



South Dakota Palliative Care Network

Support Across the Plains

Improving Knowledge & Awareness of Palliative Care through a Statewide Network

By: Charlene Berke, RT (R)(T), ARRT
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Learning Objectives

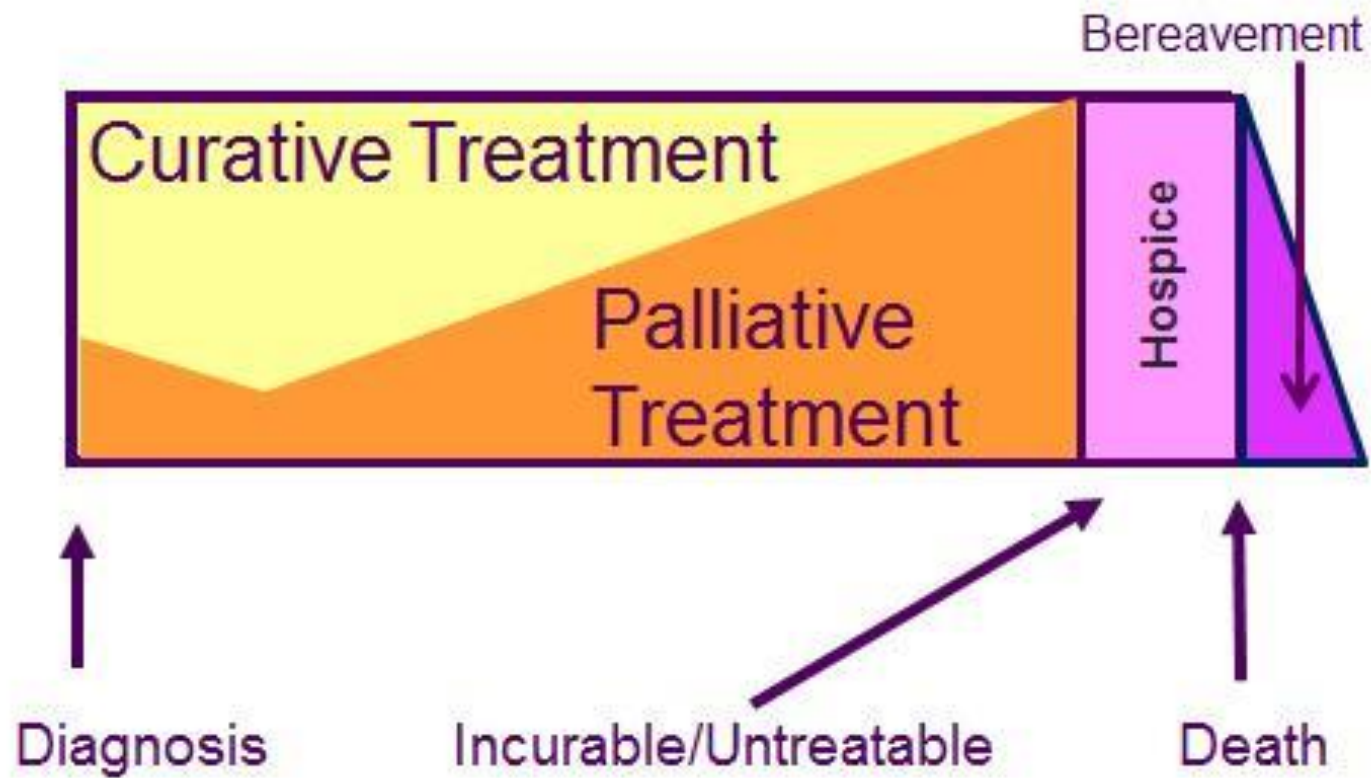
1. Describe palliative care and differentiate between primary and specialty palliative care.
2. Discover three resources related to palliative care that one can use and promote to their organization.
3. Recognize the statewide efforts being undertaken related to palliative care and how these efforts will better support people living with serious/chronic illness.

Palliative Care

Palliative care is medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of illness with the goal to improve quality of life for both the patient and family.

Effective palliative care is delivered by a trained team of doctors, nurses, social workers, chaplains, and other health professionals who collaborate to provide an extra layer of support. Based on the needs of the patient, not on prognosis, palliative care is appropriate at any age and any stage of serious illness and may be provided alongside curative treatments in primary and specialty settings.

Palliative Care: The Integrated Model

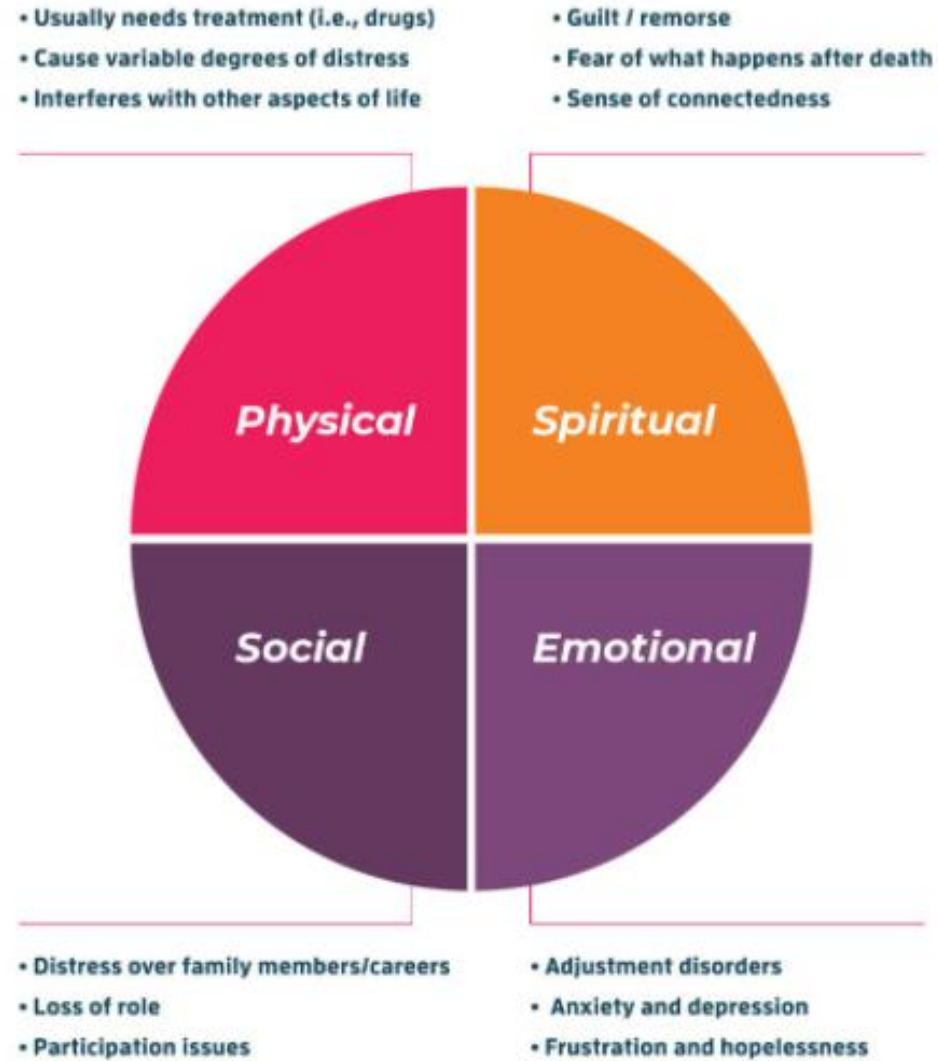


Interdisciplinary Team Approach



Palliative: Whole Person Care

Kells Home Healthcare Inc. 2021



Improves Quality of Life & Lowers Symptom Burden

- Time to devote to intensive family meetings and patient/family counseling
- Skilled communication about what to expect in the future in order to ensure that care is matched to the goals and priorities of the patient and the family. Informed Consent.
- Expert management of complex physical and emotional symptoms, including complex pain, depression, anxiety, fatigue, shortness of breath, constipation, nausea, loss of appetite, and difficulty sleeping. *Palliative cannot cure the disease but can manage the symptoms surrounding the disease*
- Coordination and communication of care plans among all providers and across all settings

Differences between Primary and Specialty Palliative Care

Primary Palliative Care

Applicable to all patients, diagnosis through survivorship or end of life care

Scope of practice within the domain of primary oncology team

Low resource and infrastructure burden

Requires less coordination of care, if any, with palliative specialists

Provision of traditional treatment modalities (e.g. oral opiates for pain)

Example:
72yo male with a diagnosis of metastatic prostate adenocarcinoma with progressive low back pain who has been compliant with his usual pain medicine..

Specialty Palliative Care

Specialized care for patients with sufficient psychosocial, cultural, or symptomatic complexity

Intensive, focused and tailored treatment approached in a patient-to-patient basis

Heavier resource and infrastructure burden

Increased care coordination between primary oncologist and palliative specialist required

Provision of advanced treatment modalities (e.g. methadone or Ketamine for pain)

Example:
62yo female with a diagnosis of lung adenocarcinoma who is in significant pain but refuses to use her pain medications because "God wants me to feel the pain of my sins."

Palliative Care Referral Triggers

*Primarily referred for symptom management
or goals of care*

- ▶ Patient and/or family could benefit from an extra layer of support
- ▶ Uncontrolled pain or symptom
- ▶ Multiple medications and/or multiple pharmacies
- ▶ Decline or weight loss
- ▶ Prior to PEG, dialysis, chemo, or other aggressive measures in the frail
- ▶ Frequent falls
- ▶ Multiple hospitalizations
- ▶ Uncertainty about prognosis

Additional Palliative Care Referral Triggers

- ▶ Communication. The final trigger and maybe most important.
 - ▶ Education regarding aggressive versus comfort care
 - ▶ Unrealistic expectations
 - ▶ Confusion among family members regarding plan of care and prognosis
 - ▶ Discussion of advance directives
 - ▶ Living wills
 - ▶ SD MOST
 - ▶ Surrogates and Guardianship
 - ▶ Patient and family would benefit from an extra layer of support

South Dakota Palliative Care Network (SDPCN)

- ▶ Planning Grant
 - ▶ 61 Individuals from 28 Organizations
- ▶ Needs Assessments
 - ▶ Focus Groups
 - ▶ Across the state, urban and rural
 - ▶ Patients and Caregivers
 - ▶ Healthcare Professionals

3 Key Areas

1. Provide Education on Palliative Care
2. Facilitate Discussion on Reimbursement for Palliative Care Services
3. Support Healthcare Facilities in Delivery of High-Quality Palliative Care Services

SDPCN - Rural Health Network Development Program

► Co-Project Directors

- Charlene Berke
- Sarah Mollman

► Network Director

- Mari Perrenoud

► Partner Organizations

- Avera Sacred Heart Hospital (Awardee)
- South Dakota State University
- Presentation College
- Mount Marty University

Avera applied and received a grant from Federal Office of Rural Health Policy (FORHP) Rural Health Network Development (RHND) Program in the US Dept of Health & Human Services Administration (HRSA)

“This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$900,000 with a percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.”

SDPCN - Network Building

- ▶ Grown to 165 individuals from 29 organizations.
- ▶ Directory of palliative organizations & professionals
 - ▶ Regional connections
- ▶ Resource Sharing
 - ▶ Quarterly eNewsletter
 - ▶ Provider Feature
 - ▶ Upcoming events

SDPCN Collaboration

BUSH Grant - USD

- ▶ Focus - ECHO primary palliative education
- ▶ Support individual palliative care providers through tele-mentoring
- ▶ Foster palliative care communities in remote areas by providing central support

NIH Grant - Mass General


- ▶ Characterize the barriers to living well faced by cancer patients living in the Cheyenne River, Pine Ridge, and Rosebud Sioux reservations
- ▶ Create a palliative care educational program and intervention that is culturally relevant to patients living on tribal lands in South Dakota and beyond


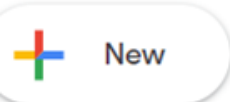




SDPCN Aims

- ▶ Increase awareness & knowledge of primary palliative care across the region:
 - ▶ Post-Secondary Education
 - ▶ Start with nursing programs fall of 2021
 - ▶ Continuing education: Healthcare professionals
 - ▶ Online - CE Portal - Accessible to everyone
 - ▶ Community Education (including patients and families)
 - ▶ 16 communities throughout SD

Post-Secondary Education

- ▶ AACN Competencies - Preparing Nurses to Care for the Seriously Ill & their Families (CARES & G-CARES)
- ▶ Primary Palliative Care Best Practices Resources
 - ▶ Undergraduate
 - ▶ Graduate
 - ▶ Created by education & palliative care experts

 Drive

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Search in Drive

My Drive > Palliative Care Best Practice Resources

Name	Owner	Last modified
Faculty Resources	me	May 10, 2021 me
Graduate Resources	me	Jul 1, 2021 me
Undergraduate Resources	me	Jul 1, 2021 me

Post-Secondary Education: Undergraduate Resources

My Drive > Palliative Care Best Practice Resources

Name ↑



How to Use Resources.mp4



RoleoftheChampion.SDPCN Presentation Template.mp4



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Name ↑

Owner



Communication

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Community/Population Health

me



Cultural Issues

me



Ethical/Legal

me



Fundamentals

me



Health Assessment

me



Nursing Leadership

me



Nursing Management

me



Nursing Research

me



Pharmacology

me



Psychiatric/Mental Health Nursing

me








Simulations

me















START HERE

Theresa Garren

Name ↑		Owner
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	Communication PPT.pdf 	Brandi Pravecek
	Communication.pdf 	Brandi Pravecek

My Drive > ... > Communication > Resources Communication


Name ↑	
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	Communication in Palliative Care.pdf 
	Four Communication Skills from Psychiatry Useful in Palliative Care and How to Te... 
	Increasing Nurses' Palliative Care Communication Skills.pdf 
	SouthDakotaAdvanceDirective.pdf 
	the-case-for-improving-communication-and-symptom-management-skills-1.pdf 

Post-Secondary Education

- ▶ Integration started this fall
 - ▶ Mount Marty University
 - ▶ Presentation College
 - ▶ South Dakota State University
- ▶ Goal is to reach 1,200 students in the next year.
- ▶ Resources available to any nursing program that is interested (free).
- ▶ Pre/Post Assessment - Students
- ▶ Faculty Survey


Continuing Education for Healthcare Professional

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South Dakota State Trauma System
September 14 – 15

Upcoming Activities


September 10, 2021
Avera Research Integrity Conference

September 14 - 15, 2021
South Dakota Statewide Trauma Conference


October 1, 2021
2021 Avera Cancer Institute Oncology Symposium (Registration)



Events & Live Courses



Series Calendar



On-Demand Courses

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Avera CE Portal

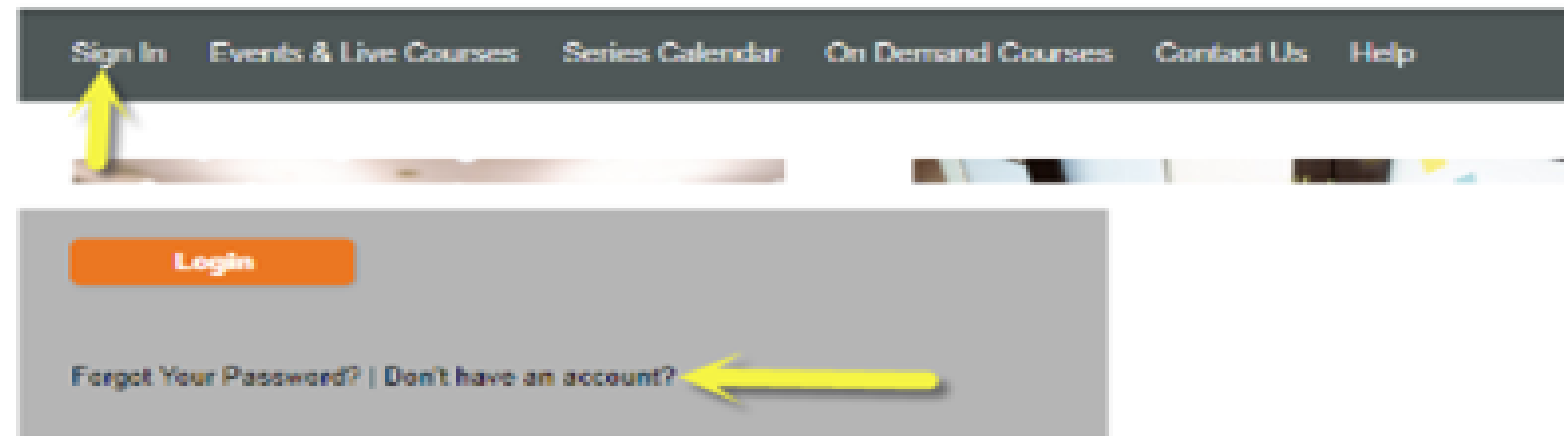
HOW TO CREATE AN ACCOUNT

It is important to follow the instructions below when creating an account in the Avera CE Portal. This will ensure that you receive the appropriate credits and have an accurate transcript.

Step 1- Creating an account

To create a profile in the Avera CE Portal click the following link: <http://avera.cloud-cme.com>.

1. Click the "Sign In" button. Click on the "Don't Have an Account?" link.



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Enter the information in the Need An Account?. Then click “Create Account”. Be sure to complete all fields including “Select Degree” and “Select Profession”.

Need an Account?

Enter Your Information. **All fields are required.*

Select Degree:

MD

Select Profession:

Physician


*Profession can be updated in the "My Profile" area

Create Account

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Palliative Education
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Registered 
Details 


South Dakota Palliative Care Network Education Series Registration
Tuesday, September 7, 2021, 7:02 PM - Saturday, December 31, 2022, 8:02 PM
WebEx, SD

Curriculum: Oncology, Primary Care, Social Work, Nursing Home Administrator, Pharmacy/APP, Geriatric, Physician, Nurse, Palliative.
Credits: Physician (AMA PRA Category 1 Credit(s)™) (0.00 hours), Nursing (ANCC) (0.00 hours), Non-Physician CME (0.00 hours)

This education curriculum will cover broad aspects of palliative care that can be applied to any practice setting to better support persons living with serious illness and their families. Register to be notified of live or on-demand education and future conferences.


[Live](#)

Showing Result 1 - 1 of 1


Upcoming Events
1
September 10, 2021
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South Dakota Palliative Care Network Education Series Registration



South Dakota Palliative Care Network

Support Across the Plains

[Overview](#) [Register](#)  [Add to Calendar](#)

Date & Location

Tuesday, September 7, 2021, 7:02 PM - Saturday, December 31, 2022, 8:02 PM, WebEx, SD

Overview

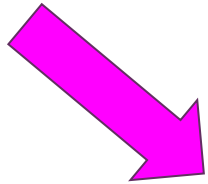
Register now to be notified of education released in this palliative care education curriculum which will cover broad aspects of the eight palliative care domains that can be applied to any practice setting to better support persons living with serious illness and their families- including resources to improve conversations with patients who have a serious illness. This will be delivered through a combination of live or on-demand education and future conferences.

Target Audience


All healthcare professionals wanting to learn more about how primary palliative care supports persons and families living with serious illness.

Continuing Education for Healthcare Professional

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Details



South Dakota
Palliative Care Network
Support Across the State

What is Palliative Care?

Wednesday, September 16, 2021, 8:00 AM - Saturday, December 31, 2022, 5:00 PM
Online

Target Audience:
Specialties - Family Medicine
Professions - Physician, Nurse - RN, Technician, Student, Nursing Facility Administrator, Social Worker, Pharmacist, EMS, Pharmacy Technician, Administration, Respiratory Therapist, Medical Assistants, Nurse - Nurse Practitioner, Physician Assistant, Executive Leader, Director, Manager, Vice President, CEO, Physical Therapist, Osteopathic, PhD, Radiologic Technologists, Chaplain, Nurse - LPN/LVN

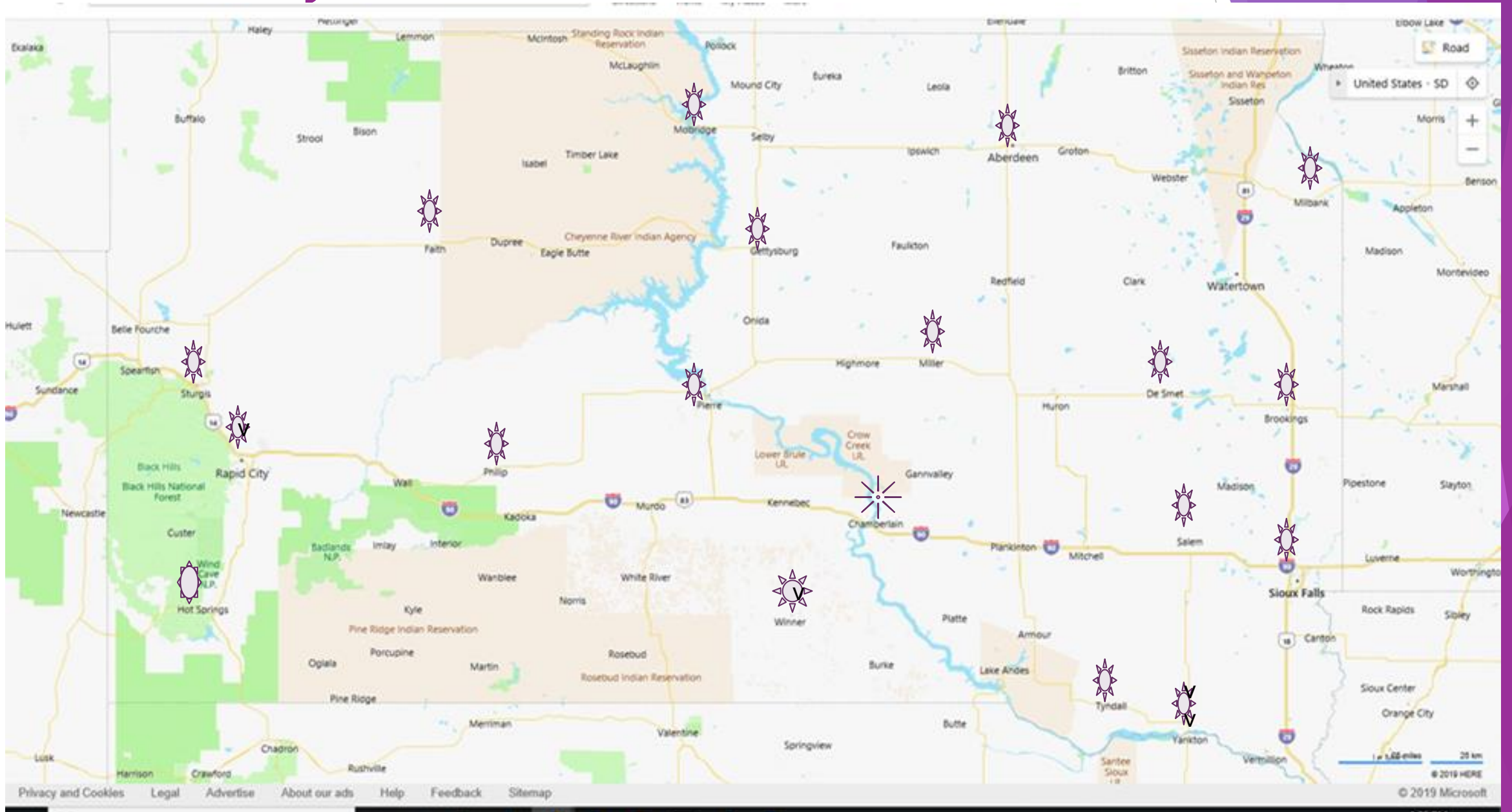
Curriculum: Primary Care, Social Work, Nursing Home Administrator, Geriatric, Physician, Nurse, Palliative,

Credits: Physician (AMA PRA Category 1 Credit(s)™) (1.00 hours), Nursing (ANCC) (1.00 hours), Non Physician CME (1.00 hours), General Attendance (1.00 hours), Social Work (SD Board of Examiners) (1.00 hours), Nursing Facility Administrator (SD Board) (1.00 hours)

Basics of Palliative Medicine/Care

ONLINE

Community Education



Questions



Join our Network



South Dakota Palliative Care Network

Support Across the Plains

Reflections



It was nearly twenty years ago that my 59-year-old father was diagnosed with stage 4 colon cancer. Over the next few years my family and I walked the path that many do after a life-limiting diagnosis. What a precious walk it was. What a privilege it was. And what a learning experience it was. I held my dad's hand while he breathed his last breath and I knew then that my life would never be the same. Life experiences have a way of altering a life path and I have never looked back at my calling in hospice and palliative care.

My name is Mari Perrenoud and I work as Network Relations Director for the newly formed South Dakota Palliative Care Network. We are funded through a HRSA grant with a goal of rekindling and expanding a state palliative care network. Establishing a formal network will better unify our clinical and educational teams, allow for sharing of resources, and provide an efficient form of communication.

The growth of palliative care is one of the most significant movements in recent years. While it's an area of care that is often overlooked or misunderstood, the positive effects can be life-changing. I have had the

Contact Information

▶ Charlene Berke

- ▶ Charlene.Berke@avera.org

- ▶ Contact Charlene if you have questions about the CE Portal./continuing education.

▶ Sarah Mollman

- ▶ Sarah.Mollman@sdstate.edu

- ▶ Contact Sarah if you are interested in the post-secondary palliative care resources.

▶ Mari Perrenoud

- ▶ Mari.Perrenoud@avera.org

- ▶ Contact Mari if you want to receive the eNewsletter.