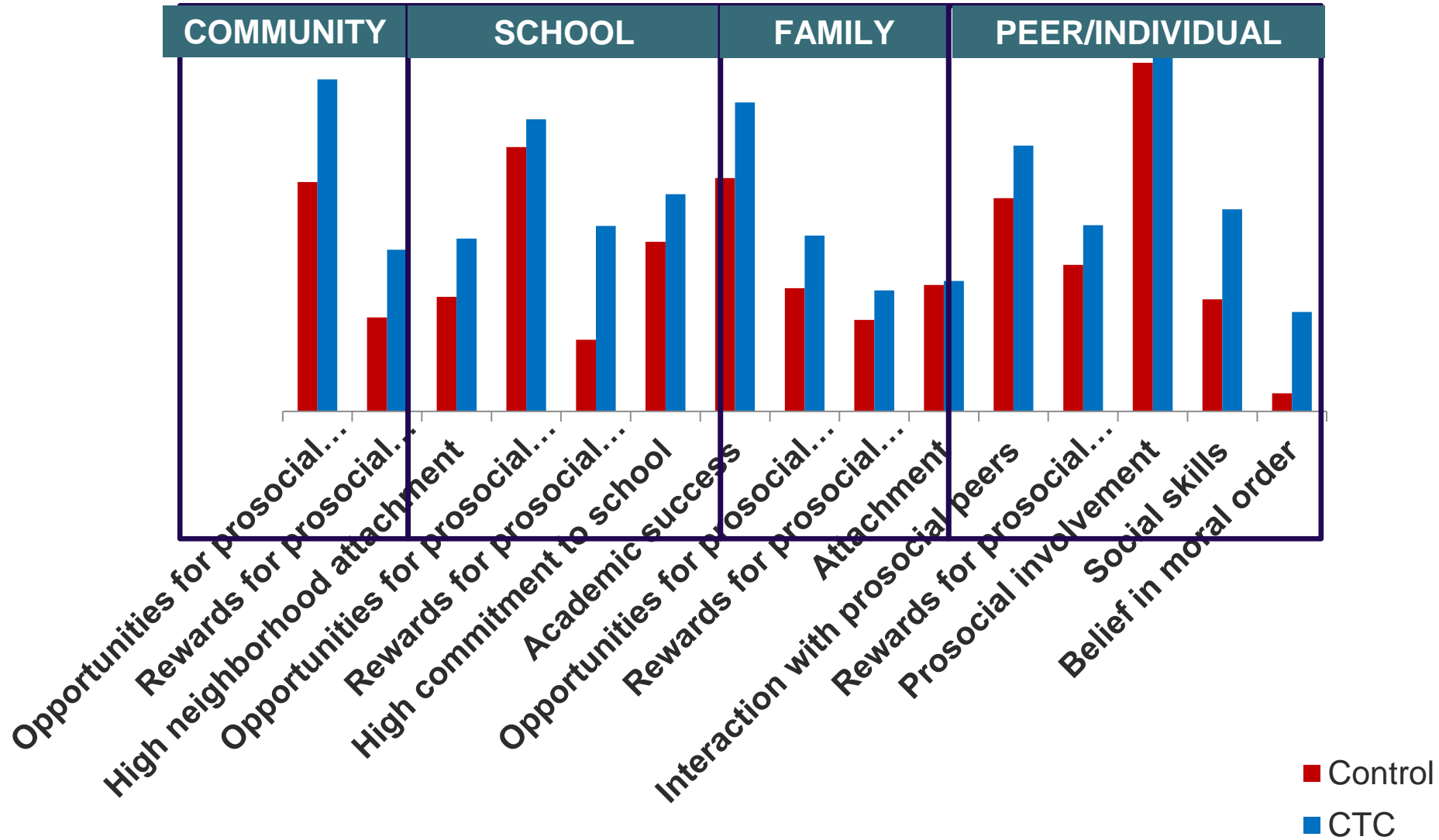
TIMELINE MOVING FORWARD





YOUTH BEHAVIOR SURVEY

PROTECTIVE PROFILE



CTC STRUCTURE IN SOUTH DAKOTA

- 2020-2022 Grantees – UW Coaching
 - Pierre / Ft Pierre – Capital Area Counseling Services
 - Phase 2
 - Aberdeen – Avera St. Luke's
 - Phase 3
 - Eagle Butte – Missouri Breaks
 - Phase 5



BROWN COUNTY
COMMUNITIES THAT CARE



CTC STRUCTURE IN SOUTH DAKOTA

- 2022-2024
 - 5 Coaching Agencies leading 8 communities
 - Coaches-in-Training tandem coach with UW
 - Agencies:
 - Volunteers of America – South Dakota
 - Community Healthcare Association of the Dakotas
 - Human Service Agency – Northeast Prevention Resource Center
 - Youth and Family Services
 - South Dakota Department of Health

CTC STRUCTURE IN SOUTH DAKOTA

- 2022-2024 Grantees
 - Lower Brule Sioux Tribe Counseling Service
 - Fort Thompson Community Health Center
 - Wagner Community Memorial Hospital
 - Yankton Sacred Heart Health Services
 - White River Michael Glynn Memorial Coalition
 - Hot Springs Fall River Health Services
 - Sioux Falls Urban Indian Health
 - Mitchell Dakota Wesleyen University

QUESTIONS?

QR Code for Eval.
Use phone camera and hover over code.

Thank you for taking the time!

