

CHRONIC DISEASE IN SOUTH DAKOTA

RISK FACTORS

TOBACCO



17.7%

of all deaths in South Dakota in 2011 were in part caused by tobacco including 13% of all heart disease

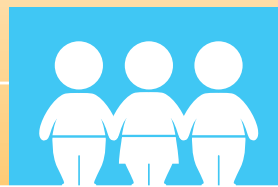
PHYSICAL INACTIVITY



16%

of South Dakotans met the recommended amount for both aerobic and muscle strengthening activity

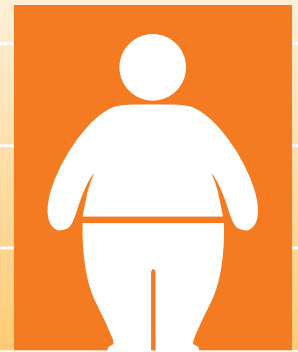
OVERWEIGHT CHILDREN



33%

of school age children are overweight or obese

OVERWEIGHT ADULTS



64%

of South Dakotans are overweight or obese

TOP 5

LEADING CAUSES OF DEATH between 2007 and 2011 in South Dakota were due to **Chronic Disease**

- 1** **23.6%** HEART DISEASE
- 2** **22.7%** CANCER
- 3** **6.6%** CHRONIC LOWER RESPIRATORY DISEASES
- 4** **5.9%** CEREBROVASCULAR DISEASES
- 5** **5.6%** ALZHEIMER'S DISEASE

MORE FACTS



Multiple Chronic Conditions increase the risk for dying, hospitalizations and limitations in daily activities.



An estimated **1/3** of South Dakota adults have more than one Chronic Condition.



Nationally **1 in 15** children have multiple chronic conditions (MCC).



Approximately **66%** of the total U.S Health Care spending is associated with care for those with MCC.



Smokers are **2-4** times more likely to have coronary heart disease or suffer a stroke than non-smokers. **143,000 South Dakota adults are current smokers.**

SOURCES
 SD BRFSS: <http://doh.sd.gov/statistics/>
 2011 SD Mortality Report: <http://doh.sd.gov/Statistics/2011Vital/Mortality.pdf>
 SD School Height and Weight Report: <http://doh.sd.gov/statistics/assets/2011-2012Report.pdf>
 Health Effects of Cigarette Smoking: http://www.cdc.gov/tobacco/data_statistics/fact_sheets/health_effects/effects_cig_smoking/index.htm
 HHS Initiative on Multiple Chronic Conditions: <http://www.hhs.gov/ash/initiatives/mcc/>