

CHRONIC DISEASE IN SOUTH DAKOTA

RISK FACTORS

TOBACCO



17.2%

of all deaths in South Dakota in 2014 were in part caused by tobacco including 16.8% of all heart disease

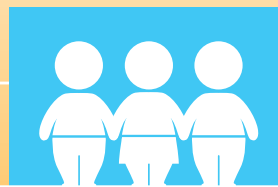
PHYSICAL INACTIVITY



18.4%

of South Dakotans met the recommended amount for both aerobic and muscle strengthening activity

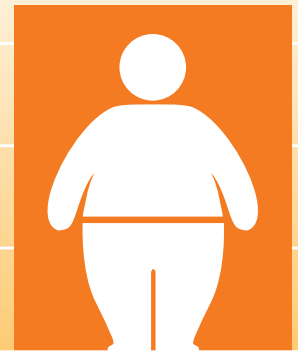
OVERWEIGHT CHILDREN



32%

of school age children are overweight or obese

OVERWEIGHT ADULTS



65%

of South Dakotans are overweight or obese

TOP 5

LEADING CAUSES OF DEATH between 2010 and 2014 in South Dakota were due to **Chronic Disease**

- 1 22.61% HEART DISEASE
- 2 22.59% CANCER
- 3 6.3% CHRONIC LOWER RESPIRATORY DISEASES
- 4 5.9% ALZHEIMER'S DISEASE
- 5 5.8% CEREBROVASCULAR DISEASES

MORE FACTS



Multiple Chronic Conditions increase the risk for dying, hospitalizations and limitations in daily activities.



An estimated **1/3** of South Dakota adults have more than one Chronic Condition.



Nationally **1 in 15** children have multiple chronic conditions (MCC).



Approximately **66%** of the total U.S Health Care spending is associated with care for those with MCC.



Smokers are **2-4** times more likely to have coronary heart disease or suffer a stroke than non-smokers. **120,000 South Dakota adults are current smokers.**

SOURCES
 SD BRFSS: <http://doh.sd.gov/statistics/>
 2014 SD Mortality Report: <http://doh.sd.gov/documents/statistics/HeightWeight2013-2014.pdf>
 SD School Height and Weight Report: <http://doh.sd.gov/documents/statistics/HeightWeight2013-2014.pdf>
 Health Effects of Cigarette Smoking: http://www.cdc.gov/tobacco/data_statistics/fact_sheets/health_effects/effects_cig_smoking/index.htm
 HHS Initiative on Multiple Chronic Conditions: <http://www.hhs.gov/ash/initiatives/mcc/>