



SAVE THE DATE

ANNUAL BCBH NETWORK CONFERENCE

“A Day in My Shoes”

October 4 – 5, 2017

The Annual Better Choices, Better Health® SD (BCBH) Network Conference will be a two-day event and offers a wide array of exciting and pioneering chronic disease self-management resources and presentations that will help continue the statewide growth of the BCBH program. The conference will be at the *Hilton Garden Inn in Rapid City, SD* on:

- Wednesday, October 4: 1:00pm-8:00 pm
- Thursday, October 5: 8:00am-2:30pm



This year’s conference featured keynote speaker is **Dr. Kate Lorig**, the founder of Chronic Disease Self-Management at Stanford University in Palo Alto, CA.

In addition to Dr. Lorig, speakers from across the state and region will share innovative ideas, activities, and insight to manage chronic conditions. Some of the session topics are listed in the blue box.

ONLINE REGISTRATION will open May 1st

on the BCBH® SD website at www.betterchoicesbetterhealthsd.org

Event registration tickets are \$30 per attendee, non-refundable and are required to attend the event. A full agenda will be available at registration.



For the Better Choices, Better Health® South Dakota program, we adhere to AA/EEO guidelines in offering educational programs and services. Better Choices, Better Health® is used with permission as a licensed and trademark program from Stanford University.

Conversations with Dr. Kate Lorig

What We Are Doing, Where We Are Going: Rapid Fire

A Day in My Shoes: Workshop Participant Panel

Outreach & Impact of BCBH SD®

Leader Appreciation and Recognition

Aging Strong with Chronic Conditions

Health ↔ Attitude

Self-Care and Optimal Performance

Self-Efficacy

Informal BCBH SD Leader Refresher Course

... and more

For questions involving the conference, please email or call:
Betterchoices.betterhealth@sdstate.edu
 1-888-484-3800

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