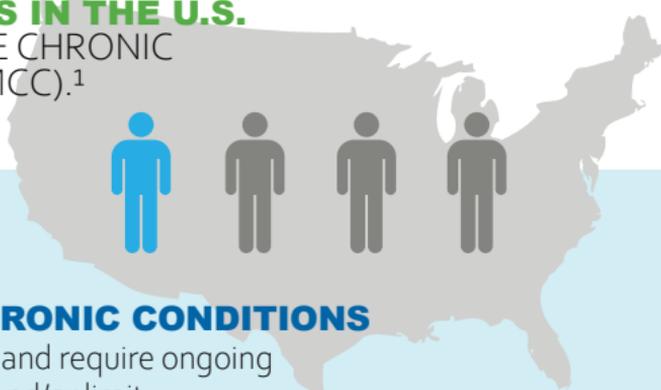# QUALITY IMPROVEMENT STRATEGIES FOR
MULTIPLE CHRONIC CONDITIONS

1 IN 4 ADULTS IN THE U.S.
HAVE MULTIPLE CHRONIC
CONDITONS (MCC).[1]

MULTIPLE CHRONIC CONDITIONS
last a year or more and require ongoing
medical attention and/or limit
activities of daily living.

MULTIPLE CHRONIC CONDITIONS INCLUDE

CHRONIC RESPIRATORY CONDITIONS **CANCER** **HYPERTENSION** **MENTAL ILLNESSES** **ARTHRITIS** **DIABETES** **SUBSTANCE USE DISORDERS** **HEART DISEASE**

People affected by MCC are at risk of early mortality,
poor functional status and hospitalization, and face
significant out-of-pocket expenses for healthcare
and prescription drugs.

LEADING CHRONIC DISEASES
IN SOUTH DAKOTA (SD)

HIGH BLOOD CHOLESTEROL · HIGH BLOOD PRESSURE · ARTHRITIS

APPROXIMATELY
26%

OF SD ADULTS 18 AND OLDER
ARE AFFECTED BY MCC,
HAVING TWO TO THREE
CHRONIC CONDITIONS.

SOUTH DAKOTA DEPARTMENT OF HEALTH

EVIDENCE-BASED APPROACHES
TO ADDRESS MCC

STRATEGIES TO ADDRESS MCC ARE FOCUSED ON THE INDIVIDUAL, including strengthening the healthcare and public health sytems, self-care management empowerment, equipping providers with tools and information, and supporting targeted research and effective interventions.[1]

- **PROVIDER TRAINING**

- **HEALTH INFORMATION TECHNOLOGY REFERRALS**

- **TEAM-BASED CARE**

- **PROVIDER DASHBOARDS**

- **ONE-ON-ONE PATIENT EDUCATION FOR CLIENTS**

- **PROVIDER REMINDER AND RECALL SYSTEMS**

- **PROVIDER ASSESSMENT AND FEEDBACK**

- **QUALITY/PERFORMANCE MEASURES**

- **COMPREHENSIVE TELEHEALTH INTERVENTIONS**

- **MOTIVATIONAL INTERVIEWING**

- **SELF-CARE MANAGEMENT**

- **CLIENT REMINDERS**

- **REDUCE STRUCTURAL BARRIERS TO INCREASE SCREENING**

FOR MORE INFORMATION ON HEALTHCARE REFERRALS TO CHRONIC DISEASE PROGRAMS IN SD AND TO LEARN MORE ABOUT STRATEGIES TO ADDRESS MCC VISIT

goodandhealthysd.org/healthcare/

AND READ

QUALITY IMPROVEMENT STRATEGIES FOR MULTIPLE CHRONIC CONDITIONS.