

DEVELOPMENT AND IMPLEMENTATION OF A
NATIONAL DIABETES PREVENTION PROGRAM

Resources for Prospective Organizations

The National Diabetes Prevention Program is an evidence-based lifestyle change program developed by the Centers for Disease Control and Prevention (CDC). The program is effective in reducing the risk of developing type 2 diabetes by 58-71%. The program guides participants to increase physical activity, eat healthy, manage stress, and more.

Use the following resources to learn more about prediabetes, the National Diabetes Prevention Program, and the many resources available to support diabetes prevention.

SOUTH DAKOTA



diabetes.sd.gov



CDC's National Diabetes Prevention Program

- About prediabetes
- Research and evidence behind the program
- Screening and referral tools
- Marketing resources
- Health plan coverage information
- Diabetes Prevention Impact Toolkit
- Prevent T2 curriculum
- Infographics about [prediabetes](#) and the [National Diabetes Prevention Program](#)
- [Your Health](#) prediabetes video series with Joan Lunden
- Instructions on how to [become a recognized National Diabetes Prevention Program](#)
 - Includes recognition requirements, curricula, staff training, marketing resources, data submission assistance, and more

Prevent Diabetes STAT

- Sections for Patients/Partners, Healthcare Professionals, Employers/Insurers
- Testimonials from patients and providers
- [Prediabetes quick stat overview](#) (prevalence, burden, patient identification, treatment, referral)
- Prevent Diabetes STAT toolkit (information for engaging healthcare teams and patients, incorporating screening, testing, and referral pathways, and more)
- Diabetes prevention cost savings calculator
- [Infographics](#) for employer and/or health plan audience
- Guidance for billing and commonly used [ICD and CPT codes](#)

Do I Have Prediabetes

- Online risk test
- Lifestyle tips to manage weight, get active, eat healthier, and quit smoking
- Free text message tips for nutrition and physical activity
- Ad Council campaign videos for prediabetes public awareness

Medicare Diabetes Prevention Program (MDPP) Expanded Model

- Program details for planned Medicare coverage of the National Diabetes Prevention Program
- Milestones and updates
- Downloadable MDPP fact sheet
- Downloadable rule fact sheet and proposed physician fee schedule

American Medical Association STEPS Forward™

- CME module for medical providers about prediabetes and the National Diabetes Prevention Program
- Downloadable tools for preventing type 2 diabetes in at-risk patients, diabetes risk assessment, ICD and CPT codes, E.H.R. algorithm for identifying at risk patients, and more
- Connect with a practice consultant to adopt new practices

The Community Guide

- Recommendations for combined diet and physical activity programs for type 2 diabetes prevention
- Recommendations for engaging Community Health Workers in diabetes prevention

American Association of Diabetes Educators

- [White paper](#) of recommendations for community-based screening for prediabetes and diabetes
- [AADE Prevention Network](#) provides online tools, resources, and guidance to assist in preparing, delivering, and sustaining a National Diabetes Prevention Program

South Dakota Department of Health

- Health Data and Statistics
- [Diabetes Prevention and Control Program](#) information for patients and healthcare professionals
- [How to engage healthcare providers](#)
- [Working with Payors](#)
- [Working with State Agencies and Organizations](#)

South Dakota Diabetes Coalition

- Information for patients and family, educators, and healthcare professionals
- Locate diabetes educators map



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