



Behavioral Health – Health Home

Rapid City | Spearfish | Hot Springs



Community Mental Health Center Services

- CARE – **C**omprehensive **A**ssistance with **R**ecovery and **E**mpowerment
- IMPACT – **I**ndividualized and **M**obile **P**rogram of **A**ssertive **C**ommunity **T**reatment
 - Case Management, Crisis Assessment & Intervention, Symptom Assessment & Management, Supportive Counseling, Psychosocial & Recovery Skill Development, Psychiatric & Medication Management Services, Direct Assistance, Liaison Services, Co-Occurring Services, and, Family Participation
- Child, Youth & Family Services
 - Case Management, Crisis Assessment & Intervention, Symptom Assessment & Intervention, Individual & Group Therapies, Family Education, Support & Therapy, Psychiatric & Medication Management Services, Liaison Services, and, Co-Occurring Services



Case Studies – 4 Tier Model

■ Tier 1 Member

- 25 year old female
- \$4642 total spend
- \$113 Rx spend, 1.5 rx/mo, 1 chronic drug group
- 0 ER Visits
- 0 IP Admits
- 7 physicians
- History of ADHD, Depression and Low Back Pain.

■ Tier 2 Member

- 43 year old female
- \$18,393 Total Spend
- \$4,493 Rx spend, 6.1Rx/mo, 8 chronic drug classes
- 2 ER Visit
- 1 IP Admit, \$2,757 IP spend
- 16 physicians
- Hx of Bipolar, Depression, High Cholesterol, Low Back Pain, Migraines, Sleep Disorder

■ Tier 3 Member

- 40-year-old male
- \$28,096 Total Spend
- \$4,544 Rx Spend, 4.7 Rx/mo, 7 chronic drug classes
- 3 ER Visits
- 1 IP Admits \$2,399 IP spend
- 5 physicians
- Hx of Bipolar, COPD, Schizophrenia, Smoker, Substance Abuse

■ Tier 4 Member

- 44-year-old female
- \$49,387 total spend
- \$20,195 Rx Spend, 15.7 Rx/mo, 12 chronic drug classes
- 15 ER Visits
- 5 IP Admits, \$13,863 IP spend
- 27 physicians
- Hx of Bipolar, Chronic Pain, Low Back Pain, Musculoskeletal disorder, obesity, pre-diabetes, Schizophrenia, Sleep Disorder, Smoker and Substance Abuse.



BH-HH Team – Tier 4 (Example)

- Designated Provider – Qualified Mental Health Professional
- Nurse
- Case Manager
- Primary Care Physician
- Pharmacy
- Dietician
- Other Specialty Medical



CMHC + Primary Care Physician

- Enhanced Communication – CMHC, PCP, Client
 - Coordinated Care Planning
 - Treatment Assistance & Compliance
 - Reduced Missed Appointments
 - Primary Care Enhancement and Emergency Care Reduction
 - Client Health Promotion and Education
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- Improved Health Outcomes



Q & A