Chronic Disease State Plan Updates 2018-2019

Prevention and Health Promotion
Increase emphasis on promoting health and risk factor reduction, thereby decreasing the onset of chronic health conditions.

Implement evidence based public health recommendations with Department of Health partners.

Evidence Based Decision-Making Workgroup accomplishments:

- Developed two-page document focused on evidence based decision-making. Document is currently being reviewed by the workgroup.

- Updated Evidence Based Public Health webpage on Good&HealthySD website.

- Members: Rachel Sehr, Gwen Jensen, Kiley Hump, Kayla Magee, Brooke Lusk, Sandra Melstad, Fran Rice, and Alyssa Gehle

By 2020, develop and disseminate a total of six informational briefs and infographics highlighting chronic disease prevention data and action recommendations to statewide community leaders and stakeholders.

Chronic Disease Briefs Workgroup

- Developed Multiple Chronic Conditions informational brief and rack card.
- Currently developing Mental Health and Depression rack card targeted for parents/caregivers of adolescents.
- Reviewing existing infographics to update data.

https://goodandhealthysd.org/about/key-data/ and https://goodandhealthysd.org/healthcare/resources/
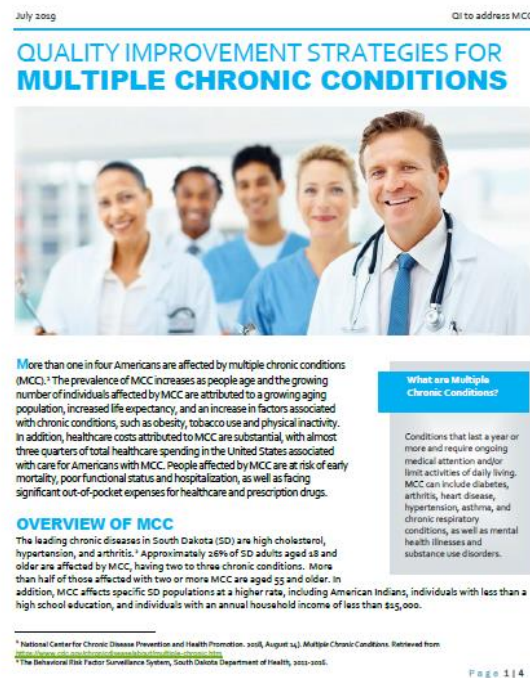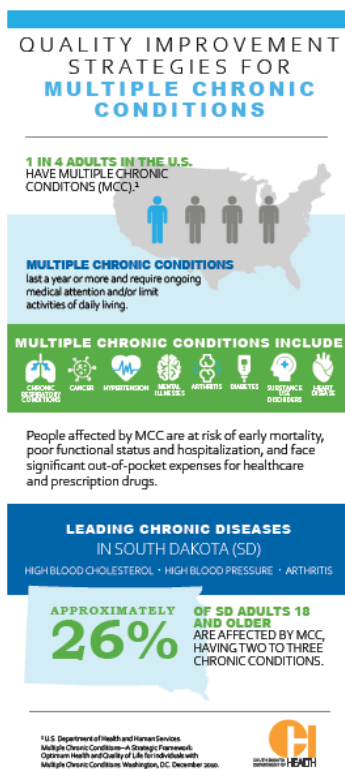
Chronic Disease Briefs Workgroup

- Members: Alyssa Gehle, Sandra Melstad, Susan Johannsen, Samantha Dvorak, Rachel Sehr, Brooke Lusk, Ben Tiensvold, and Devero Yellow Earring

Host an annual chronic disease state partners meeting focusing on chronic disease prevention and health promotion.

- 7th annual Chronic Disease Partners Meeting held in Mitchell on October 15-16, 2019.
- Planning Committee: Kiley Hump, Megan Jacobson, Mary Michaels, Denise Kolba, Mary Sand, Enid Weiss, Sue Johannsen, Larissa Skjonsberg, Karen Cudmore, Danielle Hamann, Jill Ireland, Sandi Melstad, Jennifer McDonald, Angie Brown, Joan Lindstrom, Nikki Prosch, Lori Oster
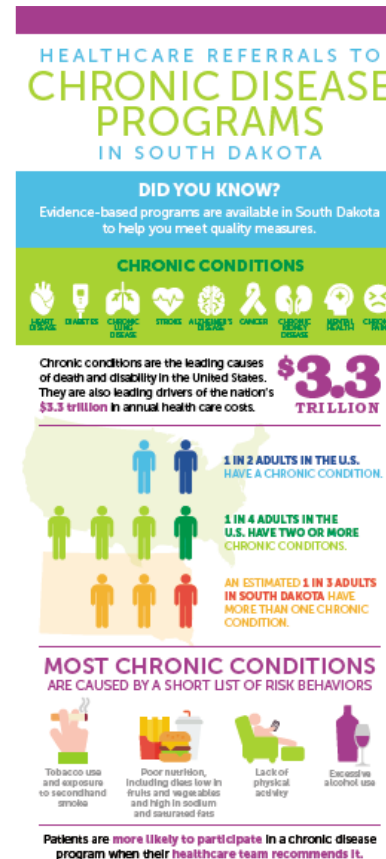
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Develop resources for healthcare professionals to increase referrals to evidence based programs.

Referral Processes Workgroup

- Developed rack card for healthcare professionals. Distributed 1,000 copies and printed 2,500 additional copies.
- 75 people attended webinar that provided overview on making referrals to evidence based programs in SD.
- Developed FaceBook posts to promote referrals to the programs listed on rack card.
- Next steps: Develop FaceBook posts to target potential participants and streamlining referral processes.

Referral Processes Workgroup Members

Angela Schoffelman
Kari Senger
Ben Tiensvold
Evan Moore
Kari Blasius
Lexi Pugsley
Denise Kolba
Erica Bukovich
Megan Jacobson
Fran Rice
Joan Lindstrom
Nikki Prosch
Sue Johannsen
Kayla Magee
Jennifer McDonald
Bridget Muntefering
Shelly Clauson

Policy/Systems/Environment Change
Transforming communities by promoting social, environmental, policy, and systems approaches that support healthy living for individuals, families, and communities where they live, work, and play.

Develop model policies related to chronic disease.

- Developed Worksite AED Model Policy.
- Reviewed and Updated Tobacco Business Policy and Cancer Screening Policies (2).
- Reviewed and provided comments on Active Transportation Checklist.
- In process of developing School Immunization Model Policy.
- Request to develop Alcohol, Tobacco and Other Drugs Model Policy.

Model Policy Access

1. https://goodandhealthy.org
2. Click on the sector (childcare, communities, healthcare, schools, tribes, workplaces) at the top of the page
3. Click on Model Polices on the left-hand side of the page

Increase the number of new health-related policies being adopted in SD settings (communities, worksites, schools, tribes, child care and health care).

- Landmann-Jungman Memorial Hospital - Worksite Breastfeeding Support Policy

- UV policy: Arlington Community Daycare, Brittany's Daycare, Busy Bees Day Care, Kids Inc. Summer Enrichment, Little Nest C3, Little Nest Preschool South, Prairies Hills Child Care Center, Sprouts Community Daycare, Timber Lake Daycare, USD Vucerivich Childcare Center, Angie Moon Home Daycare, Boys and Girls Club of Brookings, Discovery Learning Center, Doland Community Daycare, Little Blessings Daycare, Little Blessings Daycare and Learning Center, M & M Daycare and The Jungle Afterschool Program, Sioux Falls YMCA, Shining Star Academy, YWCA Mitchell.

- Working on implementation: Black Hills Area Habitat for Humanity - AED Policy; Boys & Girls Club of Sioux Empire - AED Policy; Gage Brothers Concrete Products - Breastfeeding Policy & Pledge; Landmann-Jungman Memorial Hospital/Avera - Physical Activity Policy; Lloyd Companies, Inc. - Healthier Food & Beverages at Meetings Policy; Pennington County Sheriff's Office - UV Policy; SDSU Extension (Mitchell, Rapid City, Wagner) – Physical Activity & Breastfeeding

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Model Policy Workgroup Members

- **Dee Dee Dugstad**
- **Sue Johannsen**
- **Roberta Hofeldt**
- **Shelly Roy**
- **Sarah Quail**
- **Mary Michaels**
- **Roshal Rossman**
- **Sandra Melstad**
- **Rachel Sehr**
- **Christopher Prosch**
- **Enid Weiss**
- **Cori Jacobson**
- **Jennifer McDonald**
- **Other content experts**

Document and disseminate success stories related to chronic disease programs in SD settings

New:

- How Does Your Garden Grown in Fort Pierre?: A Healthy Hometown Powered by Wellmark
- Tobacco-Free Jacks: Implementing a Tobacco-Free Campus at SDSU
- How Policy, System, and Environment Changes Help Reduce the Burden of Skin Cancer in South Dakota's Childcare Facilities
- Finding Innovative Ways to Increase Colorectal Cancer Screening: The Best Test is the One that Gets Done
- Preventing Cancer in SD: Successful Strategies to Increase HPV Vaccination Rates

In process:

- BHSU Tobacco-Free Rodeo Grounds and Fairgrounds Policy
- Nutrition Navigation

Enid Weiss, Brooke Lusk, Dee Dee Dugstad, Joan Lindstrom, Lois Knoke, Megan Phillips, Mary Michaels, Samantha Dvorak

Good&HEALTHY SOUTH DAKOTA

Tobacco-Free Jacks: Implementing a tobacco-free campus at South Dakota State University

Summary

The most impressive fact about this project is that South Dakota State University (SDSU) is a 100% tobacco-free campus! In addition, SDSU is the first school within the SD Board of Regents to adopt a 24/7 100% tobacco-free policy. It is exciting for their campus to join the 1,800 other college campuses in the United States whom have already adopted tobacco-free campus policies! Becoming a tobacco-free campus has allowed SDSU to improve the quality of life for all and create a healthy working and learning environment.

Challenge

In 2016, SDSU decided it was time to create a healthier campus culture and create momentum towards becoming a tobacco-free campus. The University wellness coalition (SDSTATE Health) agreed that workplaces are increasingly tobacco-free and wanted to provide the campus community with safe and accessible working and learning environments.

The main challenge towards becoming a tobacco-free campus was that students did not support the change. This was primarily due to the fact that there was no formal policy drafted to outline the facets of the proposed change. During the summer of 2016, the campus Wellness Coordinator teamed up with the President of the Students' Association and they drafted a model tobacco-free policy. During the process of becoming tobacco-free they were faced with several challenges such as push back from the general student population, student leadership, and faculty senate, lacking strong enforcement guidelines and not having streamlined communication regarding the policy implementation date.

Key Components

The target audience for the proposed policy was the entire campus community including students, faculty, staff and visitors. Those who participated in creating the environmental change included: Wellness Center, Students' Association President, Dean of Students, Vice President for Students Affairs, College of Nursing, College of Pharmacy and Allied Health and student organizations such as HEROH (Helping Everyone Reach Optimal Health). As a result of their hard work towards becoming tobacco-free they were able to make an environmental change as they developed, adopted and implemented a brand new campus policy.

SOUTH DAKOTA STATE UNIVERSITY

WE ARE **TOBACCO-FREE JACKS**

PLEASE RESPECT OUR POLICY

Use of tobacco products (cigarettes, e-cigarettes, cigars, pipe tobacco, smokeless tobacco, vapor-based products, etc.) is not permitted on any University property, including all campus grounds inside and out, parking areas, vehicles, and student housing.

FLIP ME OVER FOR MORE INFORMATION

Success Story Access

1. https://goodandhealthy.org
2. Click on the sector (childcare; communities; healthcare; schools; tribes; workplaces) at the top of the page
3. Click on Success Stories on the left-hand side of the page