



Chronic Disease Partners Meeting Data Update

Topics

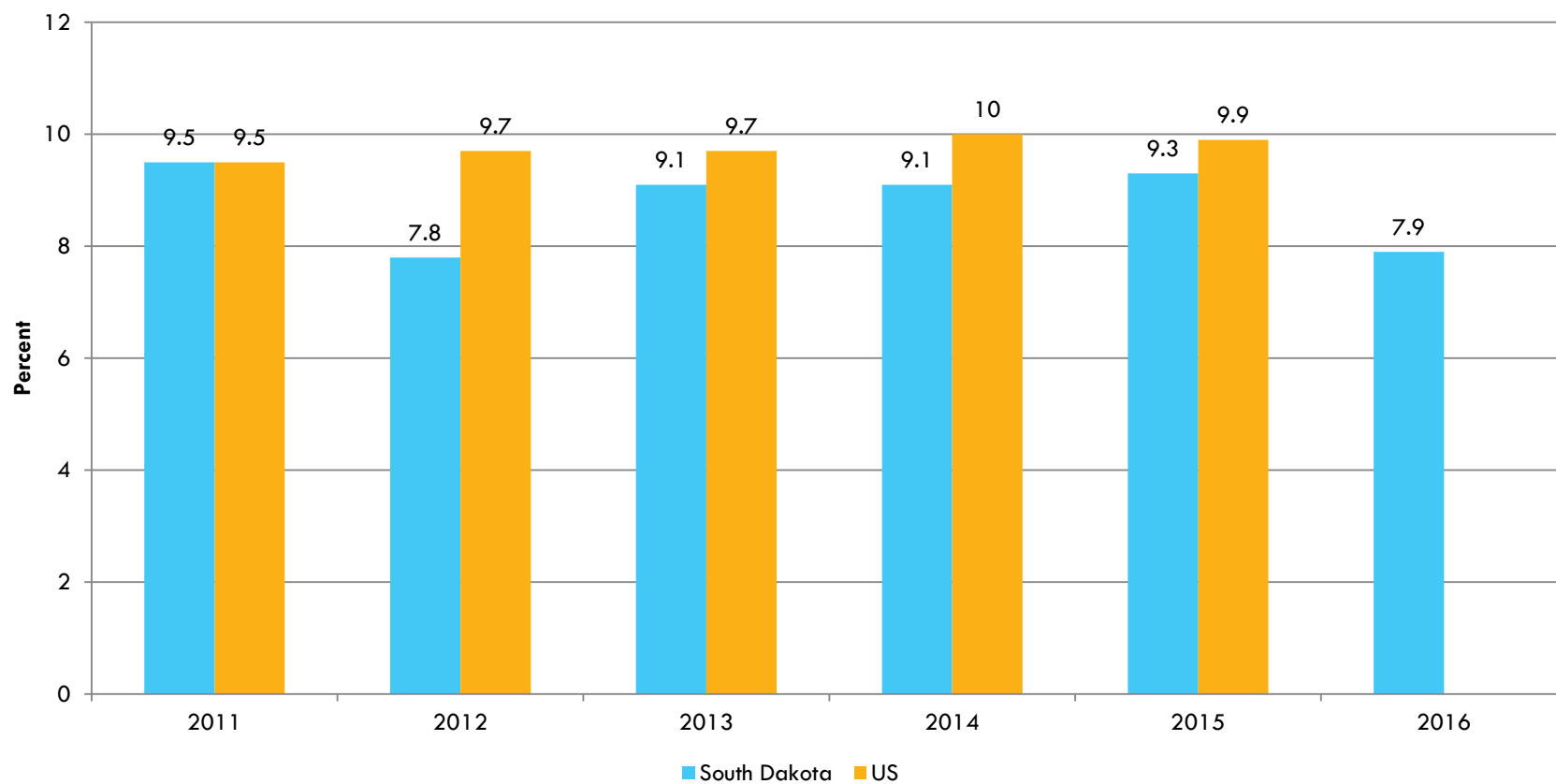
- Diabetes
- Heart Disease
- Stroke
- Obesity
- Fruit and Vegetable Intake
- Tobacco Use
- Physical Activity



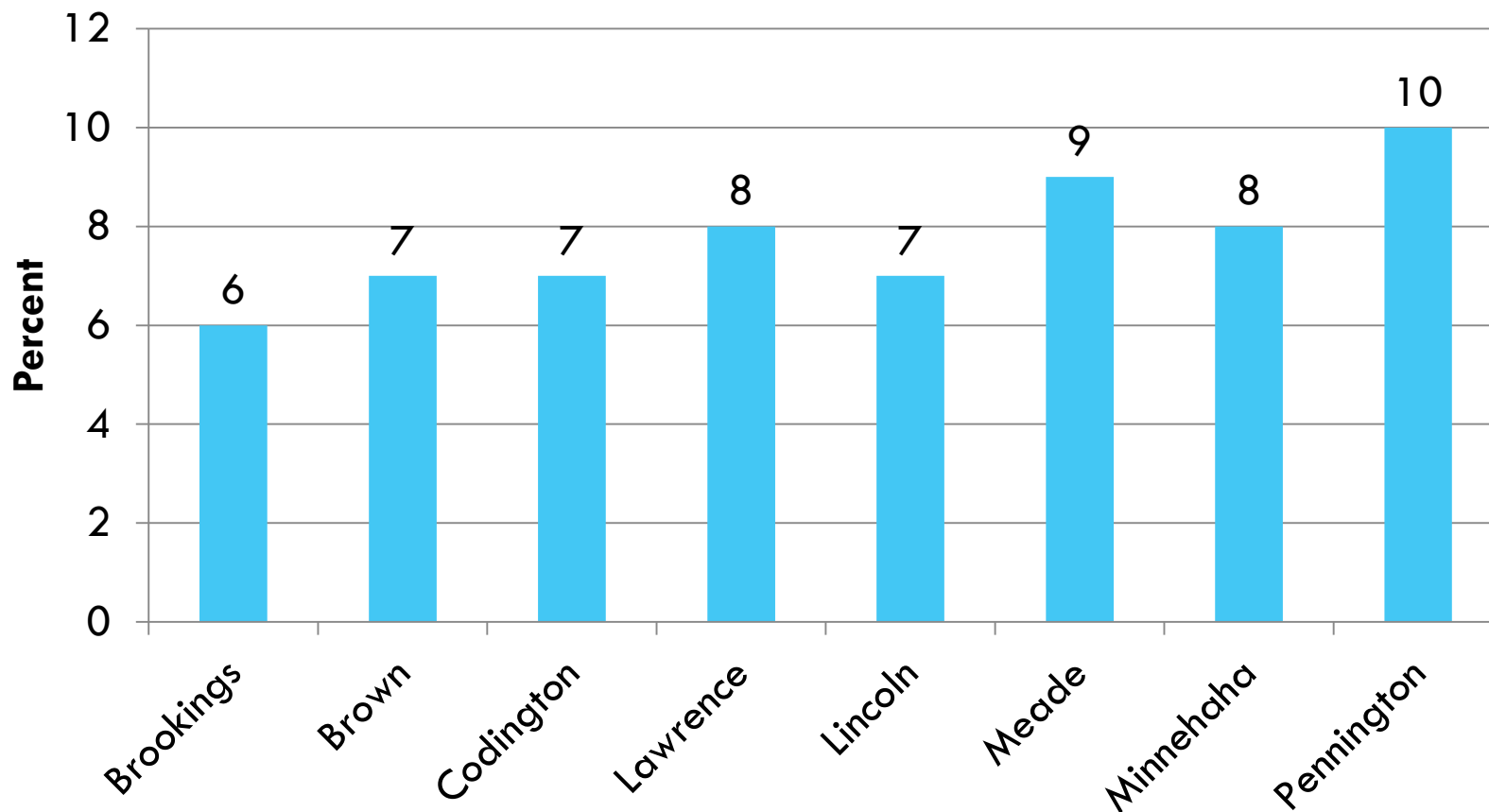
Diabetes



Prevalence of Diabetes Among Adults ≥ 18 Years, South Dakota and the United States, 2011-2015

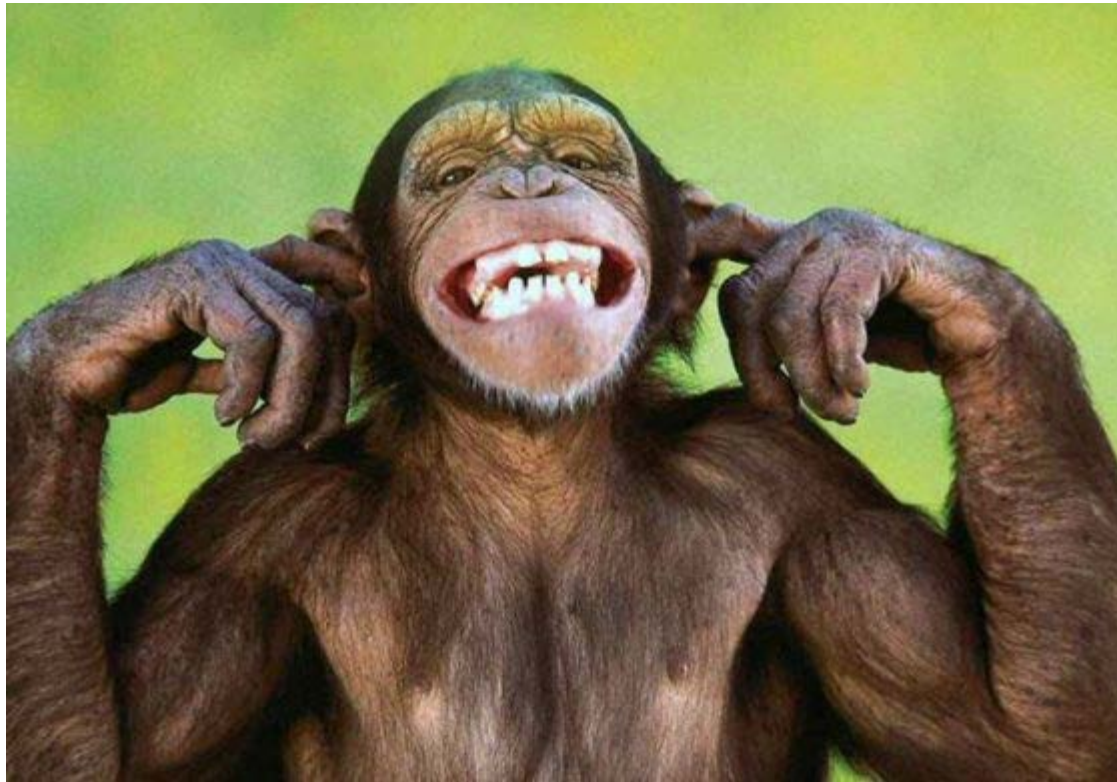


Diabetes by County

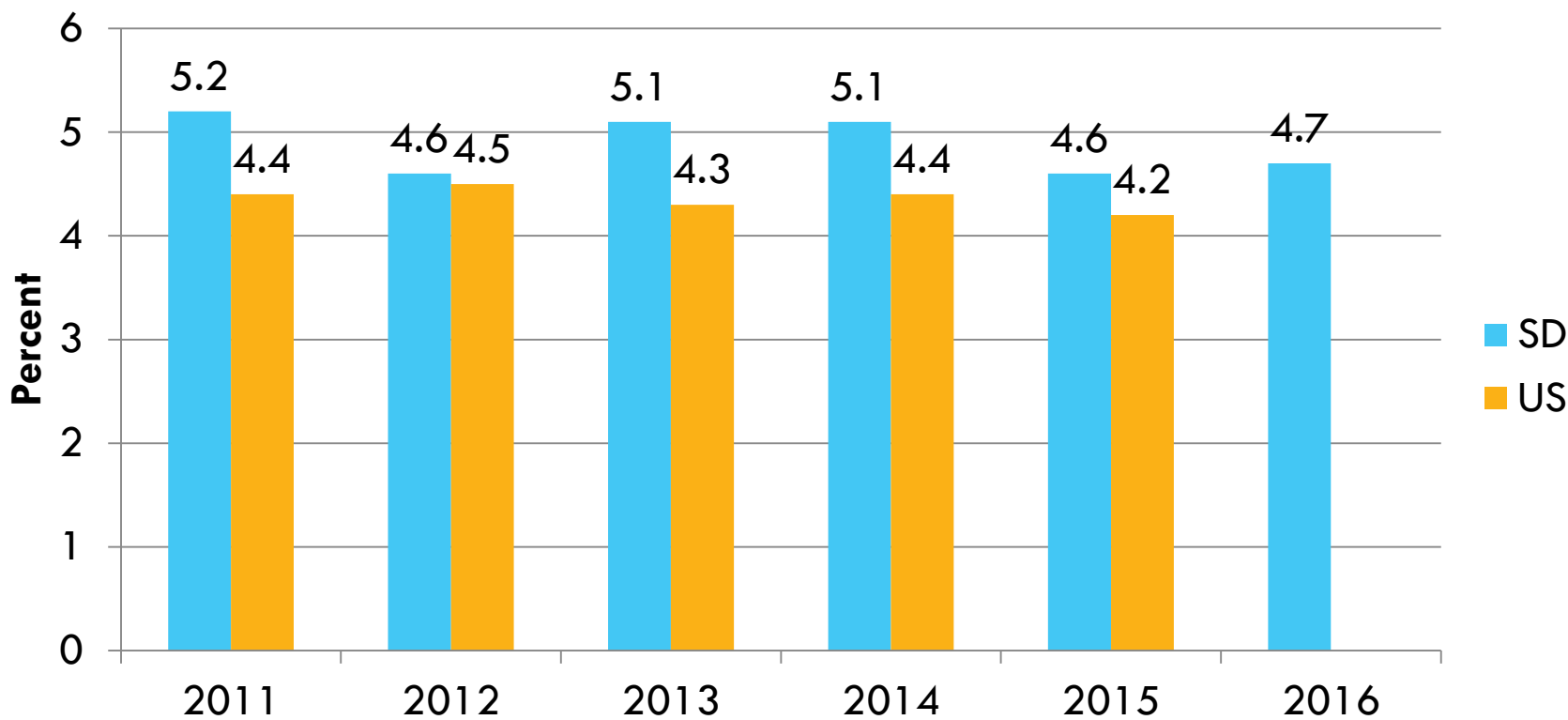


*BRFSS, 2011-2015 Combined

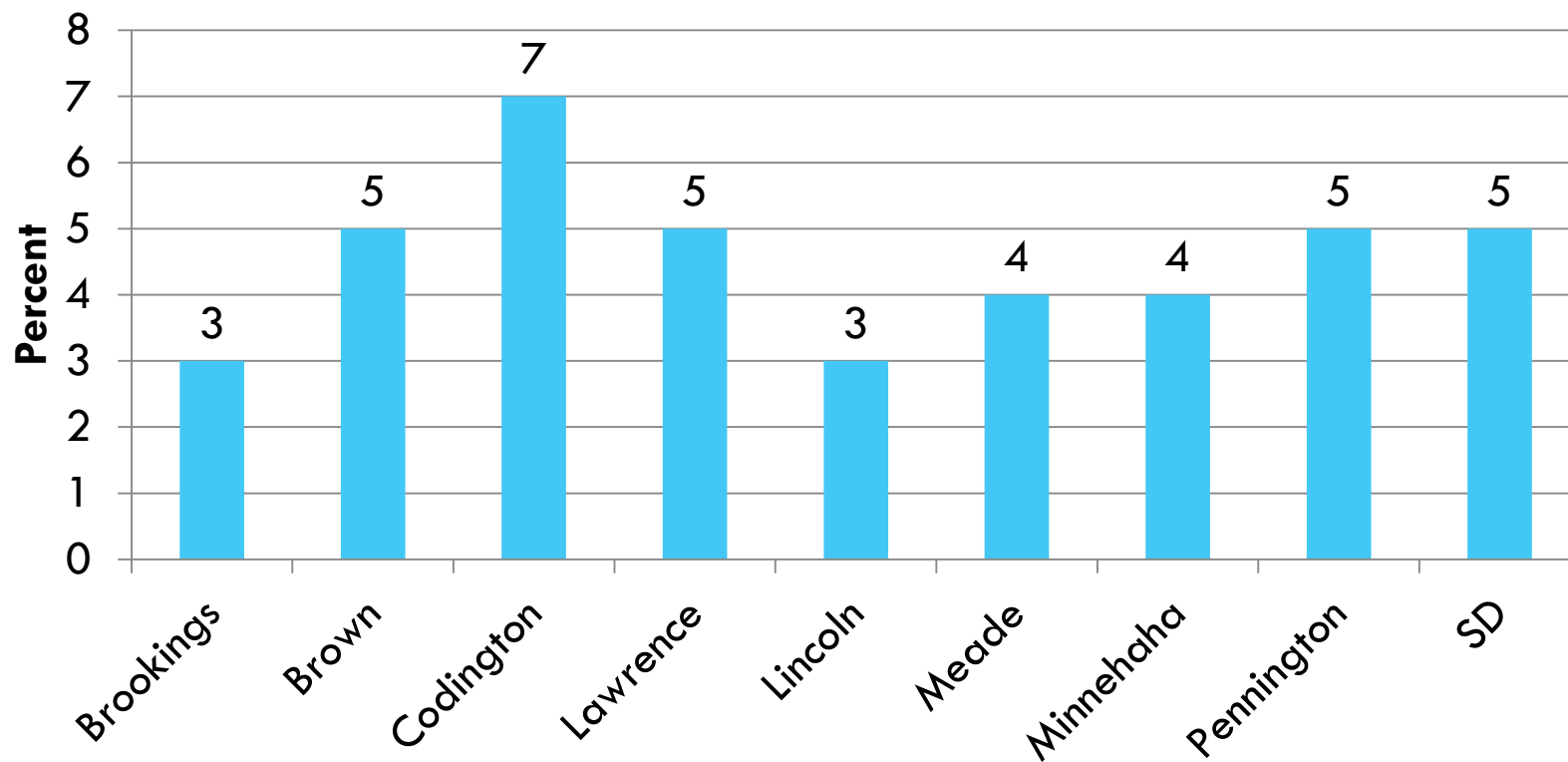
Cardiovascular Disease



Heart Attack



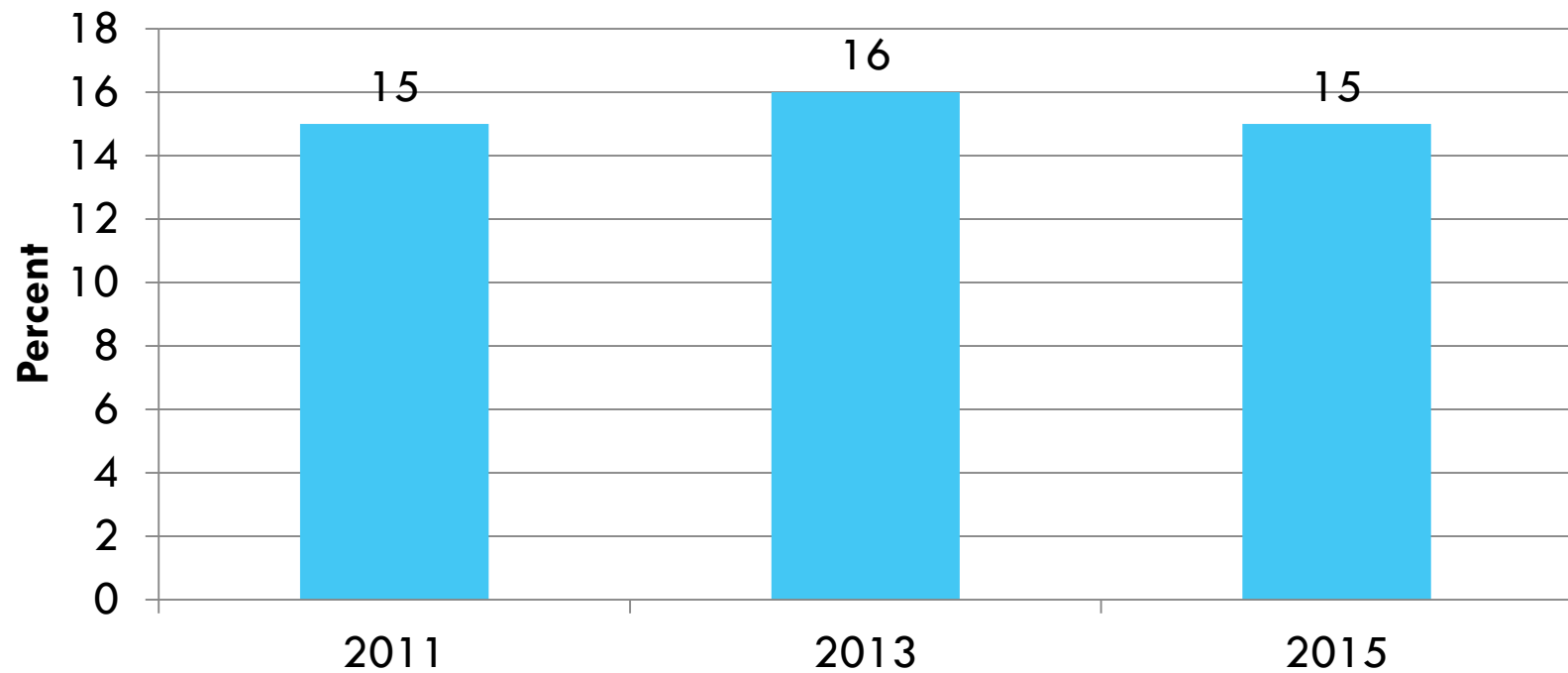
Heart Attack by County



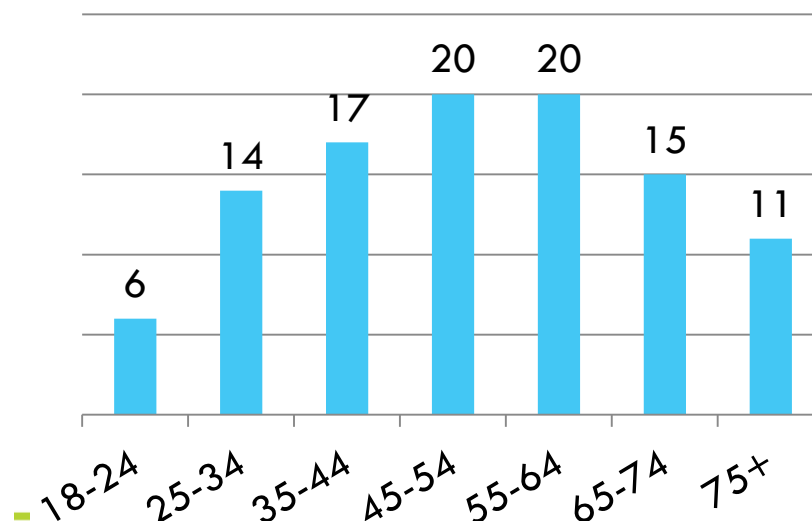
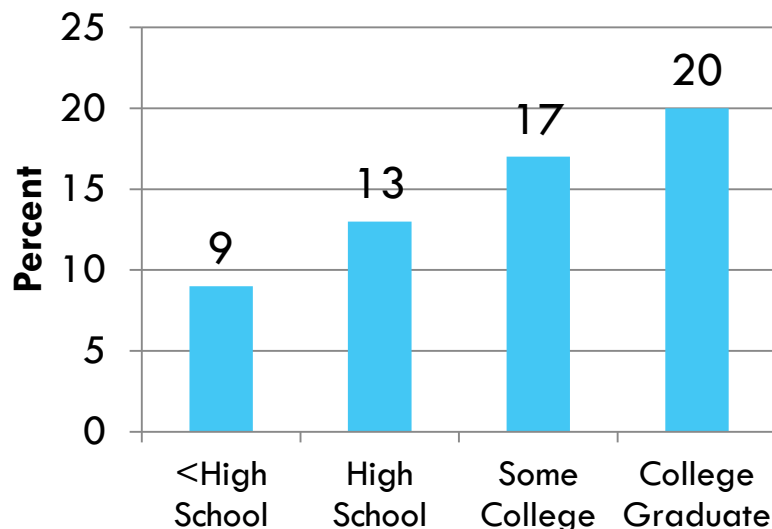
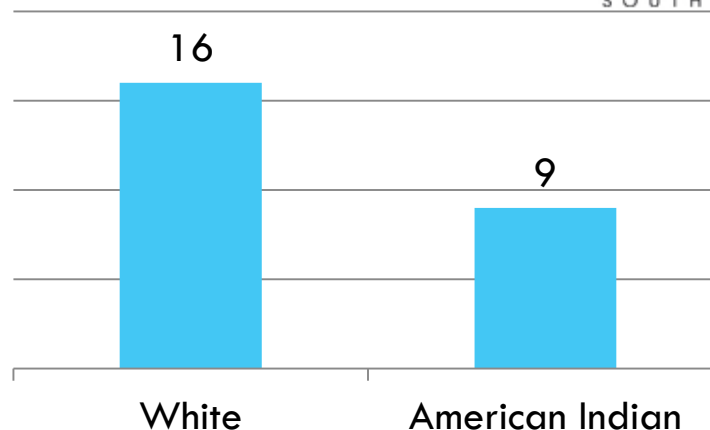
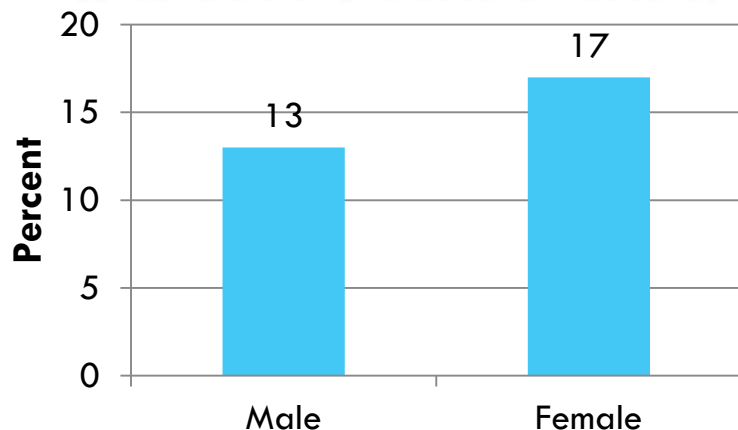
*BRFSS, 2011-2015 Combined

Heart Attack

Those Who Knew The Signs and Symptoms

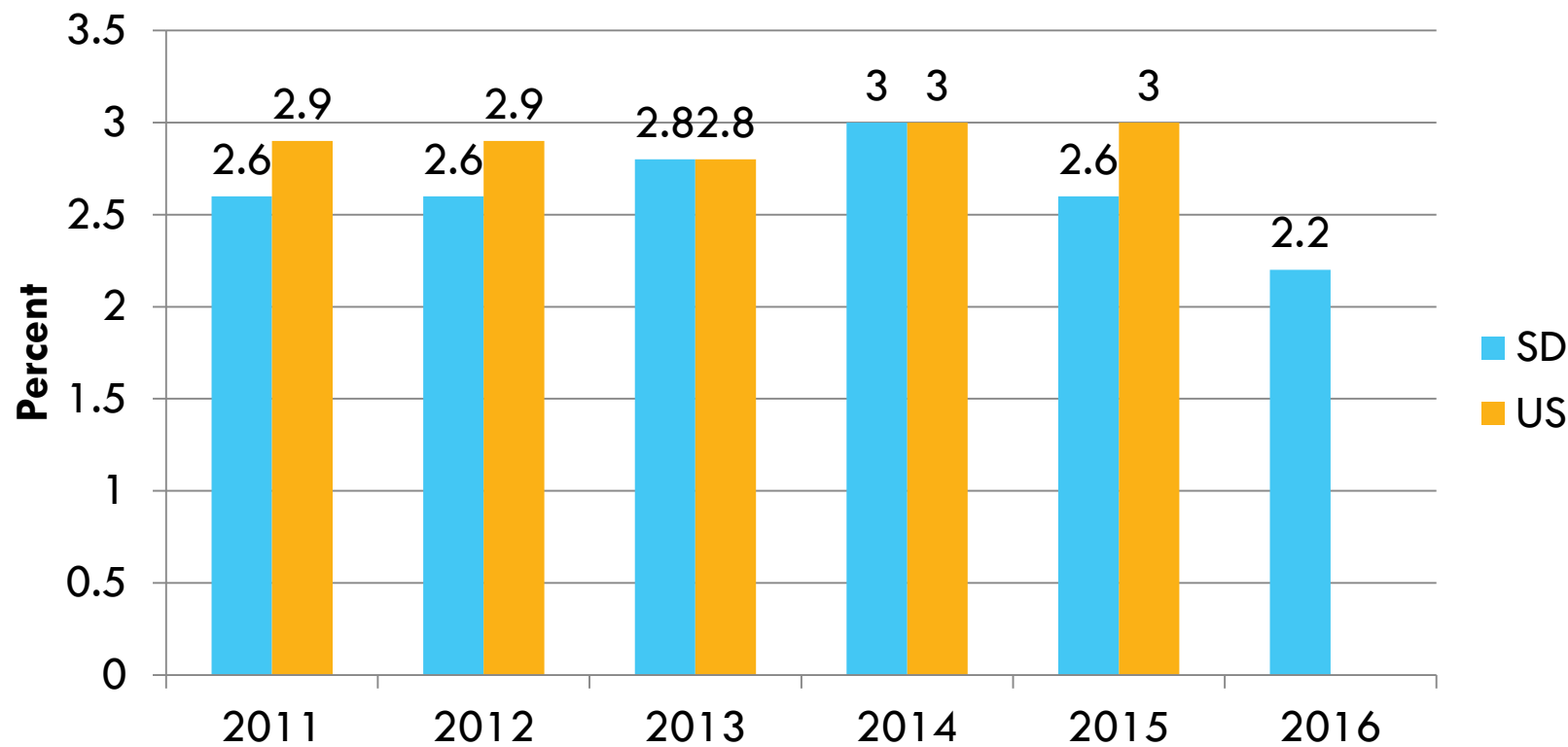


Demographics of Those Who Know Signs and Symptoms

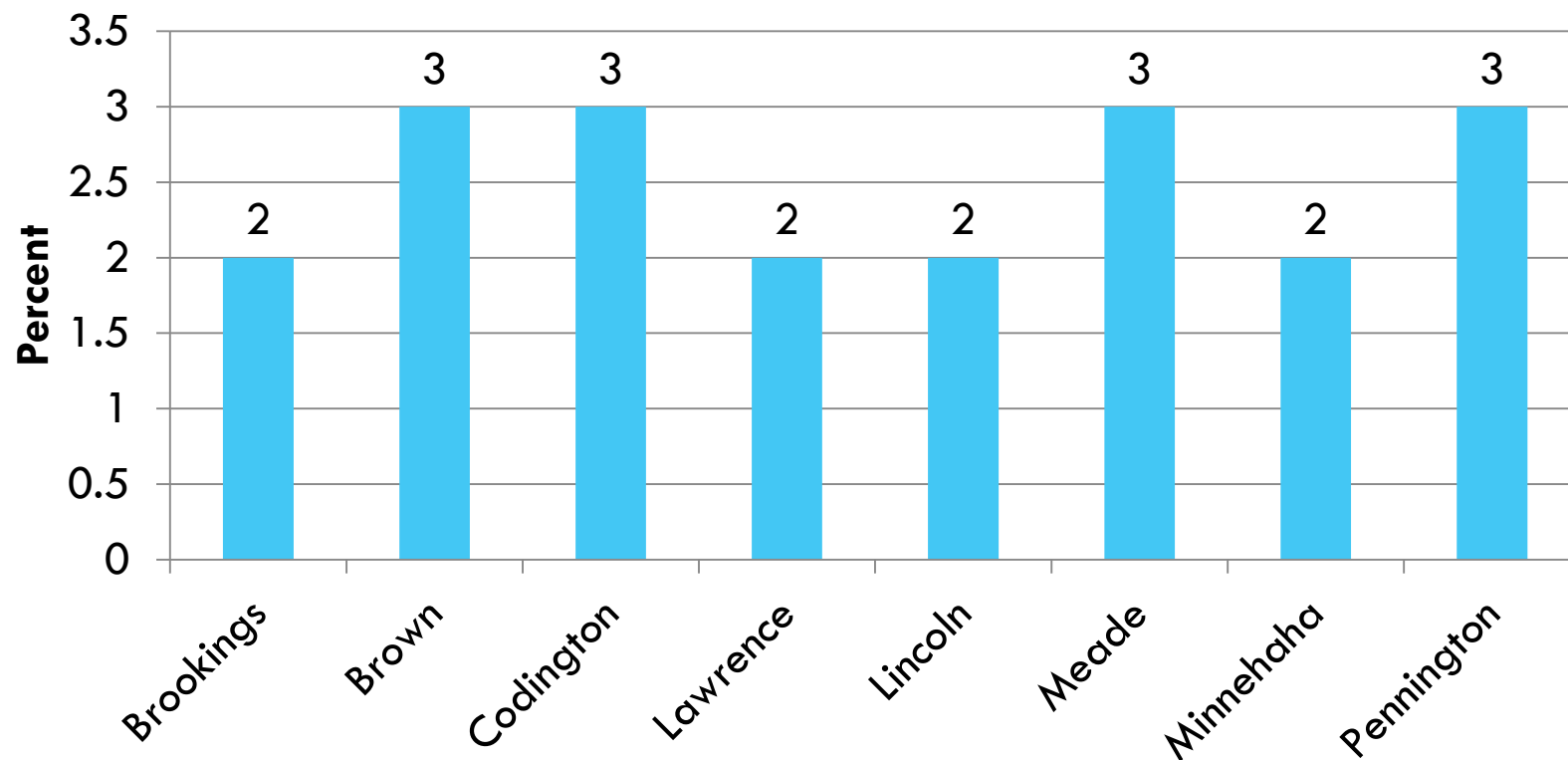


*BRFSS, 2011-2015 Combined

Stroke



Stroke by County

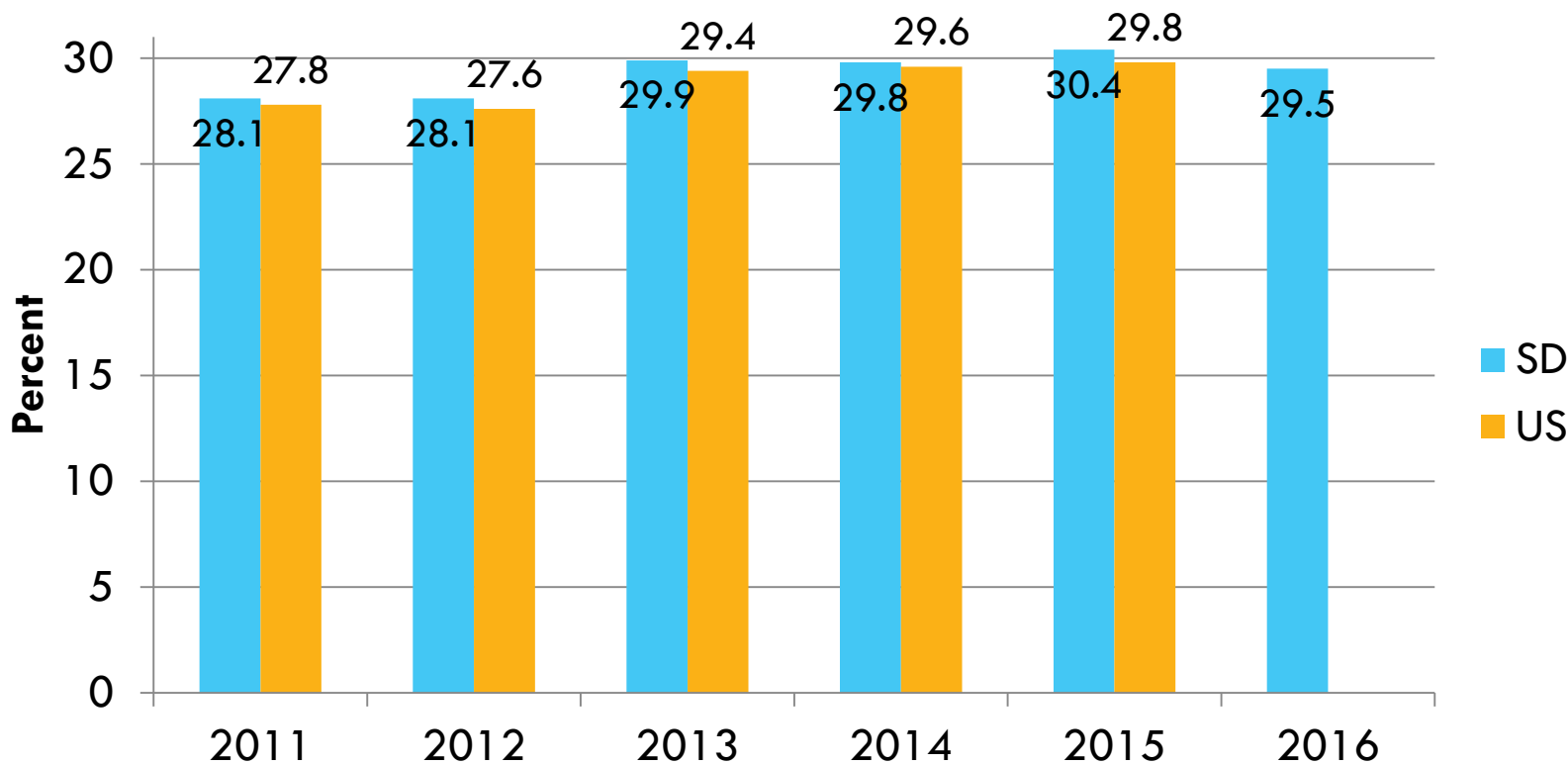


*BRFSS, 2011-2015 Combined

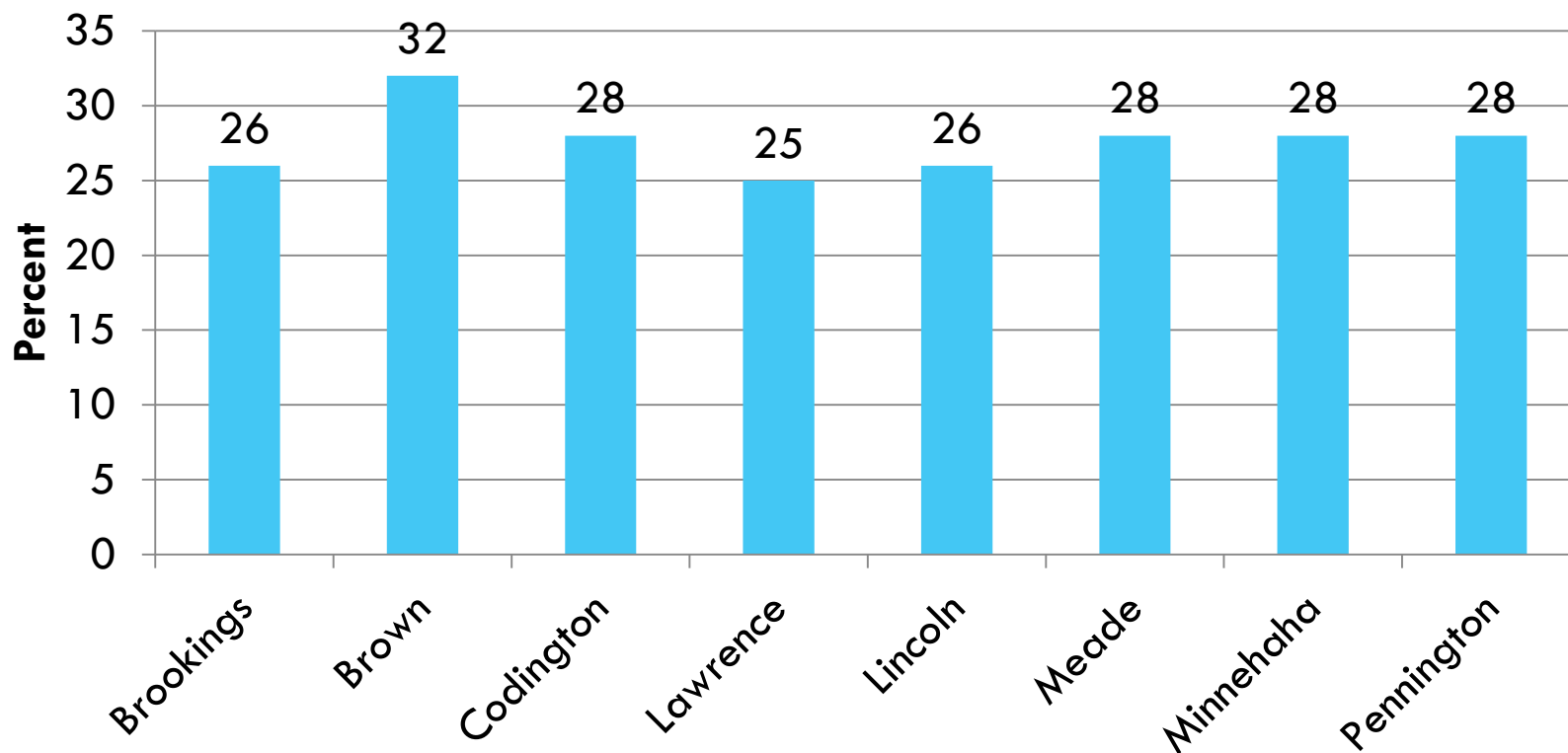
Obesity



Obesity



Obesity by County

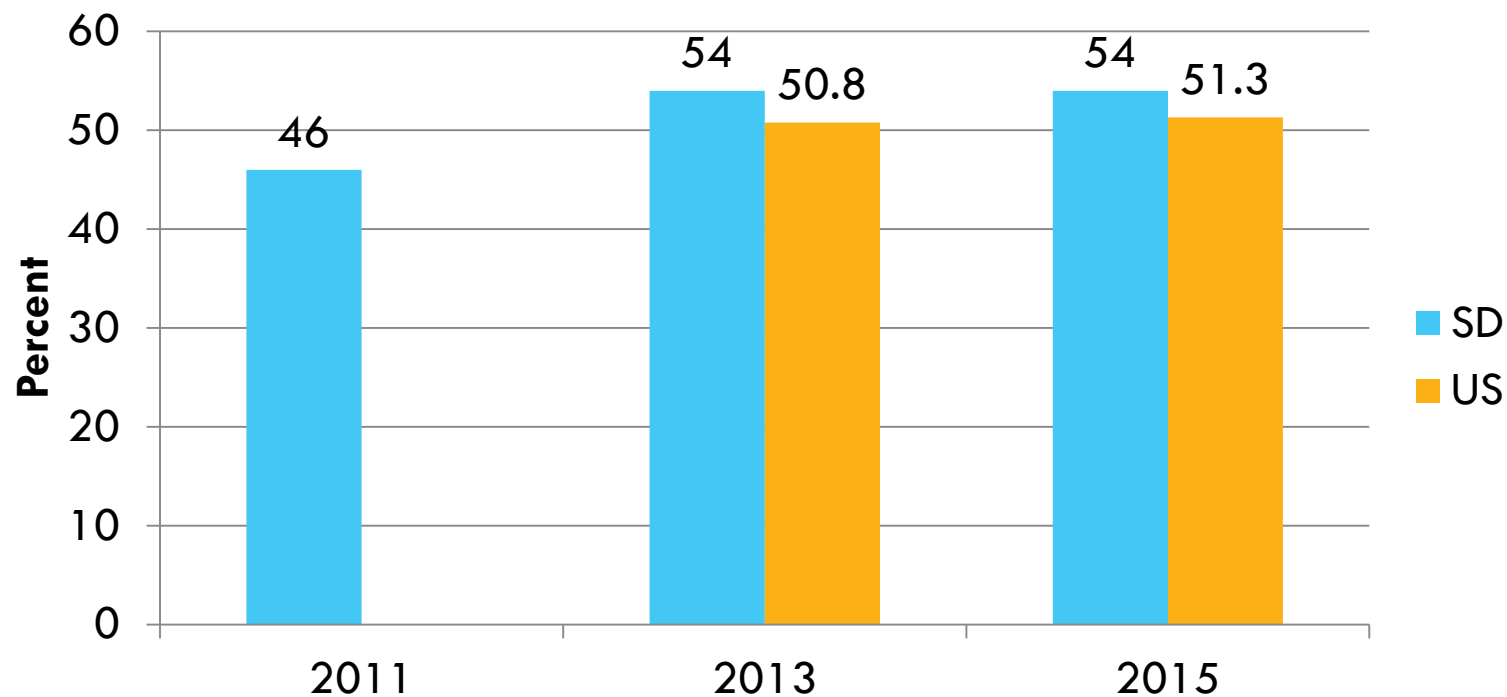


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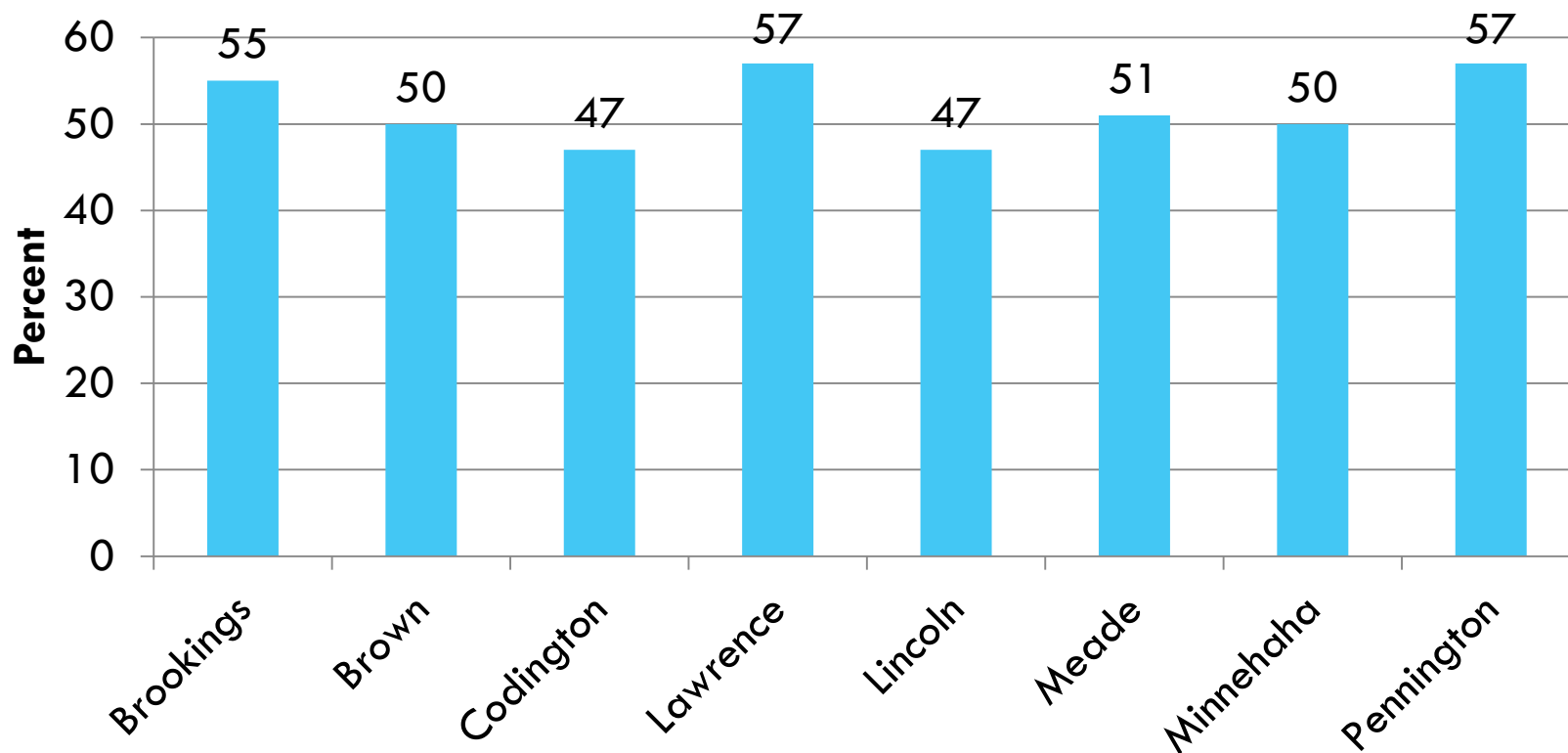
Prevention



Physical Activity

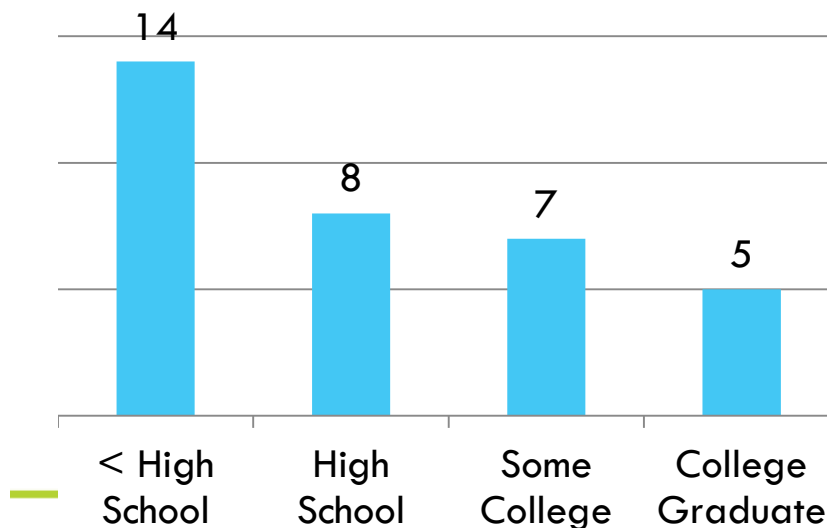
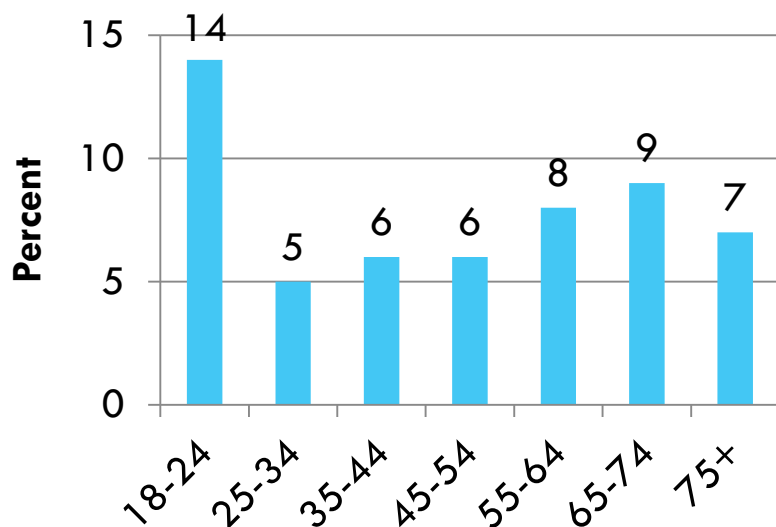
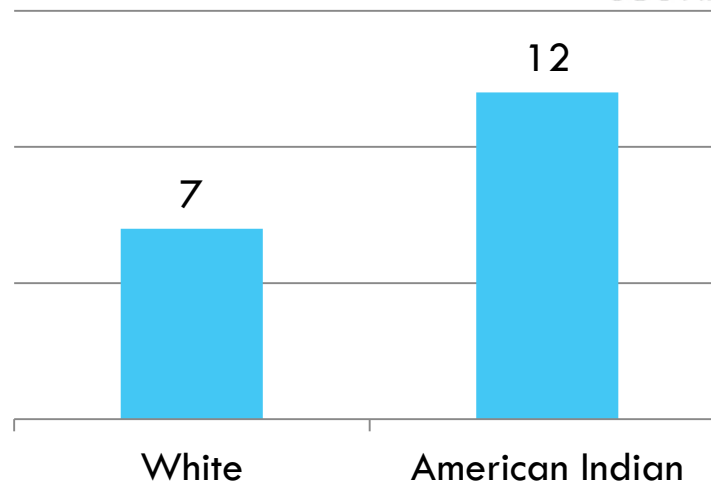
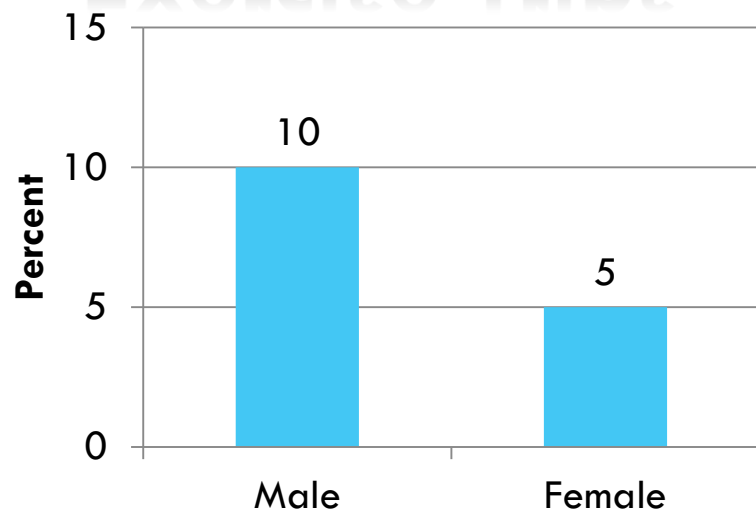


Physical Activity by County



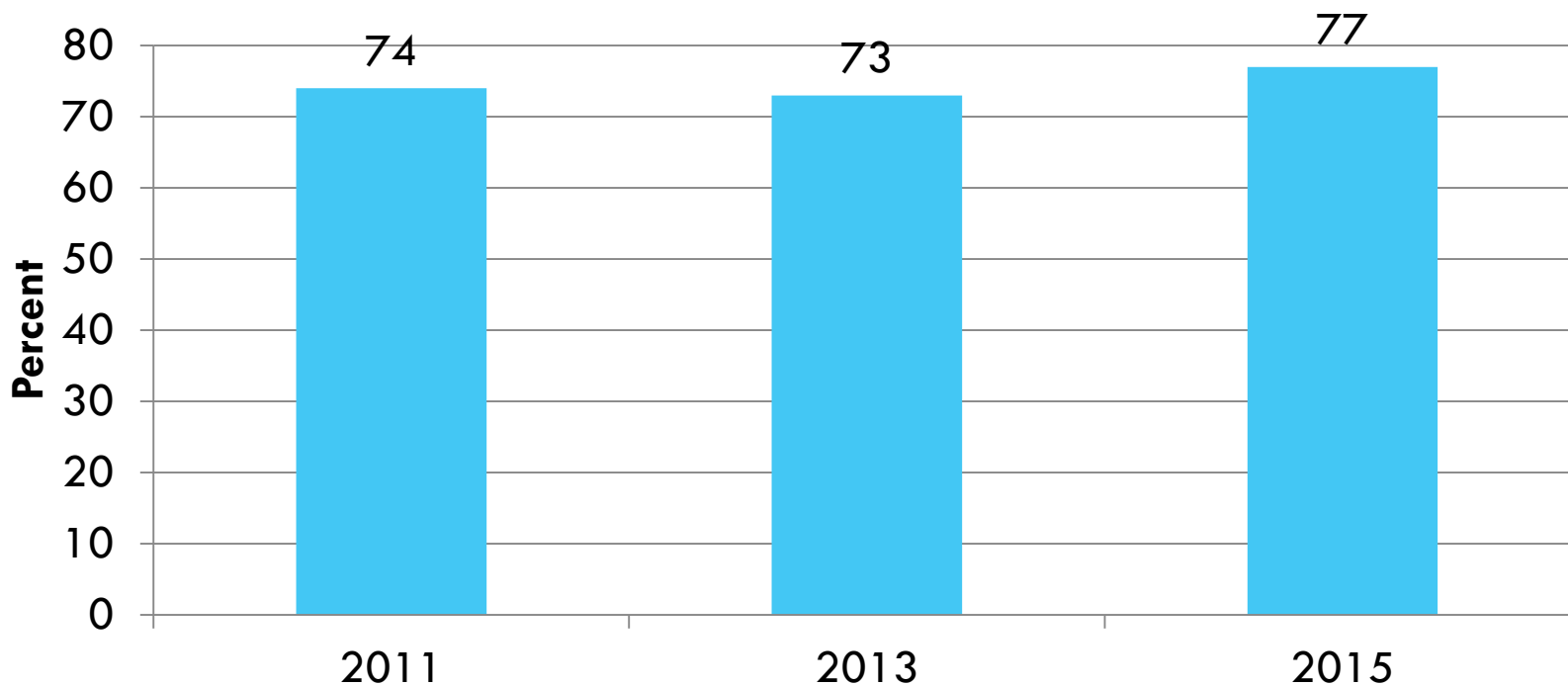
*BRFSS, 2011-2015 Combined

Exercise Trips

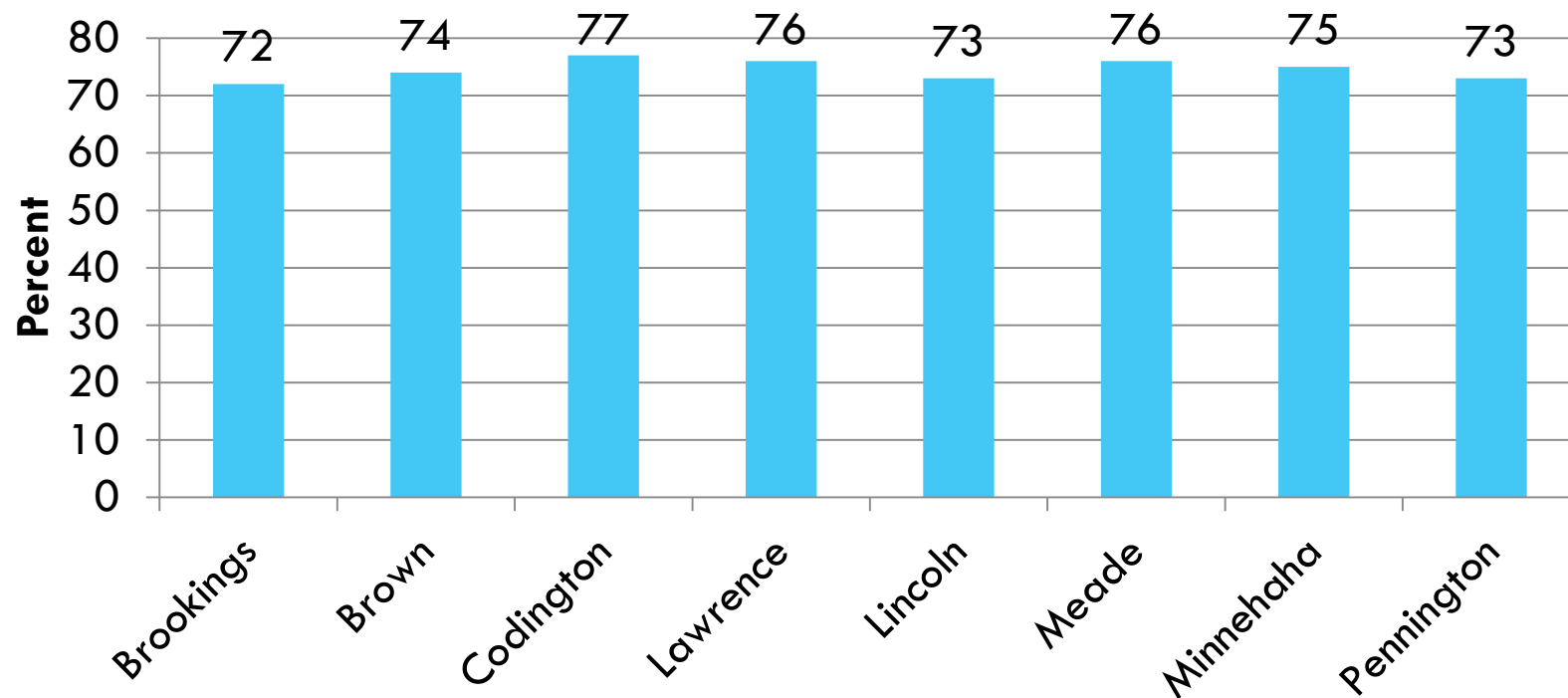


Fruits and Vegetables

Less than 2 Servings of Fruits per Day

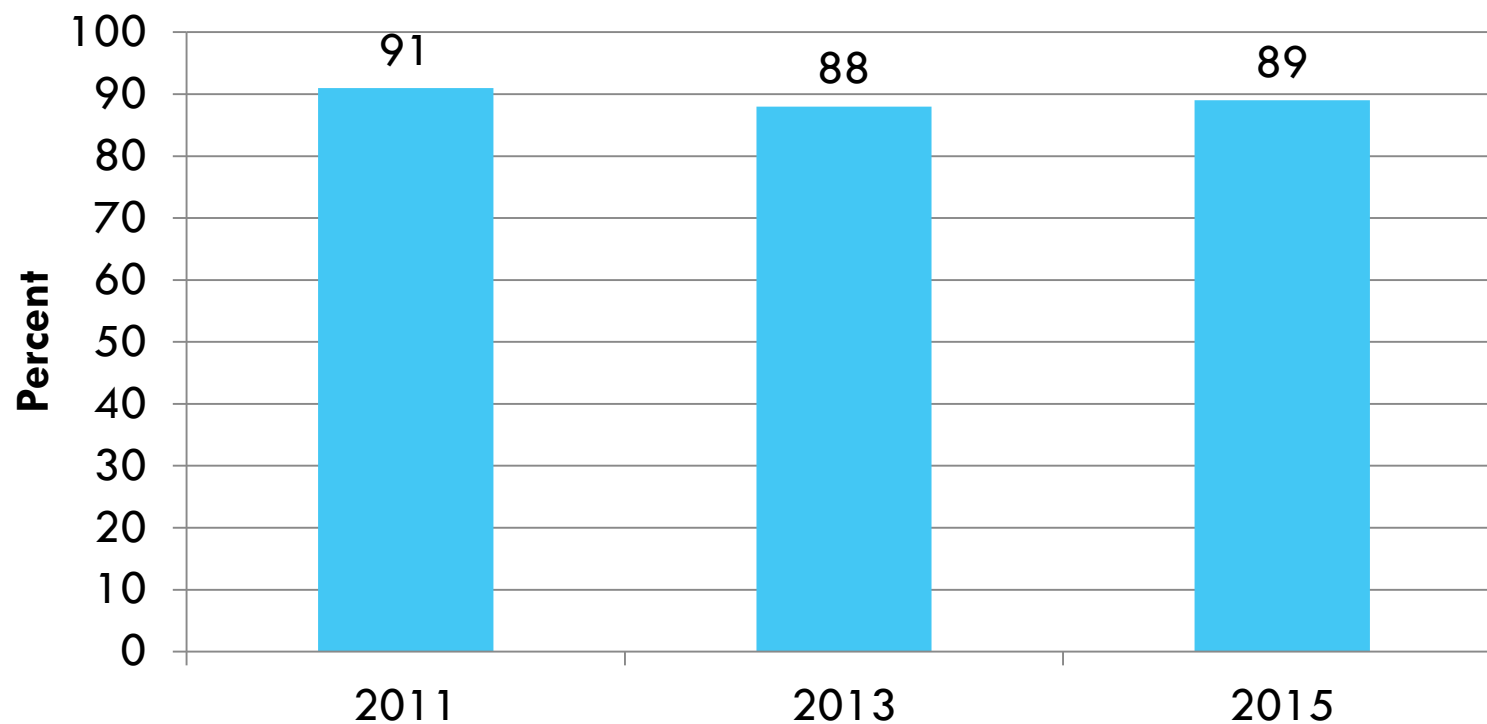


Fruits by County

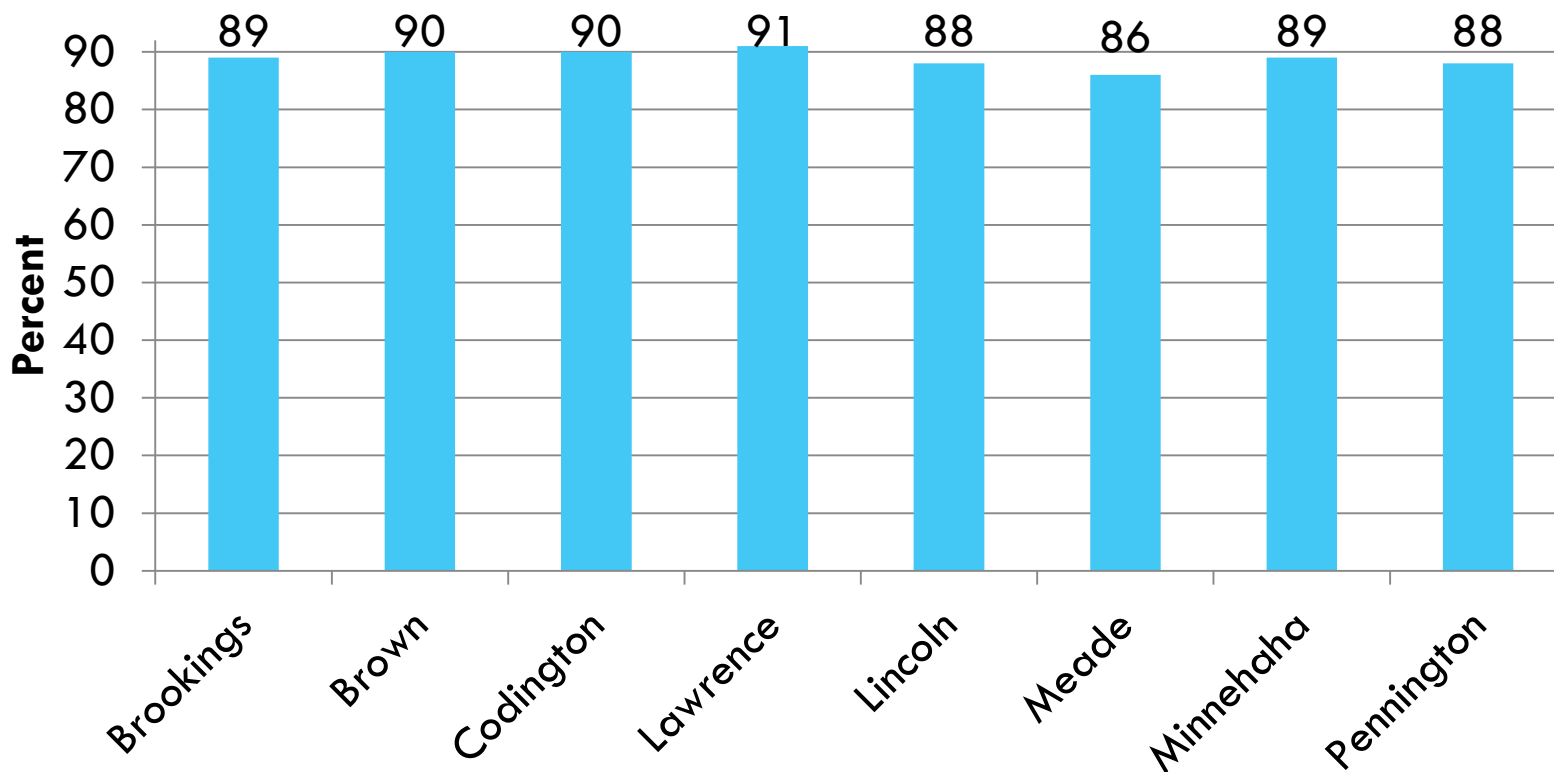


*BRFSS, 2011-2015 Combined

Less than 3 Servings of Vegetables per Day



Vegetables by County

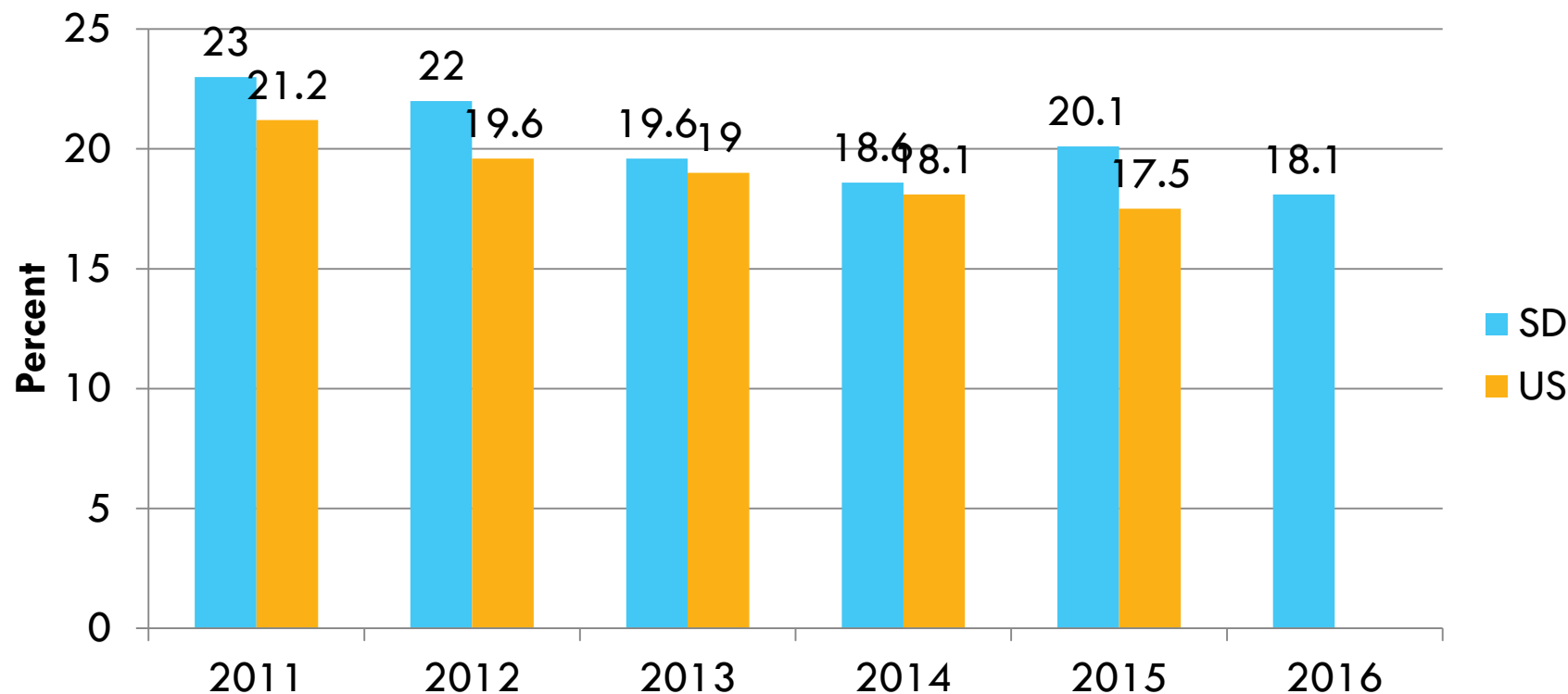


*BRFSS, 2011-2015 Combined

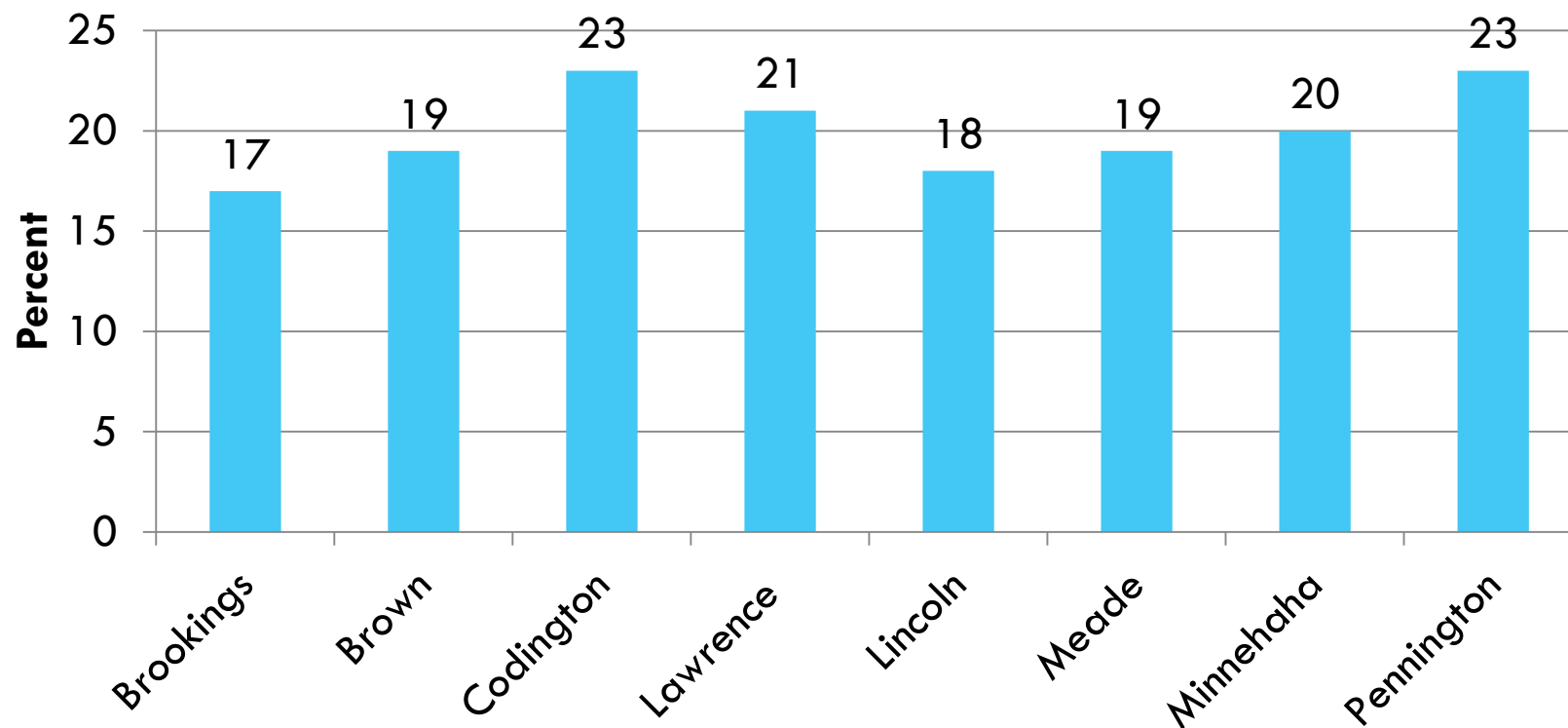
Tobacco



Smoking

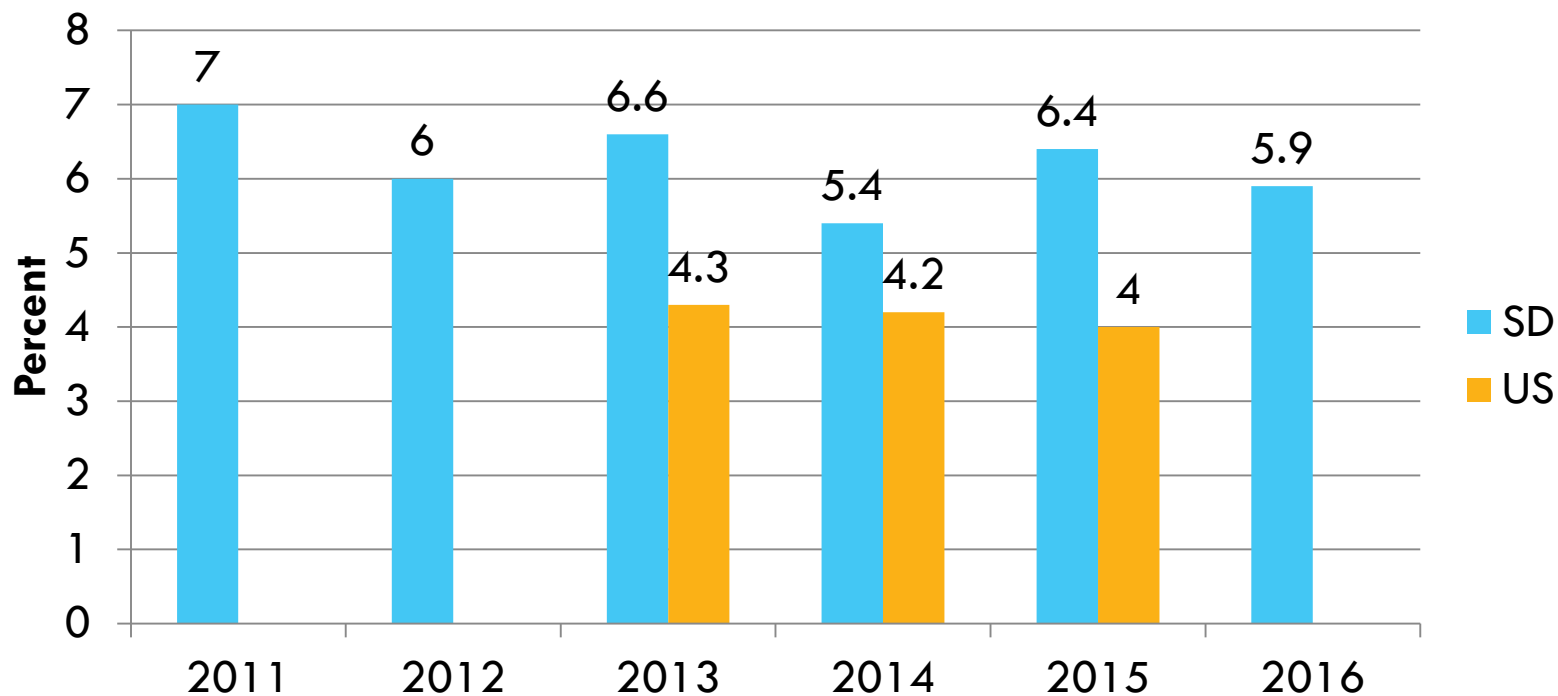


Smoking by County

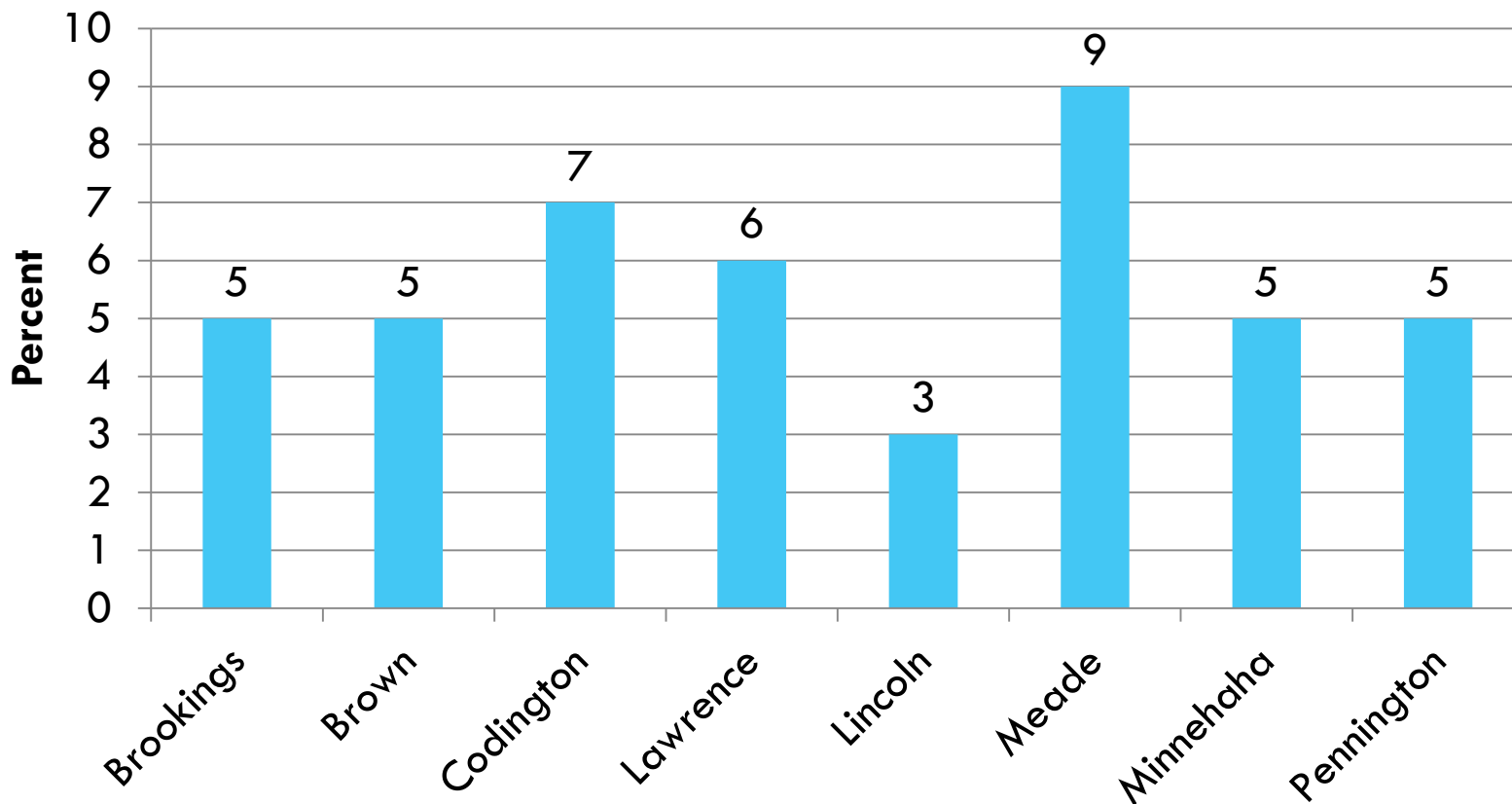


*BRFSS, 2011-2015 Combined

Smokeless Tobacco

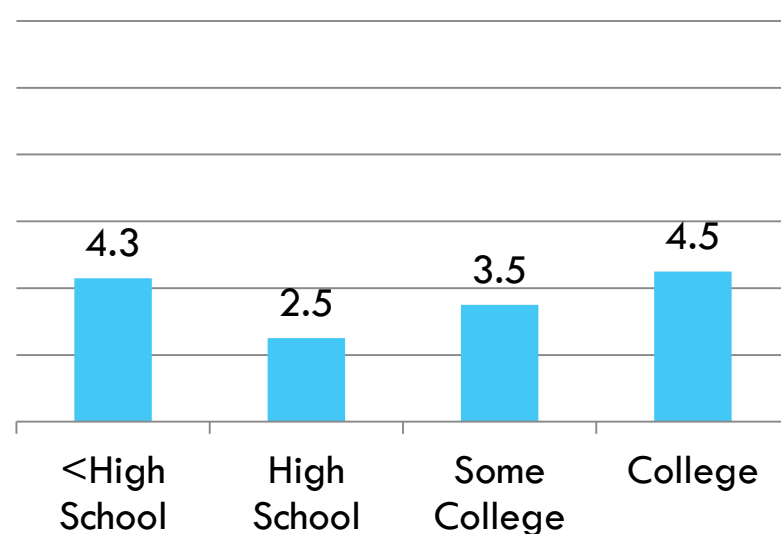
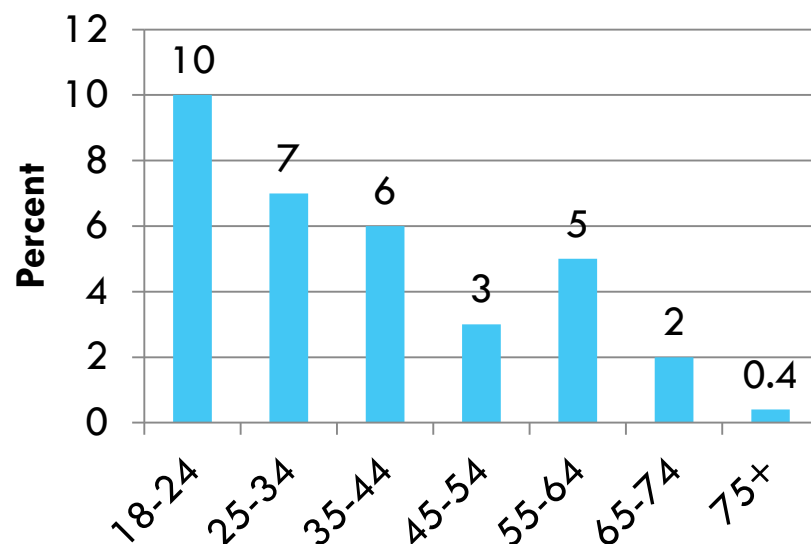
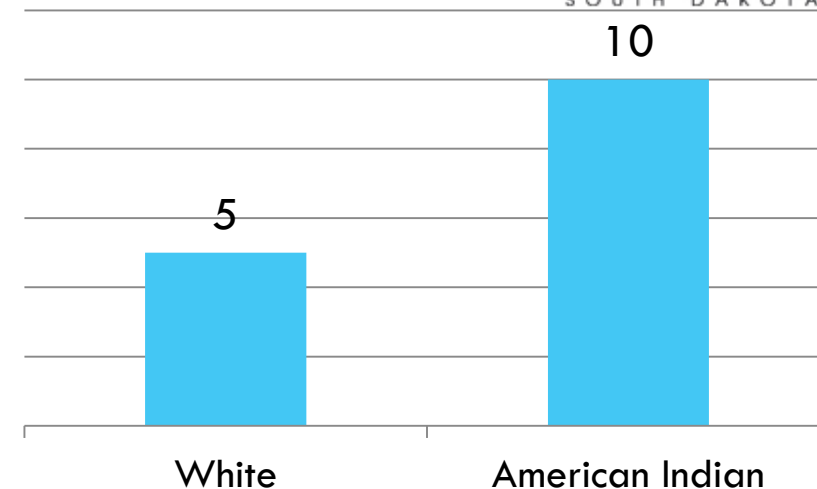
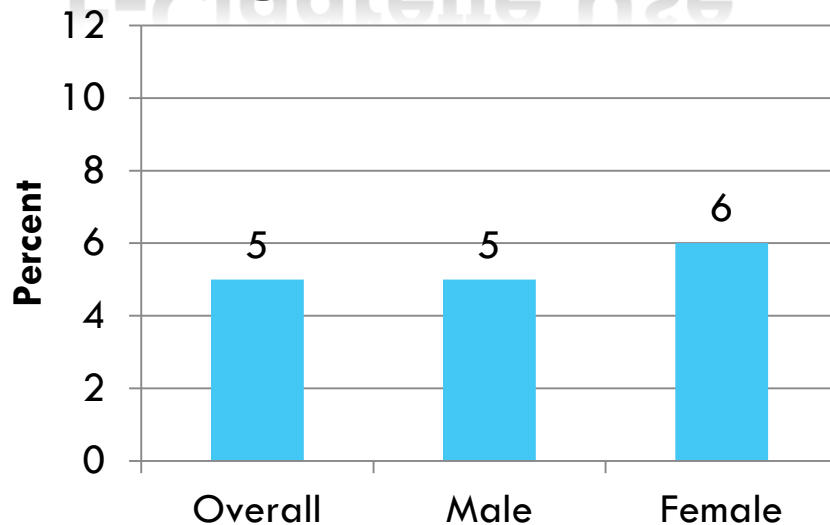


Smokeless Tobacco by County

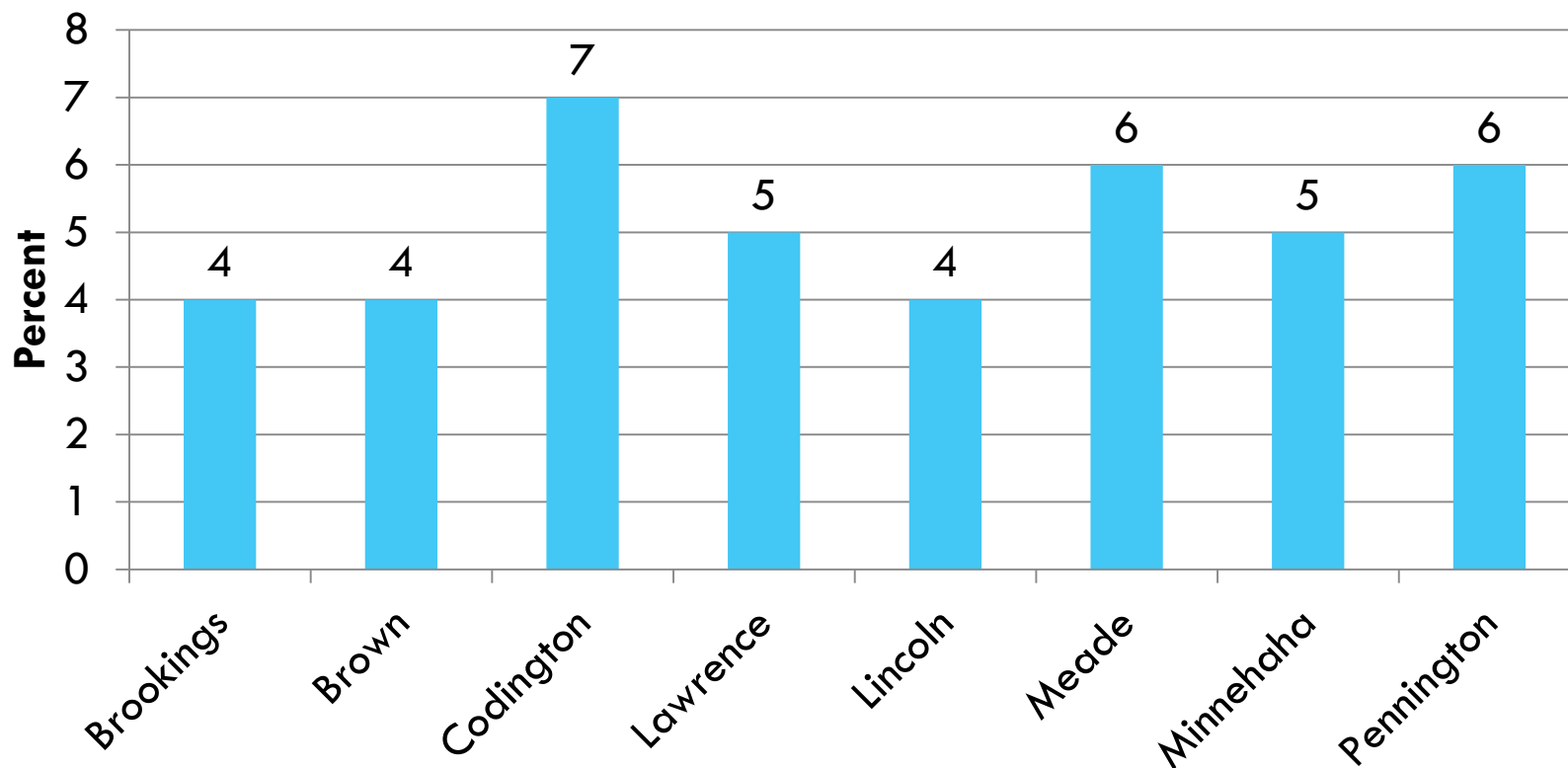


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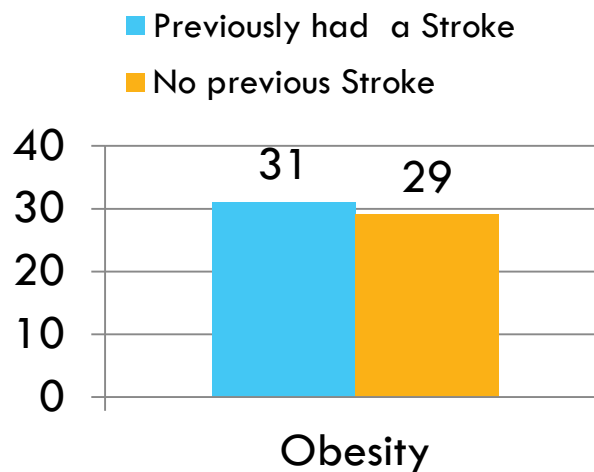
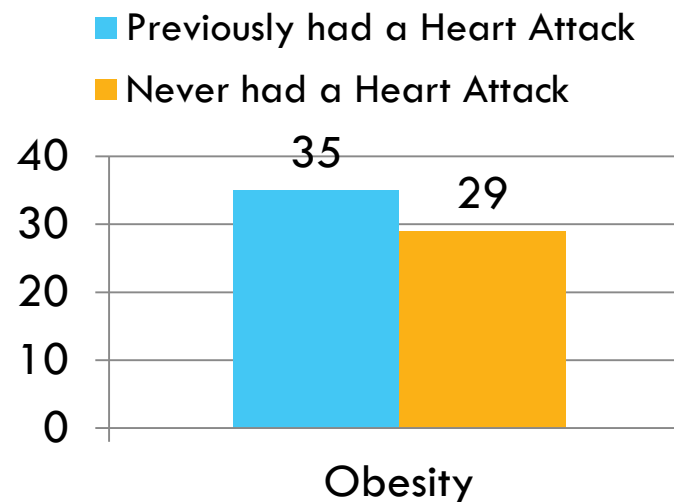
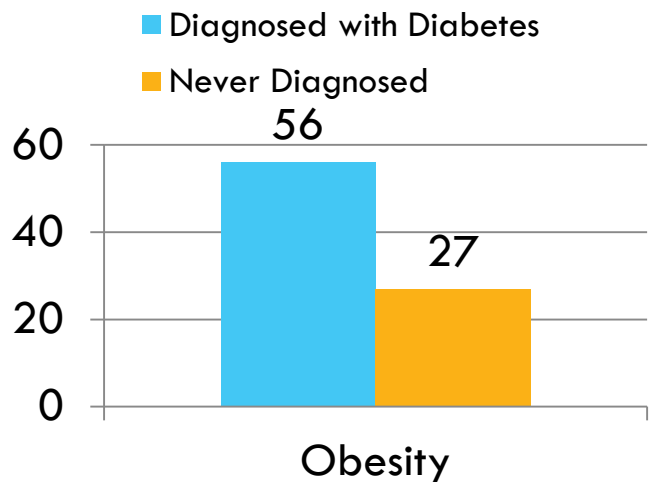
E-Cigarette Use



E-Cigarette Use by County



From the BRFSS Report



The following table shows the percent of those who currently smoke cigarettes for various health behaviors and conditions. For example, 21 percent of respondents with health insurance currently smoke cigarettes, while 45 percent of respondents who do not have health insurance currently smoke cigarettes.

**Prevalence of Cigarette Smoking for Selected Health Behaviors and Conditions,
2011-2015**

	Current Smoker
Underweight (BMI < 18.5)	32%
Recommended (BMI = 18.5-24.9)	24%
Overweight (BMI = 25.0-29.9)	19%
Obese - Class I (BMI = 30.0-34.9)	18%
Obese - Classes II & III (BMI = 35.0+)	22%
Participates in Leisure Time Exercise	19%
Does Not Participate in Leisure Time Exercise	26%
Meets Physical Activity Recommendations	19%
Does Not Meet Physical Activity Recommendations	23%
7+ Exercise Trips Per Week	22%
Less Than 7 Exercise Trips Per Week	20%
12+ Hours Sitting Per Day	23%
< 12 Hours Sitting Per Day	20%
Has 2+ Servings of Fruit per Day	13%
Has Less Than 2 Servings of Fruit per Day	23%
Has 3+ Servings of Vegetables per Day	18%
Has Less Than 3 Servings of Vegetables per Day	21%
Has 5+ Servings of Fruits and Vegetables per Day	13%
Has Less Than 5 Servings of Fruits and Vegetables per Day	22%
Uses Smokeless Tobacco	28%
Does Not Use Smokeless Tobacco	20%
Current E-Cigarette User	74%
Not E-Cigarette User	17%

Other topics that can be found in the BRFSS Report:

- Respondents who report being off their feet for 12 + hours per day (not including sleep) (6%)
- Tobacco specific questions such as work place smoking policy, advised by a health professional to quit
- Time since last routine check-up, could not see a doctor due to cost
- Physical health not good in past 30 days, mental health not good in the past 30 days
- Poor physical or mental health kept them from doing their usual activities
- Children's oral health
- Respondents who have an advance directive (31%)
- And many more.....



Questions?