



South Dakota Department of Health
Diabetes Prevention and Control Program
Request for Applications (RFA)
Establishment of National Diabetes Prevention Program



Purpose

- The South Dakota Department of Health (SD DOH) Diabetes Prevention and Control Program (DPCP) is providing funding for organizations interested in establishing a **new** National Diabetes Prevention Programs (National DPP) in South Dakota.
- Grant funds will be used to help organizations establish a National DPP and apply for Centers for Disease Control recognition of their program. This Request for Applications (RFA) is funded through the CDC, cooperative agreement number NU58DP006526-01-00.
- The National DPP is a partnership of public and private organizations working together to build a nationwide delivery system for a lifestyle change program proven to prevent or delay the onset of type 2 diabetes in adults with prediabetes. The National DPP provides a framework for type 2 diabetes prevention efforts in the U.S. founded on four key pillars:
 - 1) a trained workforce of lifestyle coaches
 - 2) national quality standards supported by the CDC Diabetes Prevention Recognition Program
 - 3) a network of program delivery organizations sustained through coverage
 - 4) participant uptake and referral.
- These pillars link closely to the CDC’s strategic goals for the National DPP and to the funding objective: increase the supply of quality programs; increase demand for the program among people at risk; increase referrals from health care providers; and increase coverage among public and private payers.
- In addition to the funding, the SD DOH will provide resources and technical assistance to awardees to implement the National DPP. This may include assistance in identification and recruitment strategies of participants as well as referring partner organizations, assistance with understanding and upholding the National DPP standards, observing occasional DPP sessions to monitor progress, and assistance with components of the evaluation process during and at the completion of the project period.

RFA Schedule

Schedule	Date
Request for application released via email to organizations looking to offer the National DPP in South Dakota.	Thursday, March 21st, 2019
Application submission deadline	Friday, April 26th, 2019 by 5 PM CST
Notice of grant award issued (via email)	Friday, May 10th, 2019

For any questions or technical assistance contact Kayla Magee, SD DOH Diabetes Program Coordinator. Applications are due via electronic submission to Kayla Magee by **Friday, April 26th by 5 pm CST.** (Kayla.Magee@state.sd.us or (605)773-2981).

The project period shall be from **June 1, 2019 to May 31, 2020.**

A grant award may not exceed \$15,000 and up to 4 applicants will be funded.

Application Requirements

- Applications must demonstrate the potential for successful National DPP, including trained lifestyle coach(es) who deliver the program; access to potential program participants who have a high risk of developing diabetes; patient referrals from health care providers; and reimbursement mechanisms that will sustain the program over time.
- Priority will be given to applications that have at least one or more of these elements in place and that will be able to reach a larger population as a result of the grant:
 - Organizations located in areas where a willing payer, such as an insurance carrier that already reimburses for the NDPP and has a high market penetration, can serve as a collaborative partner and ensure that a critical number of people would be eligible for reimbursement;
 - Organizations with direct access to patient referrals from health care providers for the NDPP such as a community health center that offers the NDPP or a community-based organization with an established relationship with a clinic or primary care providers;
 - Organizations located in areas with a large employer willing to offer the NDPP as part of an employee's wellness program or benefits package;
 - Organizations that have established reimbursable programs led by trained lifestyle coaches, and that seek to expand their capacity and outreach to engage more participants in their programs; and
 - Organizations that have demonstrated success engaging and working with high-need, vulnerable populations, and that seek to develop their capacity to offer the NDPP.

Eligibility

- Eligible applicants include South Dakota organizations that do not currently have a CDC-recognized National DPP or have developed their National DPP within the last 12 months of application.
- Applicants must be willing to enter into a contract with SD DOH if awarded.
- The following are examples of organizations eligible to apply:
 - Community-based organizations (YMCA's; churches; senior centers, etc.);
 - Primary care providers (e.g., community health centers, migrant health clinics, rural health clinics, outpatient department, and private practices);
 - Health plans and insurers; and
 - Wellness and fitness organizations.

Award Requirements

- Awardees must be an organization located in South Dakota serving South Dakota residents.
- Awardees must apply for CDC program preliminary recognition within 24 months of the start of National DPP class. Applicants should review the *CDC DPRP Standards and Operating Procedures* and complete the Capacity Assessment prior to applying for recognition. (See RESOURCES for links to these items)
- Awardees must utilize all funds as carryover will not be allowed.
- Awardees will host a site visit by SD DPCP staff to review the project.
- Awardees are asked to have at least one representative attend the State Engagement Meeting held September 24-26th in Sioux Falls to provide experience and support as partners collaborate to improve Diabetes Prevention efforts across South Dakota.

Reporting Requirements

- Periodic progress meetings are required with SD DPCP staff.
- At the conclusion of the project, awardees must submit a final report detailing 1) successes and barriers experienced during the project period, 2) explanation of plans for continued work on this project after the funding ends, demonstrating an ongoing commitment to the project and plans for sustainability. (template will be provided)
- Technical assistance will be provided to awardees to complete required reporting to CDC for preliminary recognition status.

Funding Restrictions

- Funds from this RFA may not be used to deliver one-time activities or events that are not considered evidence-based, such as assemblies, speakers, “fun runs”, etc.
- Funding may not be used for any lobbying efforts at the local, state or federal level.
- Funding may not be used for purchasing food, beverages, or other group or individual meals or dining expenses.
- Funding may not be used to replace dollars currently earmarked for diabetes programs/projects.
- Funding may not be used to purchase technology equipment.
- Funding may not be used for research activities.
- Funding will be awarded to an organization only, not to an individual(s).
- Indirect/Administrative Costs: Funding can be requested to support indirect costs at a rate not to exceed 6.2% of the total grant award.

Types of Activities that May Be Funded

Successful applicants might undertake the following activities in projects supported through this RFP. These examples are not intended to be exhaustive or proscriptive:

- Communication, outreach, and education activities with providers to obtain a steady flow of referrals;
- Development of contracts with employers to provide the NDPP as a covered benefit for employees;
- Training of lifestyle coaches in organizations with the infrastructure and track record to deliver lifestyle interventions (*free virtual lifestyle coach training is available through the DPCP for a limited time, check with Kayla Magee for more information*);
- Data management and coordination in support of obtaining CDC diabetes prevention recognition; and
- Activities related to managing referrals and coordinating classes.

Final award decisions will be determined by SD DOH.

GRANT APPLICATION VIA ELECTRONIC SUBMISSION TO kayla.magee@state.sd.us

DUE NO LATER THAN 5:00 PM CENTRAL TIME ON FRIDAY, April 26TH, 2019

Funding Application: Establishment of National Diabetes Prevention Program

Applicant Information

Organization Name:

Mailing address:

City:

Zip Code:

Contact person:

Title:

Email Address:

Phone #:

Statement of Need

Please describe your organization's service area including:

- Organization's goals and mission as they align with the goals of this project
- Organization's staff capacity and skills to facilitate sessions and recruit participants for the DPP
- The need for a National DPP in the organizations' community

Applicant Experience

Please describe the expertise and experience the organization has with providing diabetes, prediabetes, or other health education.

Project Planning

What curriculum does your organization wish to use to deliver the National DPP?

To review curriculums, click [here](#).

- 2012 CDC-Developed Curriculum
- Prevent T2 Curriculum
- Another CDC approved curriculum

If other, please describe:

Describe the short- and long-term goals of a National DPP at your organization. Please use “SMART” (specific, measurable, achievable, relevant, and time-based) goals and include activities that will aid in accomplishing your goals.

A brief explanation of your organization’s plans for evaluation and sustainability.

Resources:

National Diabetes Prevention Program Resources:

1. CDC's National Diabetes Prevention Program homepage:
<https://www.cdc.gov/diabetes/prevention/index.html>
2. National DPP Customer Service Center
<https://nationaldppcsc.cdc.gov/s/>
3. CDC and Prevention Diabetes Prevention Recognition Program Standards and Operating Procedures
<https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf>
4. Organizational Capacity Assessment for Applicant Organizations to the CDCs DPRP
<https://www.cdc.gov/diabetes/prevention/pdf/capacity-assessment.pdf>
5. National Diabetes Prevention Program Coverage Toolkit
<https://coveragetoolkit.org/>
6. National DPP Infographic
<https://www.cdc.gov/diabetes/library/socialmedia/infographics.html#tabs-2-3>
7. "So...Do I have Prediabetes" website for patients
<https://doihaveprediabetes.org/>
8. "So...Do I have Prediabetes" Awareness Campaign Toolkit
<http://prediabetes.adcouncilkit.org/>
9. South Dakota Diabetes Coalition's "What is Prediabetes" website pages
<http://www.sddiabetescoalition.org/prediabetes-awareness.html>
10. American College of Preventative Medicine DPP Resource Center:
<https://www.acpm.org/page/dppresources>



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Budget Justification: Applicants may request up to \$15,000.

**** Recipients are required to attend a 2-day DPP StEM (State Engagement Module) meeting in Sioux Falls held Sept. 24-26th and should budget for at least 1 program staff to attend.**

Category	Item Description	Justification	Estimated Cost
Personnel Include staff salary, fringe, and training if needed.			
Marketing Include development, printing, etc. for any materials or media to market program.			
Office/Gym Space Include any fees due to space rental to host classes.			
Classroom and Education Materials Include all materials and other classroom expenses to provide the program. <u>Suggested:</u> Printing of participant handouts & food tracker \$20/per participant Weight Scale \$200 3 Ring binder \$2/participant Easel & paper pad \$200 <u>Optional:</u> Calorie King or Health Cheque Book \$10/participant Measuring cups & spoons \$10/participant Food Scale \$20/participant Exercise band \$10/participant Pedometer \$10/participant			

<p>Travel Travel essential to the proposed project may be funded under this proposal.</p> <p>Travel reimbursement is allowed at the following rates: \$0.42/mile, \$6.00/breakfast, \$11.00/lunch and \$15.00/dinner; lodging maximum is \$55 plus taxes per night (\$70 plus taxes per night from June 1-Sept 1).</p>			
<p>Other Include additional requests not addressed in the budget categories provided. Be sure to provide a through itemized description. Reminder: Grant dollars may not be used for screening procedures or any type of direct service or personnel time</p>			
<p>Indirect Costs Cannot exceed 6.2% of total budget requested. Indirect costs represent the expenses of doing business that are not readily identified within the budget submission but are necessary for the general operation of the organization, to carry out the activities required.</p>			
<p>Total Request</p>			<p>\$</p>