



FLUFIT: A STRATEGY TO ENHANCE YOUR EMPLOYEE WELLNESS PROGRAM

ABBY KUPER RN, BSN, CMSN

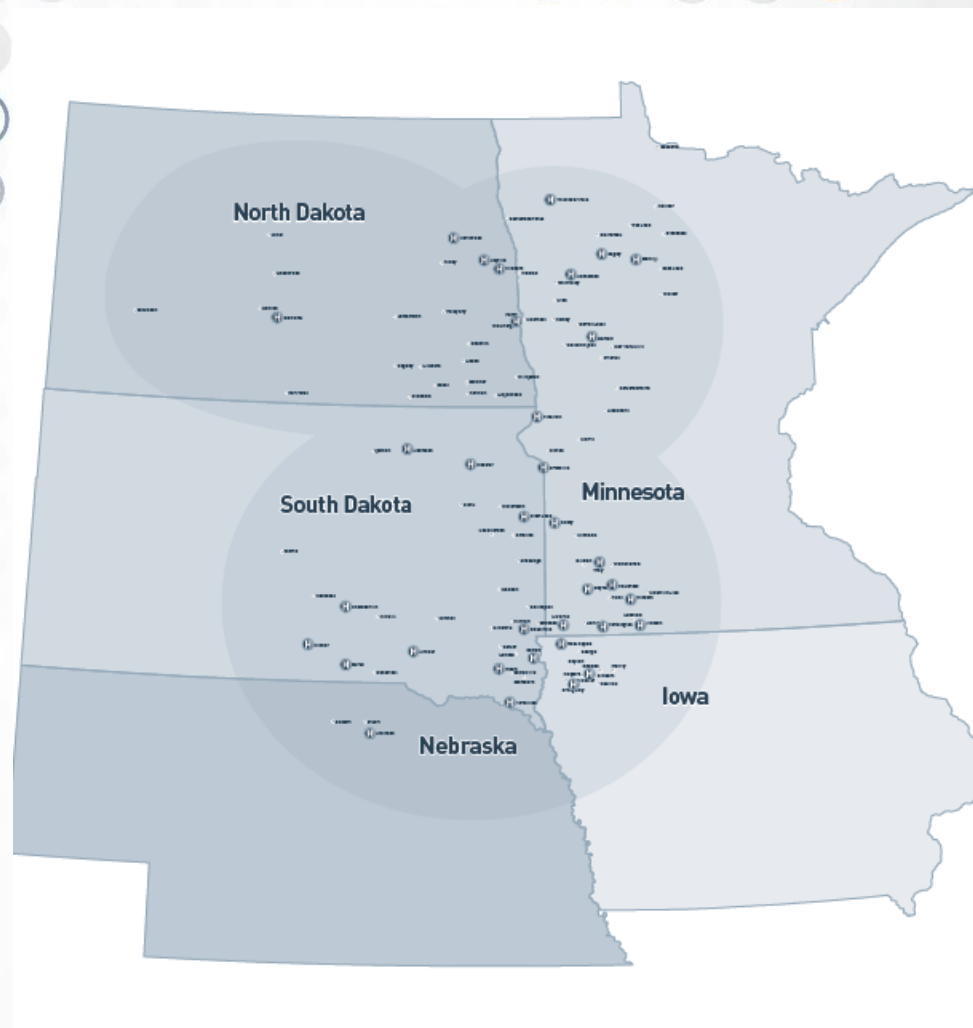
DAN HEINEMANN MD, FAAFP

JACKIE NEWCOMB

JENNIFER WEISS BS

SANFORD HEALTH

- One of the largest health systems in the nation
- Integrated with 45 hospitals, 289 clinics
- 28,000 employees
- 2,251 physicians offering 80+ specialties
- Nearly \$1 Billion in gifts from Denny Sanford for genomic medicine, diabetes, and cancer research



FACTS

Colorectal cancer (CRC) is the 2nd leading cause of cancer death in adults

ACS estimates 50,630 lives will be lost in 2018

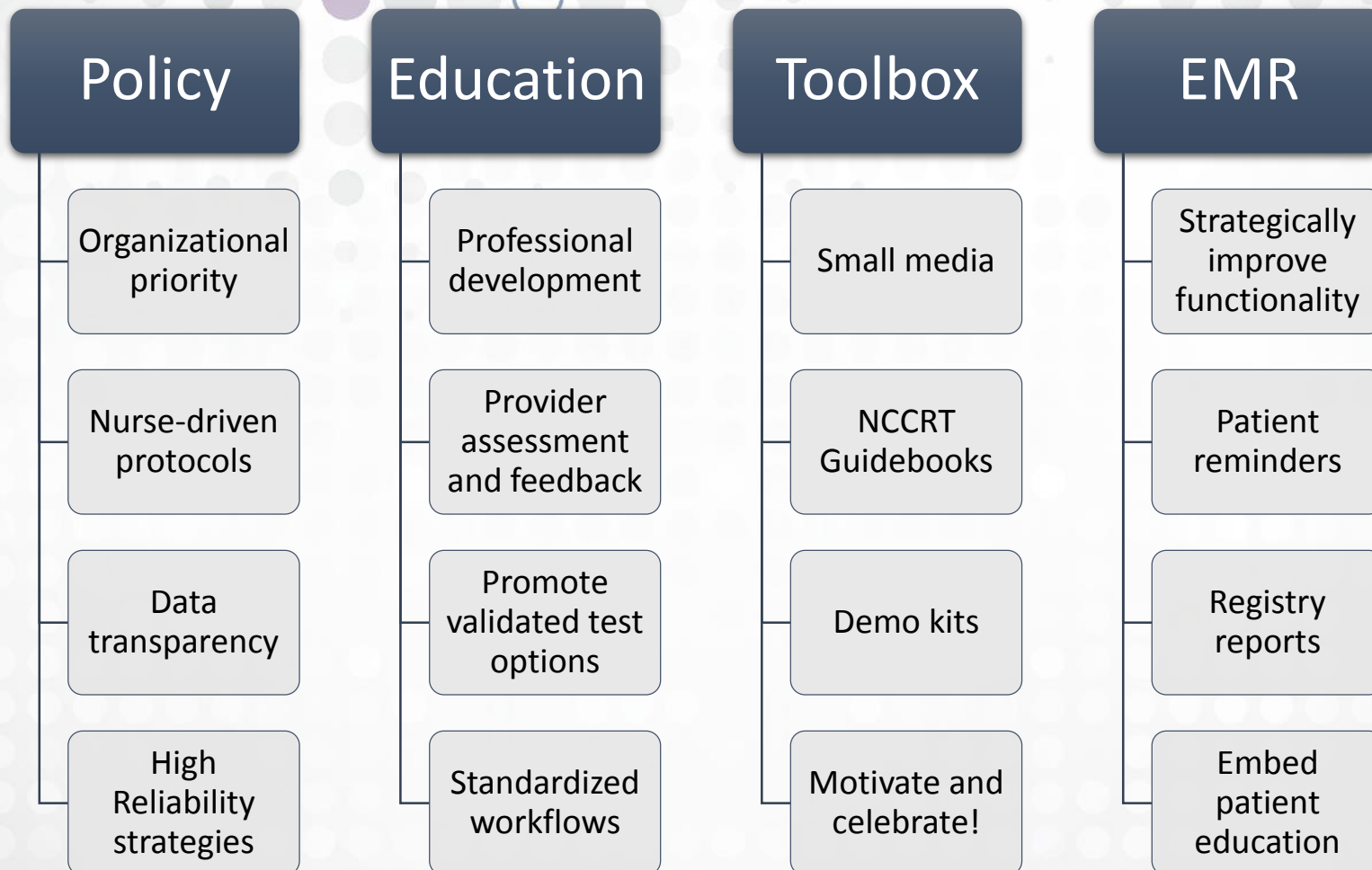
60% of CRC deaths could be prevented with screening

1 in 3 people are NOT up-to-date with CRC screening

<https://cancerstatisticscenter.cancer.org/>

<https://fightcolorectalcancer.org/prevent/about-colorectal-cancer/facts-stats/>

COMMITMENT to PROVEN STRATEGIES





Employee Wellness Program Emerges



EXECUTIVE
SUPPORT

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset

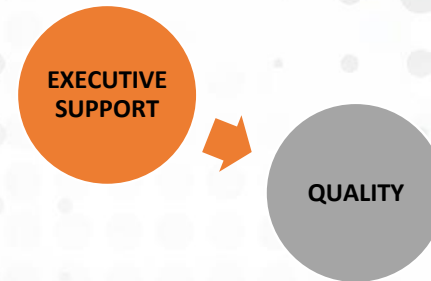
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



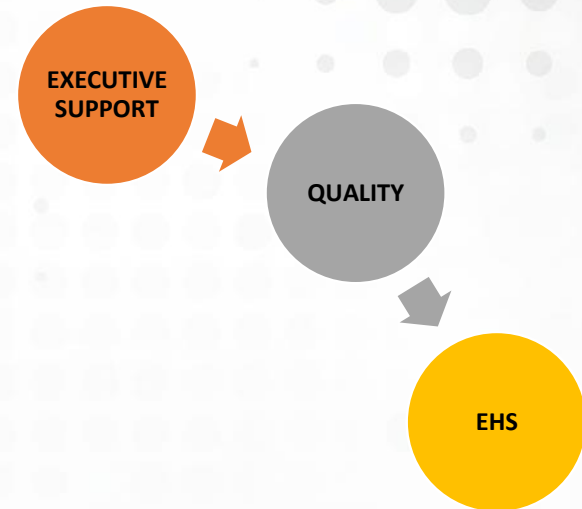
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



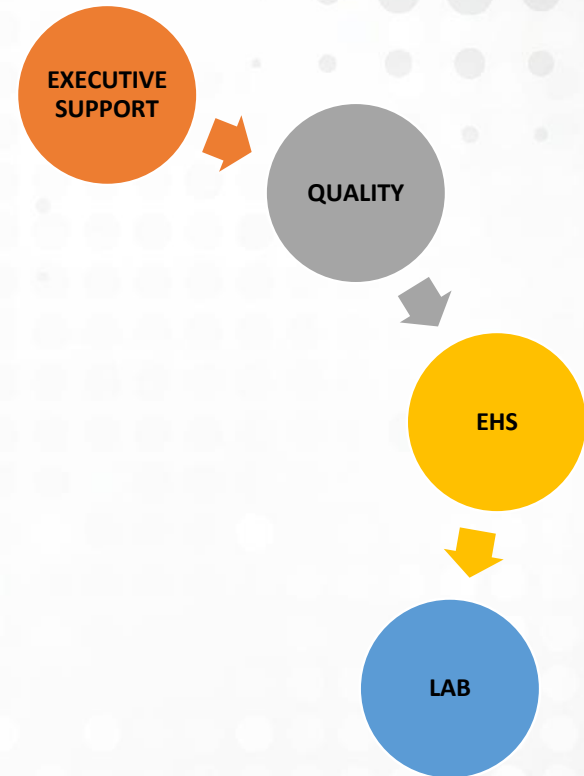
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



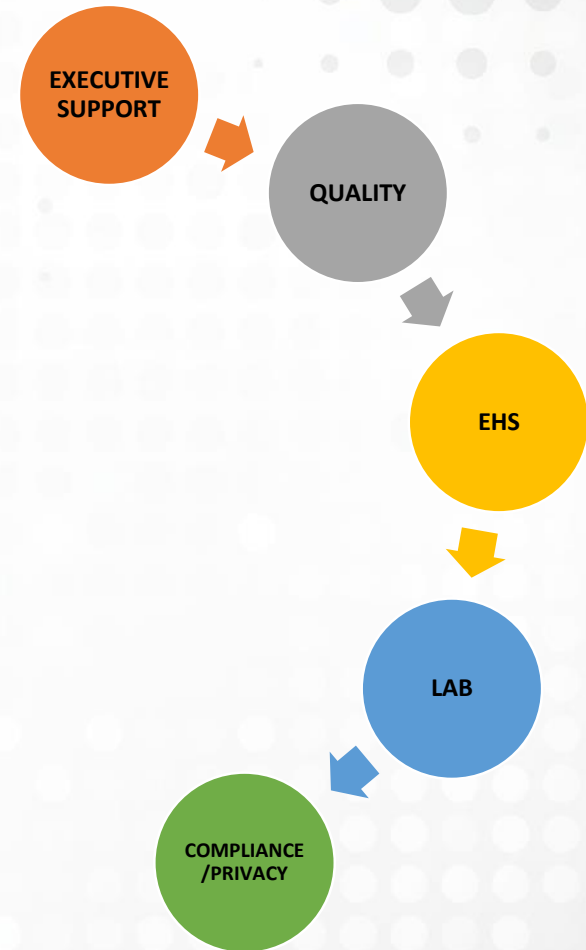
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



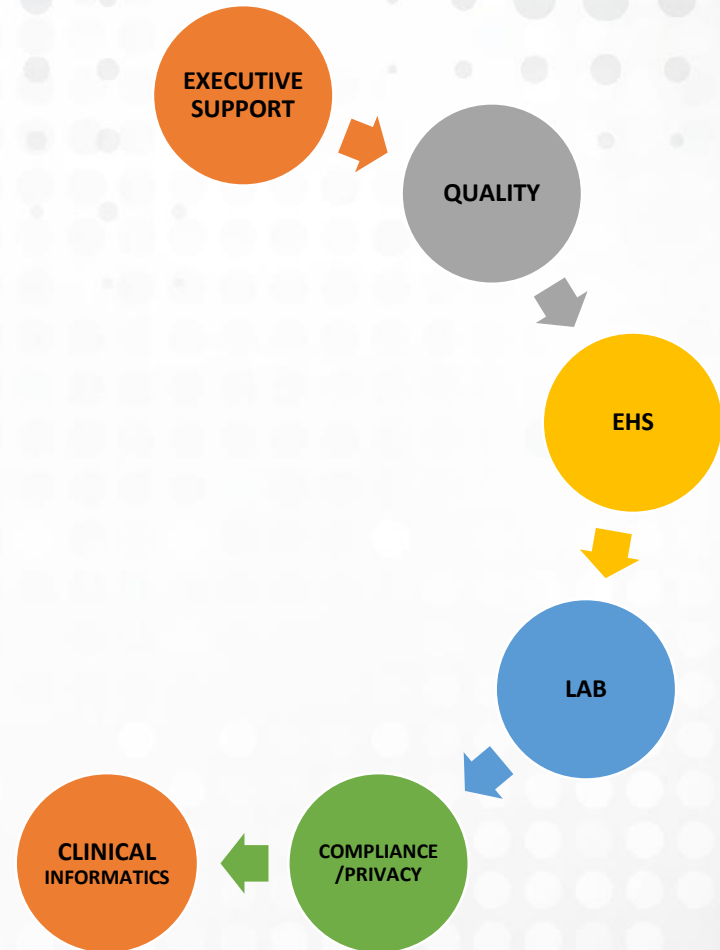
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of
our employee population
promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's
most valuable asset



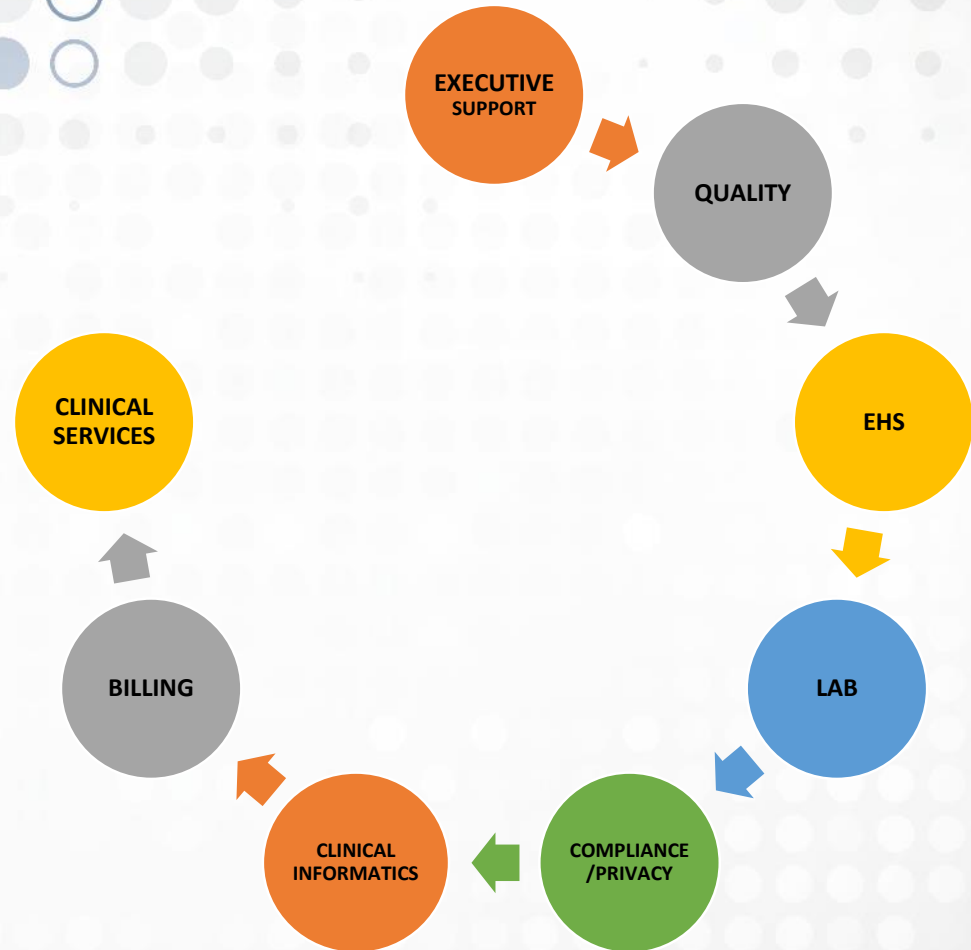
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of our employee population promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's most valuable asset



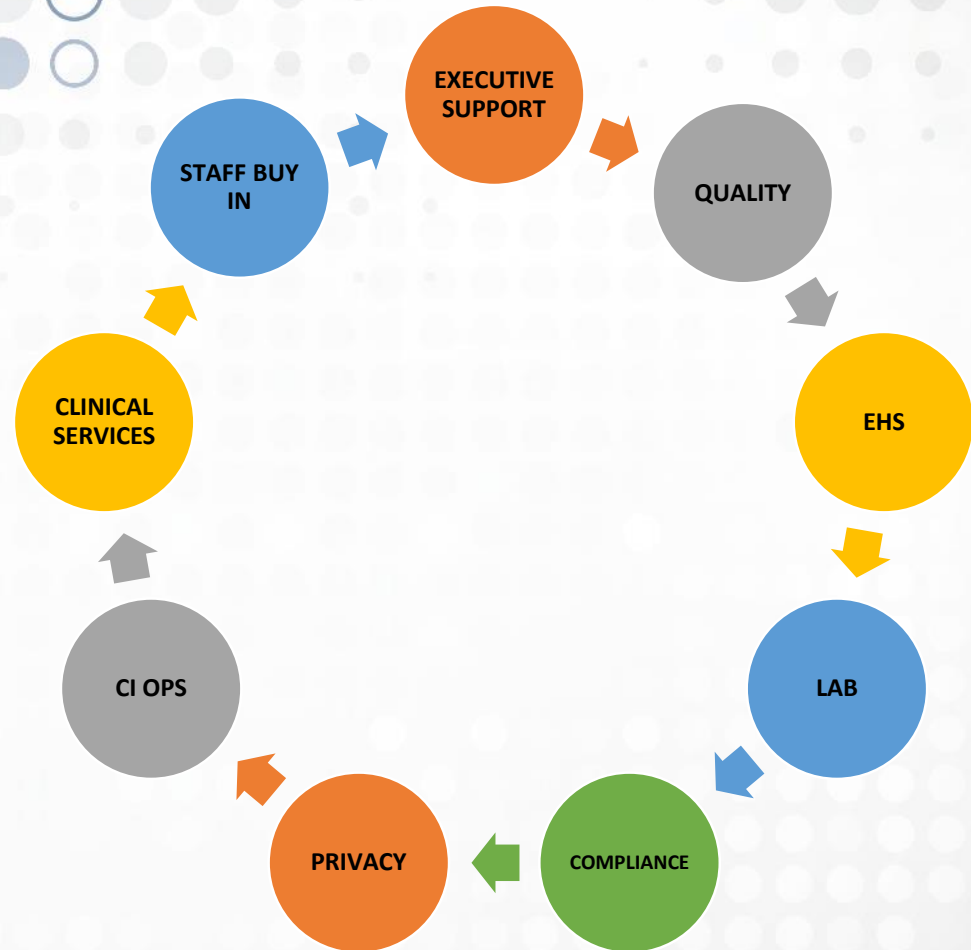
Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of our employee population promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's most valuable asset



Employee Wellness Program Emerges

Employee Health Wellness Philosophy

Caring for the welfare of our employee population promotes

- Higher overall job performance
- Increase job satisfaction
- Higher retention rates
- Lower absenteeism rates

Employees are Sanford's most valuable asset



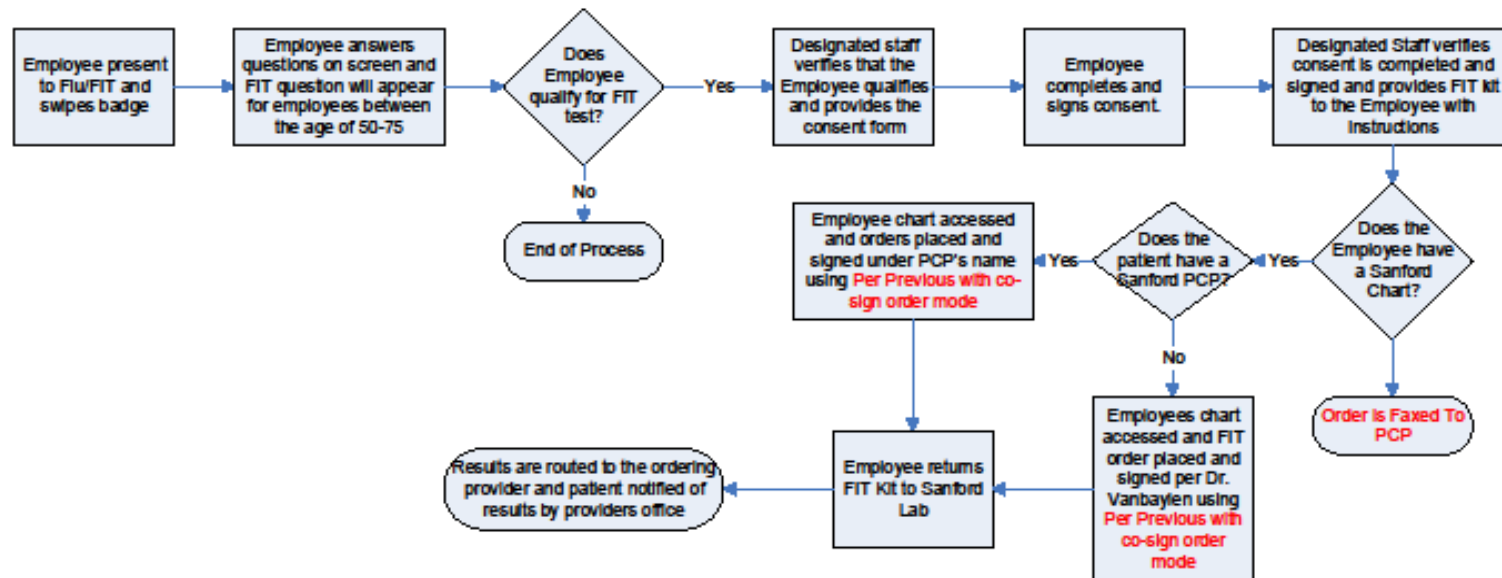
• Operationalization and Workflow

Employee Health Flu/FIT Blitz WF (draft)

Issued:
Reviewed:
Revised:

FULL FILENAME
C:\USERS\FROKED\DESKTOP\EMPLOYEE HEALTH FLU/FIT\
EMPLOYEE HEALTH FLU FIT WF.VSD

Approved: Clinical Services - Dept
Clinical Informatics - Dept
Clinic HIM-Coding - Dept
Ambulatory IT - Dept



FluFIT Screening Tool

PATIENT'S LEGAL NAME: LAST NAME FIRST MIDDLE				CUSTOM RQ		SANFORD Laboratories	
SEX	BIRTHDATE	CHART NO.	DOCTOR: LAST NAME FIRST		①		
1000147 - Van Balen							
ALL TO: <input type="checkbox"/> G 1st - Insulin - G 1st - Other <input type="checkbox"/> G 2nd - Insulin - G 2nd - Other <input checked="" type="checkbox"/> G 3rd - Insulin - G 3rd - Other <input type="checkbox"/> G 4th - Insulin - G 4th - Other		RESPONSIBLE PARTY NAME CITY STATE ZIP		PATIENT / RESPONSIBLE PARTY NAME CITY STATE ZIP		Sanford Sioux Falls Employee Health FIT Screen 1306 W 18th St Sioux Falls, SD 57117 605-335-6353	
REGISTRATION IS REGISTERED WITH MEDICARE		REGISTRATION IS REGISTERED WITH MEDICARE		GUARANTY IS GUARANTEED		POLICY HOLDER JOB	
INSURANCE TYPE		INSURANCE TYPE		INSURANCE TYPE		INSURANCE TYPE	
INSURANCE MAILING ADDRESS		INSURANCE MAILING ADDRESS		INSURANCE MAILING ADDRESS		INSURANCE MAILING ADDRESS	
GROUP NUMBER		GROUP NUMBER		GROUP NUMBER		GROUP NUMBER	
RELATIONSHIP <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> CHILD <input type="checkbox"/> OTHER		RELATIONSHIP <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> CHILD <input type="checkbox"/> OTHER		RELATIONSHIP <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> CHILD <input type="checkbox"/> OTHER		RELATIONSHIP <input type="checkbox"/> SELF <input type="checkbox"/> SPOUSE <input type="checkbox"/> CHILD <input type="checkbox"/> OTHER	
CALL		SCHEDULE DATE		SPECIMEN TIME (MILITARY)		Fasting * <input type="checkbox"/> -T <input type="checkbox"/> -W <input type="checkbox"/>	
CALL		SCHEDULE DATE		SPECIMEN TIME (MILITARY)		Fasting * <input type="checkbox"/> -T <input type="checkbox"/> -W <input type="checkbox"/>	
(X) <u>NBLDSDH OCCULT BLOOD, CRC SCREEN (FIT, IMMUNOCHEMICAL)</u>							
FIT Consent Form							
You are being offered a voluntary FIT kit for colorectal cancer screening today. (If eligible) you are between the ages of 50 to 75, no colonoscopy in the last 10 years, no FIT/FOBT this year, no Cologuard in the last 3 years and no personal history of colorectal cancer. If you would like to proceed, please complete the questions below.							
Please complete the following questions if you are between the ages of 50 to 75 years old:							
1. Have you had a colonoscopy within the last 10 years?						YES / NO	
If you answered Yes - STOP. Check with your primary care provider to determine when your next colorectal screening is due.							
2. Have you completed a home stool test for colorectal cancer within the last year or a Cologuard screening in the last 3 years?						YES / NO	
3. Do you have a personal history of Crohn's disease, Ulcerative Colitis, polyps or colorectal cancer? Or do you have family history of polyps or cancer in a family member younger than age 60?						YES / NO	
4. Are you currently experiencing rectal bleeding or blood in your stool?						YES / NO	
If you answered YES or are uncertain about any of the above questions STOP. You are NOT eligible for take home stool testing. Please consult your physician for future screenings.							
Under the Affordable Care Act, preventive services including fecal occult blood test (FOBT), one test per year, is covered at no cost to you. This is a voluntary screening service being provided. The cost of the FOBT kit will be billed to your insurance. If you do not have health insurance, you will be billed \$93 when the test is returned.							
I authorize Sanford Lab to include my test results in my medical record. (Sanford patient only)						Initial _____	
I authorize Sanford Health Plan to send results to my healthcare provider (non-Sanford provider)						Initial _____	
I authorize my personal health insurance to be billed and to share information accordingly.						Initial _____	
Primary care provider: ②						City, State _____	
I understand if the FIT test is positive, I will need to get a colonoscopy.						Initial _____	
Patient Signature _____						Date _____	
Please return the kit as soon as possible.							
Practitioner's Note: Medicare does not routinely cover screening tests; rather, only those tests that are medically necessary for diagnosis or treatment of the patient.							
SEE BACK FOR --							
ADDITIONAL TESTS OR COMMENTS							
_____ = RN Responsibility							
_____ = Patient Responsibility							
PLEASE SEND ADDITIONAL COPY OF REPORT TO (limited to 1): (What provider Complete name and address OR registered to it)							
PHYSICIAN: Last Name _____						First _____	
ADDRESS: _____							
REGISTERED FAX: (area code) _____						(area code) _____	
③ _____						if needed	

EMPLOYEE SATISFACTION and IMPACT



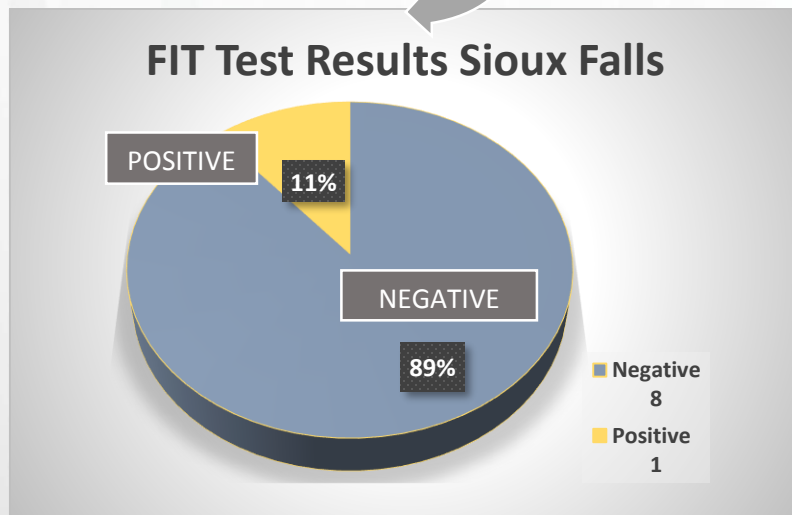
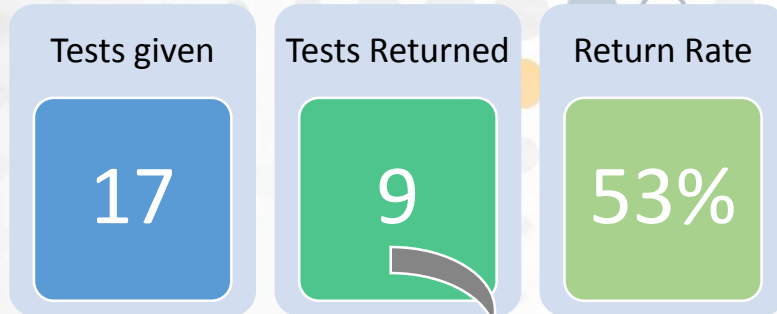
WE'VE GOT YOUR BACKSIDE

Although a colonoscopy is the best option, you've got choices for colorectal cancer screening. If you're over 50, talk to your physician about which option is best for you.

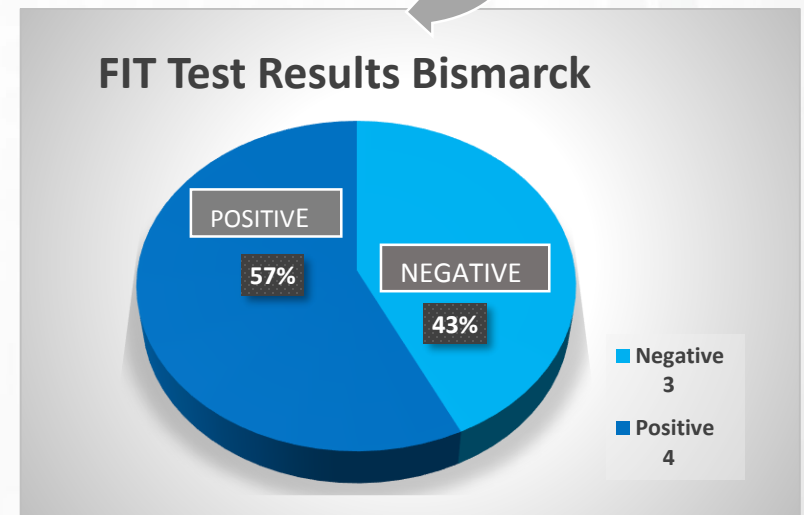
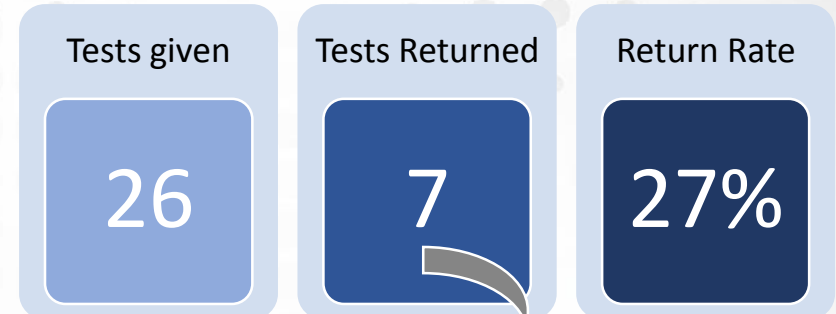
	FIT	ColoGuard FIT-DNA	Colonoscopy
WHAT IS IT?	 Fecal Immunochemical Test (FIT) Stool is checked for blood.	 Stool is checked for cancer markers and blood.	 A lighted scope with a camera is used to look at the colon and rectum.
CAN IT PREVENT CANCER?	 No.	 No.	 Yes, by removing polyps that could develop into cancer.
WHERE IS IT DONE?	 At home. You collect a sample and return it.	 At home. You collect a sample and return it.	 At the hospital.
HOW OFTEN?	 Every year if normal.	 Every three years if normal.	 Every 10 years if normal.
HOW DO I GET READY?	 No prep or diet restrictions.	 No prep or diet restrictions.	 Requires fasting and a colon cleanse with a laxative.
WHAT IS THE COST?	 Low cost – check with your insurance.	 Variable cost – check with your insurance.	 Higher cost – check with your insurance.

Campaign Data

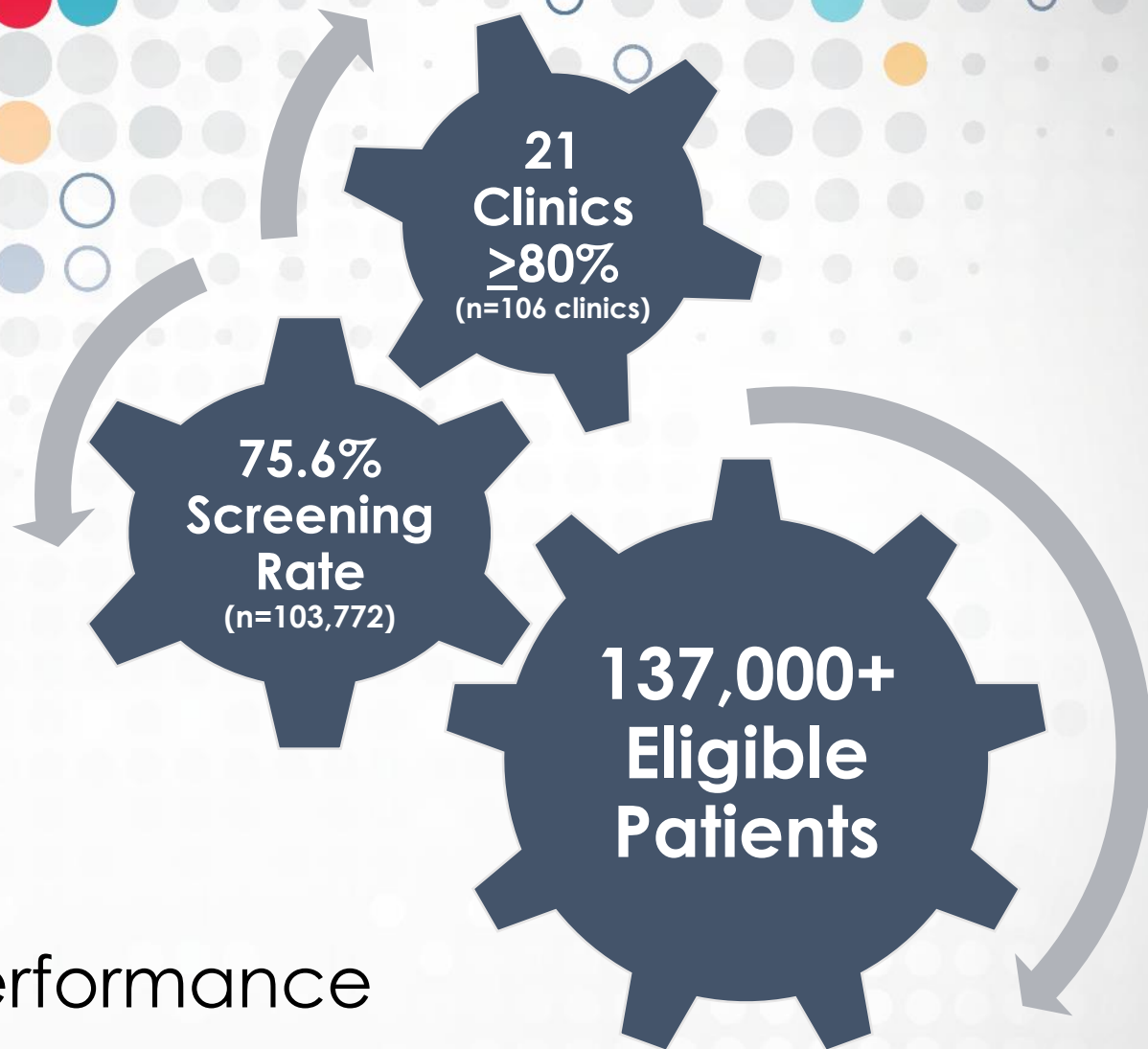
Sioux Falls, SD



Bismarck, ND



DATA



August 2018 Performance
Enterprise

NEXT STEPS

