

Chronic Disease State Plan Updates 2020-2021



Prevention and Health Promotion Increase emphasis on promoting health and risk factor reduction, thereby decreasing the onset of chronic health conditions. Host an annual chronic disease state partners meeting focusing on coordination within chronic disease prevention and health promotion.

- 9th annual Chronic Disease Partners Meeting held virtually on October 12, 14, 19 and 21, 2021.
- Planning Committee: Kiley Hump, Megan Jacobson, Mary Michaels, Denise Kolba, Enid Weiss, Sue Johannsen, Larissa Skjonsberg, Jill Ireland, Sandi Melstad, Angie Brown, Joan Lindstrom, Lori Oster, Cori Jacobson, Theresa Ferdinand, Deb Davis, Shannon Udy, Shannon Bacon, Christina Prehn, Chrissy Meyer





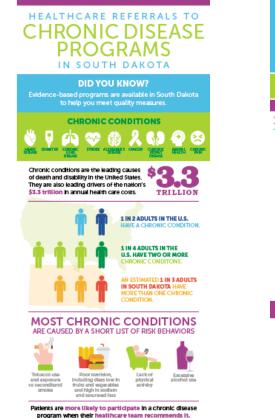
Develop resources for healthcare professionals to increase referrals to evidence-based programs.

Referral Processes and ROI Workgroup



 Making the business case and increasing referrals to the evidencebased chronic disease programs in SD.

- Continued distribution of rack card for healthcare professionals.
- September 7th webinar: 102 registered/66 attended
- COVID impact on programs
- Next steps: Sharing the business case for making referrals, review webinar evaluation and follow-up with webinar attendees



 Referring tobacco-using patients to the SD QuitLine Providing general health related information to patients
Ensuring screenings for various chronic diseases takes place To find more information and referral forms visit: goodandhealthysd.org/healthcare The following programs are provided at no-cost Better Choices, Better Health® SD suite better health of workshops for adults and caregivers 1-888-484-3800 Diabetes - prediabetes, Type 2 Diabetes Chronic Pain - adults with chronic pain and caregivers Chronic Disease - any physical and/or mental health condition(s) SD QuitLine OuiLine 1-866-SDQUITS Options for fax and e-referrals available Park Rx 1-605-882-5140 PARK Prescribe physical activity to your patients. Patients take the Rx to any State park and enjoy a free day in the park or a discounted annual pass. All Women Count! 1-800-738-2301 Refer women age 30-64 who need breast or cervical cancer screenings. South Dakota Opioid Resource Hotline 1-800-920-4343 Hotline is available 24/7 and will be answered by trained crisis workers to assist in finding local resources.

To learn about cost and coverage for the following programs, batients should check with their insurance provider or the program



National Diabetes Prevention Program (NDPP) 1-855-648-9951 A year-long ifestyle change program for patients with preciabetes or at risk for Type 2 Diabetes.

Diabetes Self-Management Education and Support Program (DSMES) 1-855-648-9951 Refer patients with diabetes at diagnosis, annually, when complicating factors occur, and during

n di tha de consections e transpérieurs expérieurs y the David Schein Copie et Hadde air a mit at 1982 and a Badai 1892 de se Das Contem de Stance Contrat and Personium (SC Q) en aparatien agreement analise VLINDE 1982 DE 30-66

transitions in care

Workgroup Members



Rachel Sehr Kari Senger Stacy Seigfred Kayla Magee Susan Johannsen **Ben Tiensvold** Evan Moore Megan Jacobson Jessica Edwards Thomas Gulledge Enid Weiss Theresa Ferdinand Debbie Lancto Laura Neises Nikki Prosch **Roshal Rossman** Roberta Hofeldt





Policy/Systems/Environment Change

Transforming communities by promoting social, environmental, policy, and systems approaches that support healthy living for individuals, families, and communities where they live, work, and play.

Model Policy Development and Implementation



- Committee reviewed and updated policies
- School Breastfeeding Support Policy
- Technical assistance contacts added to each policy
- Model Policy Checklist
- Next steps: Office hours for technical assistance on policies



- Black Hills Badlands Tourism Worksite AED policy
- Boys and Girls Club of the Sioux Empire -Breastfeeding policy
- Black Hills Area Habitat & Humanity -Breastfeeding policy
- 5 daycares adopted Sun Safety policy

Model Policy Checklist

Drafting effective public health policies is a critical component of achieving policy, systems, and environmental change. The purpose of the following document is to provide useful resources to assist in drafting, adopting, and implementing model policies. <u>Section 1: Policy Planning and Drafting Process</u> <u>Checklist</u> contains steps to inform policy planning and drafting. <u>Section 2: Policy Elements Checklist</u> contains the elements that should be included in a policy. <u>Section 3: Policy Review Checklist</u> contains questions for review of the policy to ensure that is effective and comprehensive. Not every item is relevant to every policy, but all should be considered. The order that each item is carried out may vary and some items may need to be repeated.

Section 1: Policy Planning and Drafting Process Checklist

This checklist contains the steps that should be used to plan for a policy, develop the policy and ensure effective implementation. These steps are in chronological order but may vary slightly by organization or policy.

	1.	Identify and clarify the issue that the policy addresses.
	2.	Determine if the organization has authority to enact the policy.
	3.	Identify person(s) responsible for drafting the policy.
	4.	Identify and involve key stakeholders.
	5.	Identify sample or model policies.
	6.	Draft policy (use Policy Elements Checklist).
	7.	Review policy (use Policy Review Checklist).
	8.	Check for conflicts with existing policies or laws. Consider any enforcement that should be included in the policy.
	9.	Review draft policy with stakeholders.
	10.	Review draft policy with Board, executive team, and/or leadership team (optional).
	11.	Review and finalize policy.
	12.	Complete the approval process for the policy. (This may include getting on the board agenda for approval.)
	13.	Post policy for public comment if required.
	14.	Publicize and implement the policy. Identify how long it should be publicized.
	15.	Review and update the policy annually, unless otherwise specified.
-		



Model Policy Workgroup Members

- Sue Johannsen
- Roberta Hofeldt
- Shelly Roy
- Sarah Quail
- Mary Michaels
- Sandra Melstad
- Enid Weiss
- Cori Jacobson
- Tynell Millner
- Liz Marso
- Kacee Redden



Document and disseminate success stories related to chronic disease programs in SD settings



New:

- Some Things You Can't Undo. Prediabetes You Can.
- Improving HPV Vaccination Rates Across Rural South Dakota.
- Black Hills Farmer's Market Provides Access to Fruits and Vegetables for Lower Income South Dakotans
- Success story template update

In process:

SDSU Extension high obesity grant



Members: Roshal Rossman, Amy Baete, Deb Davis, Enid Weiss, Hilary Larsen, Jenny Jeffries, Joan Lindstrom, Joyce Glynn, Kacee Redden, Kathi Mueller, Megan Phillips, Prairey Walkling, Rebecca Piroutek, Tynell Millner